

# Hearts in Medicine IM Project



To make a difference

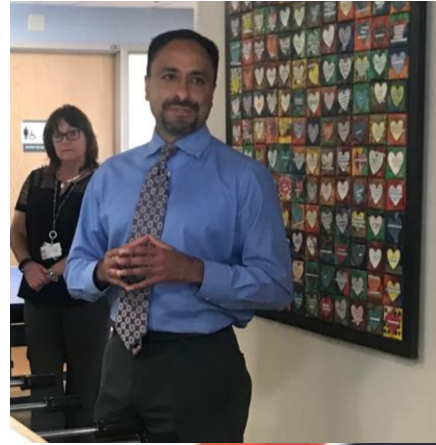
in a patient's life

pt's physical

and emotionally

attention of doctors

Spring 2018  
opening of the  
12<sup>th</sup> floor  
wellness space



May 2018  
National  
Academy of  
Medicine  
presentation +  
traveling display



June 2018  
Stacy  
presents  
Heart in  
Med Award

June 2017 Inaugural IM Heart  
in Medicine Award given to  
Dr. Stacy Achdjian, PGY2 IM



Feb 2018 GME  
Wellness Week  
Project. 180  
heart with words  
describing  
“What keeps  
your heart in  
medicine?”

# Dr. Stacy Achdjian

## Heart in Medicine Award



**“You may not see it today or tomorrow, but you will look back in a few years and be absolutely perplexed and awed by how every little thing added up and brought you somewhere wonderful- or where you always wanted to be.**

**You will be grateful that things didn't work out the way you once wanted them to.”**

**<http://slaytheoncogene.blogspot.com/?m=1>**





**Expressions of Clinician Well-Being**  
*An Art Exhibition*

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**University of Arizona College of Medicine-  
Phoenix Graduate Medical Education  
Programs**

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**Organization**

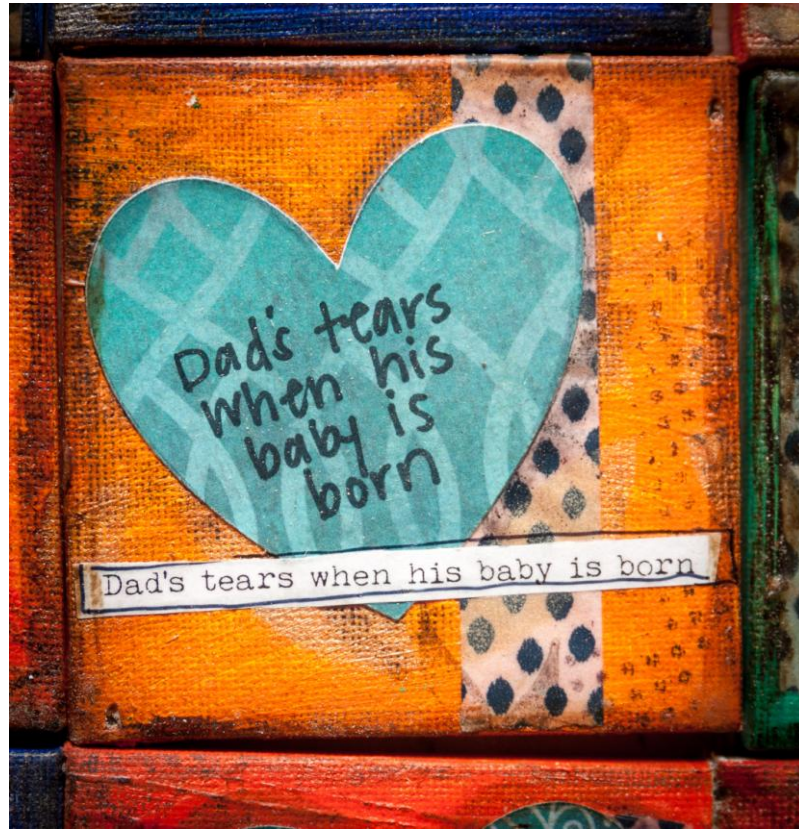
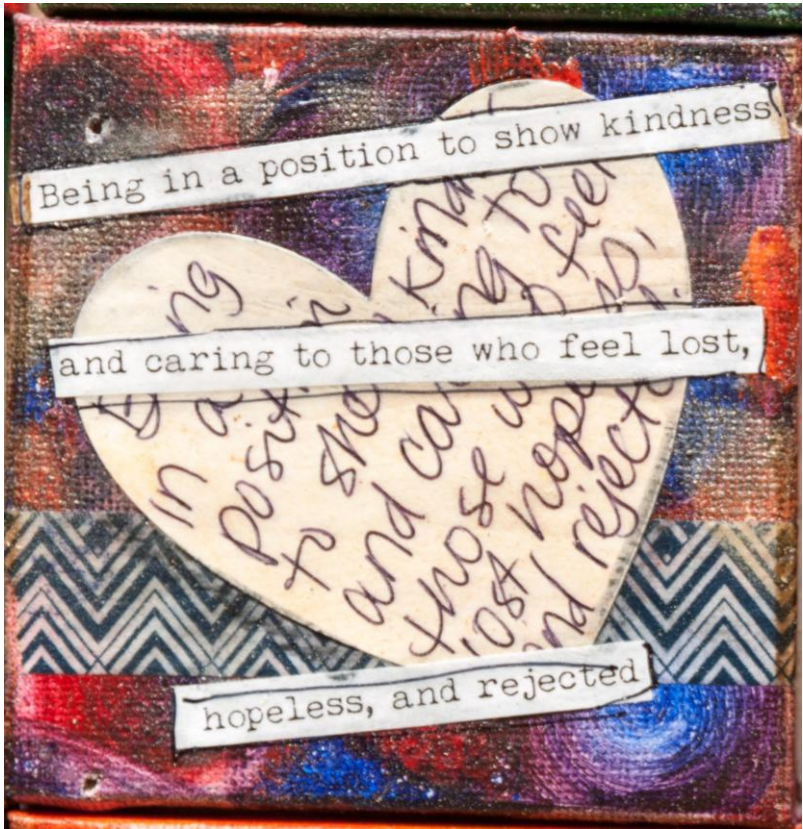
University of Arizona College of Medicine-Phoenix Graduate Medical  
Education Programs

Perspective

**Clinician**



<https://nam.edu/expressclinicianwellbeing/#/artwork/338>



Step 1: Write on a heart "What keeps your heart in medicine?"

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Step 2: Paint a canvas. Cover it fully including the sides

Don't worry about the design, messiness or details, there are many more steps that will make it look like art!



Step 3: Add tape(s) and cover in mod podge

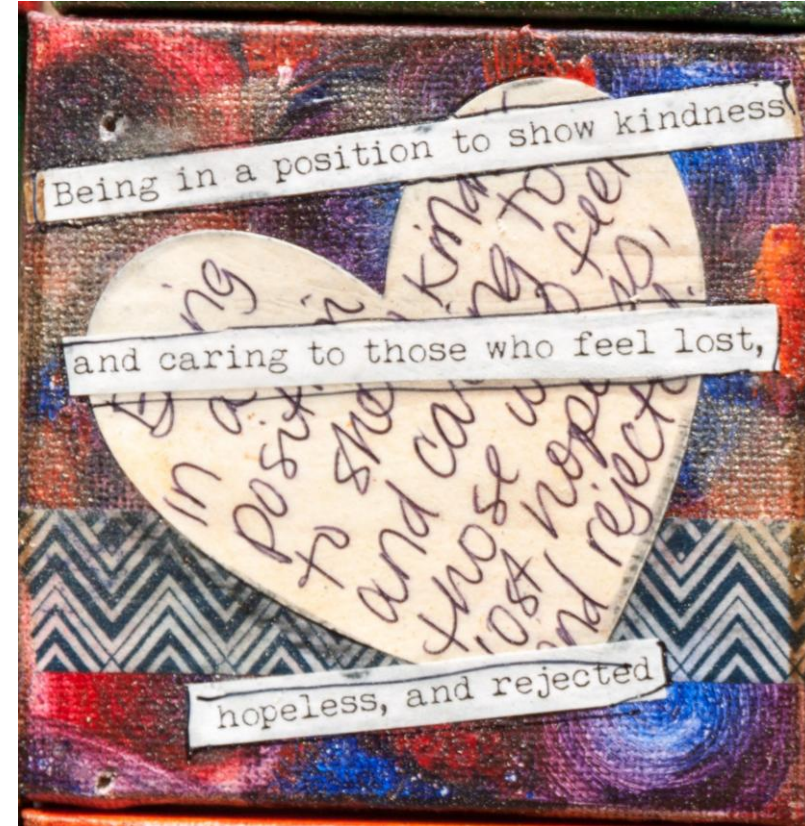




Step 4: Stamp around to add extra dimension



Step 5&6: We will mod podge the hearts and sayings on each canvas





Put them all  
together &  
hang in the IM  
department!