

ACUTE (AND NOT SO CUTE) LEUKEMIA

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OBJECTIVES

- Discuss the clinical presentation and diagnosis of acute leukemia
- Discuss the impact of molecular features on prognosis and management
- Discuss the treatment of AML in the elderly
- Discuss up front management of APL and ALL





CASE PRESENTATION

- 32yo resident presents with sore throat and fever
- Cervical adenopathy is present on exam

> CBC: 35>35%<35k



PERIPHERAL SMEAR

- > 92% Other
- > 4% Lymph
- ▶ 4% Neutrophils

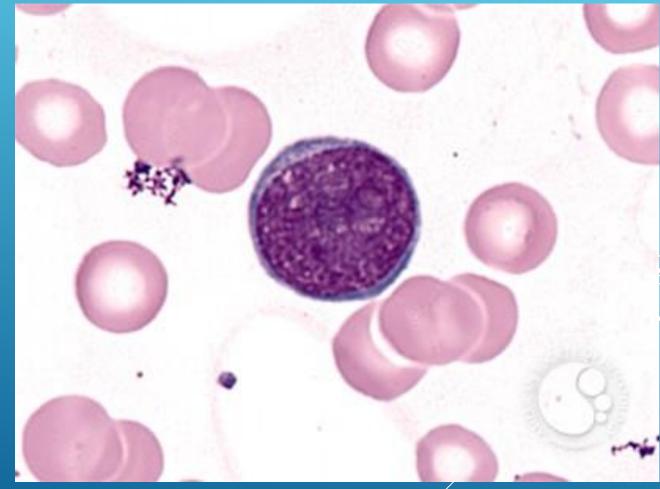
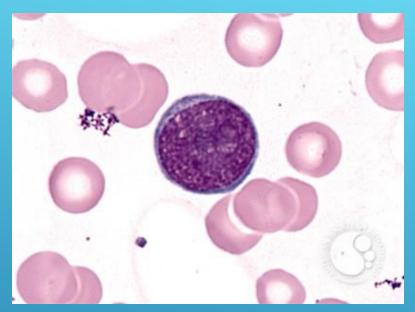




Image courtesy of Peter Maslak

PERIPHERAL SMEAR

- > 92% Blasts
- ▶ 4% Lymph
- ▶ 4% Neutrophils



- He was diagnosed with Ph+ Acute
 Lymphoblastic Leukemia
- Induction chemotherapy plus dasatinib was recommended

CASE PRESENTATION

- > 52yo man develops intermittent fevers x 2 weeks
- Later, chest pain, dyspnea on exertion, followed by marked fatigue.
- ▶ No other B symptoms and no bruising or bleeding.
- No other PMHx, never smoker, rare EtOH
- ▶ 1 full brother, 1 full sister
- Exam: Temp 37.3, HR 117, BP 107/54, RR 24
- Conjunctival rim pallor noted, tachycardic with systolic murmur present at the apex. No LAD of HSM



INITIAL TESTING

► CBC: 6.9>2.6<79 MCV 100



INITIAL TESTING

- ► CBC: 6.9>2.6<139 MCV 100
 - > 32% neutrophils, 6% bands, 2% lymphocytes, 1% monocytes, 1% metamyelocytes, 1% myelocytes and 53% 'other' cells.
- Peripheral smear
 - Atypical immature cell population with high N:C ratio,

nucleoli



► Reticulocyte 0.3%; absolute 2000/µl



CLINICAL SYMPTOMS OF AML

- Bone Marrow Failure (Cytopenias)
 - Anemia dyspnea, pallor, chest pain
 - Neutropenia infections
 - Thrombocytopenia bleeding, petechiae
- Coagulopathy
 - esp APL, Acute myelomonocytic leukemio
- Tissue invasion



TISSUE INVASION IN AML

 Associated with high WBC, monocytic subtypes, CD56+

- Can Involve
 - spleen
 - + gums
 - perianal
 - + skin
 - + renal
 - + lung





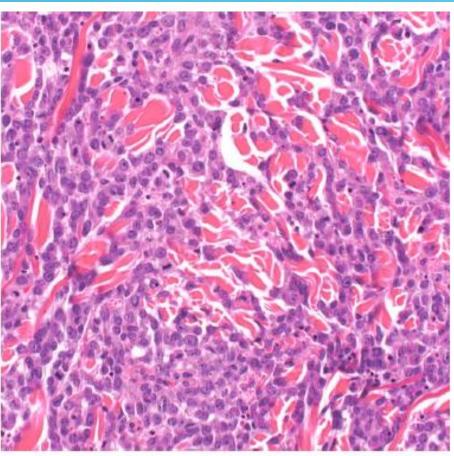
CHLOROMA





LEUKEMIA CUTIS



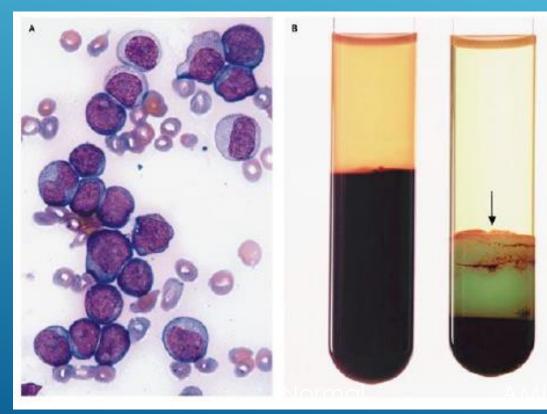


HIGH CIRCULATING BLASTS

Pseudo:

- Hypoglycemia
- Hypoxia
- Hyperkalemia
- ElevatedLactate

Mauro MJ NEJM 2003. 349:767





EVALUATION OF PATIENT WITH AML

- ►Initial triage
 - History and Physical
 - CBC with differential (look at the peripheral smear)
 - +BMP, LFTs, uric acid, ABO type and screen
- PT, PTT, fibrinogen





EVALUATION OF PATIENT WITH AML

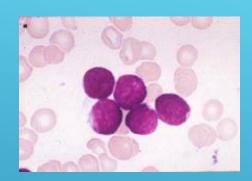
- ►Initial triage
 - History and Physical
 - CBC with differential (look at the peripheral smear)
 - ←BMP, LFTs, uric acid, ABO type and screen
 - ←PT, PTT, fibrinogen
- ▶ Diagnosis
 - -Bone marrow biopsy
 - FISH and cytogenetics, flow cytometry
 - Molecular: FLT3, NPM1, IDH, Myeloid/Lymph molecular panel
 - (can be sent on PB)
 - If circulating blasts, send peripheral blood for flow cytometry (\$TAT) to make dx





EVALUATION OF PATIENT WITH AML

- ► Initial triage
 - History and Physical
 - CBC with differential (look at the peripheral smear)
 - BMP, LFTs, uric acid, ABO type and screen
 - ←PT, PTT, fibrinogen



▶ Diagnosis

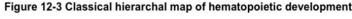
- Bone marrow biopsy
- FISH and cytogenetics, flow cytometry
- Molecular: FLT3, NPM1, CEPBA, myeloid molecular panel (can be sent on PB)
- If circulating blasts, send peripheral blood for flow cytometry (STAT) to make do
- > Plan ahead
 - HLA typing (Type I for platelets, Type I and II for SCT)
 - Identify siblings and brief health history, CMV serostatus
 - Consideration of future fertility



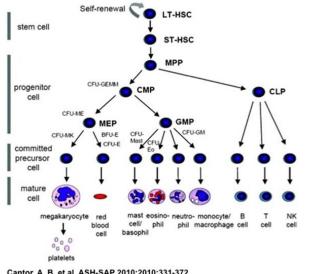
DIFFERENTIATE AML VS ALL

- Rarely, can see Auer Rods
 - Only in myeloid blasts

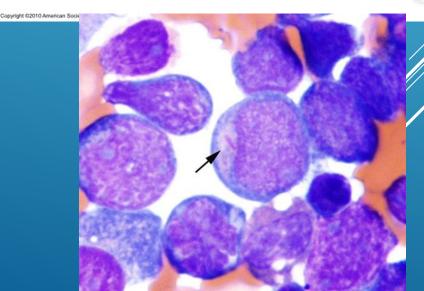
- Flow cytometry
- ➤ Cytogenetics -t(8;21), inv16, → AML $t(9:22) \rightarrow ALL$ $t(15;17) \rightarrow APL$







Cantor, A. B. et al. ASH-SAP 2010;2010:331-372





IMMEDIATE EMERGENCY?

- Leukostasis (leukapheresis)
 - Pulmonary or neurological symptoms related to increased serum viscosity
 - + Can occur
 - when myeloid blast count >50-100k
 - When lymphoid blast count >400k
 - rare in CLL, CML
- DIC (esp APL and monocytic)
 - Aggressive product replacement
- Initial treatment can trigger SIRS
- ➤ Tumor lysis syndrome



HOW SOON TO TREAT THE OTHERS?

- > Sekeres et al Blood 2009. 113:38
 - No increase in mortality when treatment started within 5 days for patients >60yo.
 - In younger, earlier the better
- Obtain necessary diagnostic information prior to selecting regimen
 - Echocardiogram
 - Central line (anthracycline is vascular irritant, extravasation toxicity)



AML VS ALL WITH FLOW CYTOMETRY (OR IHC)

Myeloid	B-cell (lymphoid)	T-cell (lymphoid)			
CD13	CD10	CD2			
CD33	CD19	CD3			
c-kit	CD20	CD4			
CD14	CD22	CD5			
CD64	Surface Ig	CD7			
Glycophorin A		CD8			
CD41					
МРО					
CD34 marks these cells as immature blasts (rare exceptions of CD34-negative blasts) The same marker as for HPC					

DAY 1

- Only day 0 in transplant
- Day 1 = first day of chemotherapy
 - Knowing how long since last chemo lets us anticipate and interpret





7+3

- Induction
 - Anthracycline (3 days)
 - Daunorubicin 60-90mg/m2 better than 45mg
 - Idarubicin 10-12mg/m2
 - Mitoxantrone 12-15mg/m2
 - Cytarabine (ara-C) 7 days continuous infusion
 - 100mg/m2 better than 200mg/m2



Berman et al. Blood 1991. 77:1666 Ohtake et al. Blood 2011. 117:2358 Rowe et al. Blood 2004. 103:479 Wiernik et al. Blood 1992. 79:313

TRIALS OF INDUCTION THERAPY IN AML

Table 1 Results of selected trials of therapy for adult AML

Table 1 | Results of selected trials of therapy for adult AML

Trial	Regimen	n	CR total (%)	CR cycle 1 (%)	Early death (%)	Resistant disease (%)	0S 3-year (%)
PALG ³ DA DAF DAC	DA	211	56	51	10	34	33
	DAF	219	59	55	9	32	35
	DAC	222	67.5	62	11	21	45
SWOG ⁶	DA	300	69	50	1	29	55
JALSG ⁷	DA	525	77.5	61.1	2	20	48
	IA	532	78.2	64.1	5	17	48
ECOG ⁵	D45A	293	57.3	41.1	4.5	39	33
	D90A	289	70.6	58.8	5.5	25	40
MRC ²	DA	240	83	NA	6	11	41*

^{*5-}year overall survival. Abbreviations: CR, complete remission; D45A, DA 45 mg/m² per day; D90A, DA 90 mg/m² per day; DA, daunorubicin and cytarabine; DAC, daunorubicin, cytarabine and cladribine; DAF, daunorubicin, cytarabine and fludarabine; IA, idarubicin; NA, not applicable; OS, overall survival.



AML IN THE ELDERLY

- Increased resistance to chemotherapy (MDR1 expression)
- More likely to have unfavorable cytogenetics
- More likely secondary to MDS
- More comorbidities



MORTALITY FROM 7+3 INDUCTION AT 30 DAYS

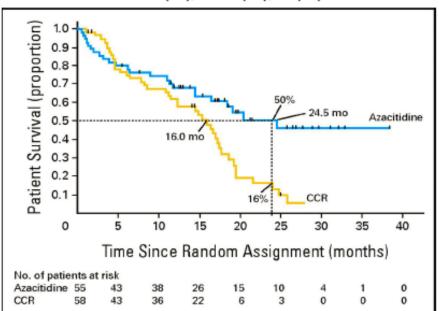
	Age					
	< 56	56 - 65	65 - 75	> 75		
Patient #	364	242	270	79		
ECOG PS						
0	2%	11%	12%	14%		
1	3%	5%	16%	18%		
2	2%	18%	31%	50%		
3	0%	29%	47%	82%		

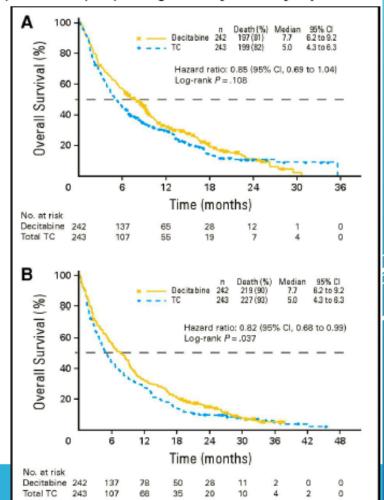


HYPOMETHYLATING AGENTS IN AML

Age ≥ 65
Dec 20 mg/m² daily x 10 days q 4 weeks
TC=SC(28) +/- LDAC (215) 20 mg/m² daily x 10 days q 4 weeks

Med Age 70 Aza 75 mg/m² daily X 7 days q 4 weeks CCR=BSC(27),LDAC (20), IC (11)





DAY 3-7

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Making Cancer History®

- The pathology results begin to return
 - inv16 by FISH,confirmed bycytogenetics
 - cKIT mutationadded =negative
 - FLT3 ITD, NPM1,CEPBA, IDHnegative

DAY 3-7

Making Cancer History

- The pathology results begin to return
 - inv16 by FISH,confirmed bycytogenetics
 - cKIT mutationadded =negative
 - FLT3 ITD, NPM1,CEPBA negative

So what?!?

WHO AML CATEGORIZATION

Acute myeloid leukemia (AML) and related neoplasms AML with recurrent genetic abnormalities AML with t(8;21)(q22;q22.1);RUNX1-RUNX1T1 AML with inv(16)(p13.1q22) or t(16;16)(p13.1;q22);CBFB-MYH11 APL with PML-RARA AML with t(9;11)(p21.3;q23.3);MLLT3-KMT2A AML with t(6;9)(p23;q34.1); DEK-NUP214 AML with inv(3)(q21.3q26.2) or t(3;3)(q21.3;q26.2); GATA2, MECOM AML (megakaryoblastic) with t(1;22)(p13.3;q13.3);RBM15-MKL1 Provisional entity: AML with BCR-ABL1 AML with mutated NPM1 AML with biallelic mutations of CEBPA Provisional entity: AML with mutated RUNX1 AML with myelodysplasia-related changes Therapy-related myeloid neoplasms AML, NOS AML with minimal differentiation AML without maturation AML with maturation Acute myelomonocytic leukemia

Myeloid sarcoma Myeloid proliferations

Pure erythroid leukemia

Acute basophilic leukemia

Myeloid proliferations related to Down syndrome

Transient abnormal myelopoiesis (TAM)

Acute monoblastic/monocytic leukemia

Acute panmyelosis with myelofibrosis

Acute megakaryoblastic leukemia

Myeloid leukemia associated with Down syndrome

WHO AML CATEGORIZATION

Acute myeloid leukemia (AML) and related neoplasms

AML with recurrent genetic abnormalities

AML with t(8;21)(q22;q22.1);RUNX1-RUNX1T1

AML with inv(16)(p13.1q22) or t(16;16)(p13.1;q22);CBFB-MYH11

APL with PML-RARA

AML with t(9;11)(p21.3;q23.3);MLLT3-KMT2A

AML with t(6;9)(p23;q34.1); DEK-NUP214

AML with inv(3)(q21.3q26.2) or t(3;3)(q21.3;q26.2); GATA2, MECOM

AML (megakaryoblastic) with t(1;22)(p13.3;q13.3);RBM15-MKL1

Provisional entity: AML with BCR-ABL1

AML with mutated NPM1

AML with biallelic mutations of CEBPA

Provisional entity: AMI, with mutated RUNX1

M0, M1, M2, M4, M5, M6, M7 MMMMEAN NOTHING!

Acute myelomonocytic leukemia

Acute monoblastic/monocytic leukemia

Pure erythroid leukemia

Acute megakaryoblastic leukemia

Acute basophilic leukemia

Acute panmyelosis with myelofibrosis

Myeloid sarcoma

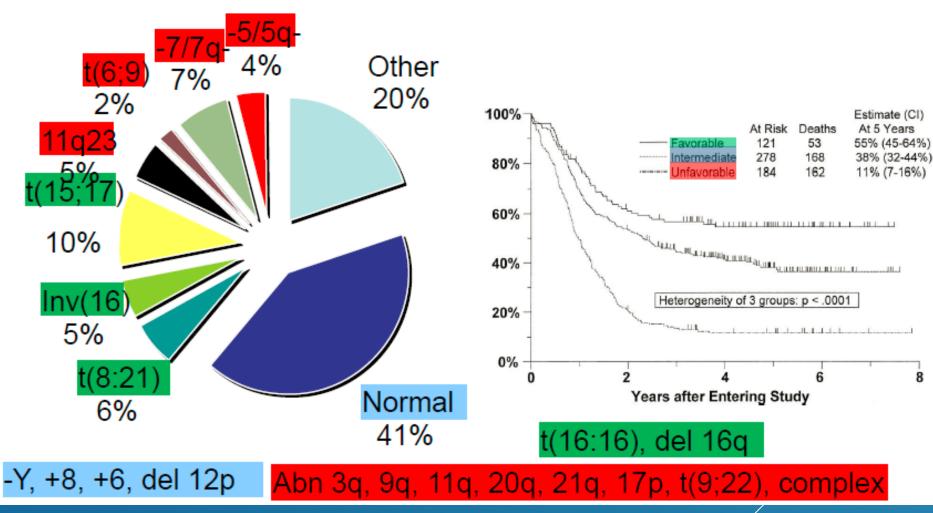
Myeloid proliferations related to Down syndrome

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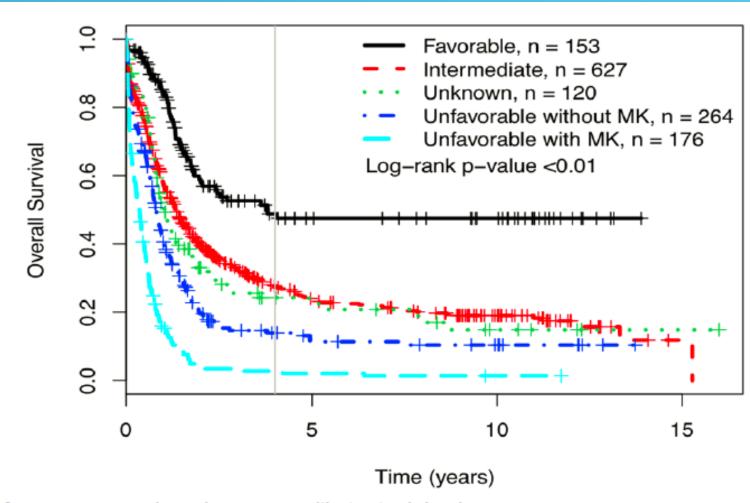
>>20% blasts in PB or BM required

Clonal Cytogenetic Abnormalities in Adult AML





CYTOGENETICS AND SURVIVAL IN AML



MK=2 or more monosomies or 1 monosomy with structural abnml

ON TARGET MUTATIONS HELP OPTIMALLY TREAT AML

- Current targeted medicines available:
 - > FLT3 + = midostaurin
 - > IDH2 + = enasidenib
 - ► IDH1 + = ivosidenib
 - ► CD33 = gemtuzumab
 - Many others in clinical trials

Stein, EM et al. Blood. 2017 Aug 10;130(6):722-731. Enasidenib in mutant IDH2 relapsed or refractory acute myeloid leukemia.

Stone, RM et al. N Engl J Med. 2017 Aug 3;377(5):454-464.

Midostaurin plus Chemotherapy for Acute Myeloid Leukemia with a FLT3 Mutation.

SO WHAT IS NEXT?

- Need to achieve complete remission (CR)
 - <5% blasts by morphology AND Plt >100k and ANC >1.0
 - + Day 14 marrow tells us some, but only part of CR definition
 - CR is one of the best predictors of OS for individual patient
- ▶ If not in CR next line therapy
 - Minimal residual disease = CR, but with detectable disease by flow/FISH/molecular
- ➤ If in CR not done yet...

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Making Cancer History



AML IN CR1

- Consolidation with Cytarabine x 3-4 cycles
 - Burnett et al JCO suggests total of 4 (3 consolidation) is just as good as 5

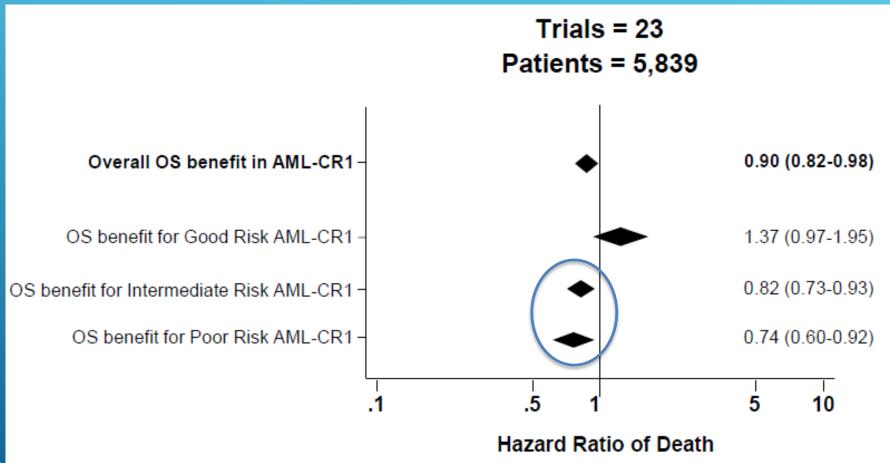
Hematopoietic Stem Cell Transplant (HCT)







META-ANALYSIS OF RCTS OF HCT FOR AML IN CR1



INDICATIONS FOR ALLOGENEIC SCT IN AML

- Primary Induction Failure (Primary Refractory)
- > Second (CR2) or later remission
- Relapsed disease
- >CR1
 - Intermediate risk
 - Adverse risk cytogenetics
 - Secondary AML (MDS, prior chemotherapy)



OUR PATIENT

- Enters a complete remission after induction
- Completes 3 additional cycles of consolidation
- Currently remains in remission, back at work, with regular follow up



OUR PATIENT

- Enters a complete remission
- Completes 3 additional cycles of consolidation
- Currently remains in remission, back at work, with regular follow up
- But what if the disease comes back?



WHEN IS ENOUGH?

- Estey Blood 1996
 - +206 pts, median age 56yo
 - Received chemotherapy for relapsed/refractory AML and did not go to transplant (1991-1994)

First Salvage (n = 206)	68% Conventional 32% investigational (topotecan, 2Cda, taxol)	CR rate 23%
Second Salvage (n = 93)	43% conventional 57% investigational	CR rate 11%
Third Salvage (n=40)		CR rate 10%
Fourth salvage (n=17)		CR rate 6%

DURATION OF CR1 AND LIKELIHOOD OF RESPONSE

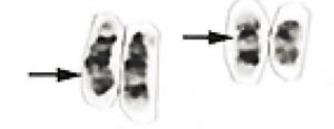
Treatment	Likelihood of CR
CR1 >2yrs, 1st salvage n=15	73% (45-92%)
CR1 1-2yrs, 1st salvage n=30	47% (28-66%)
CR1 <1yr or no CR, 1st salvage n=160	14% (8-21%)
CR1 <1yr or no CR1 2nd - 4th salvage n= 58 (96 tx)	0% (0-4%)



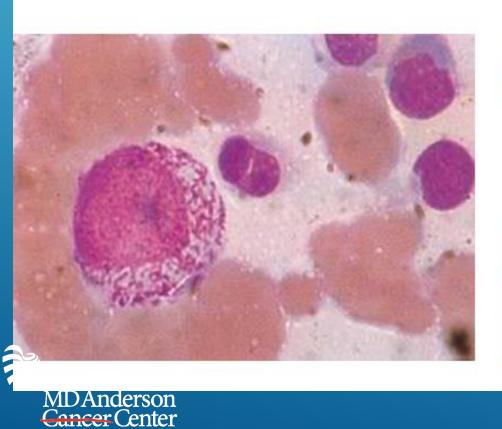
ACUTE PROMYELOCYTIC LEUKEMIA (APL)

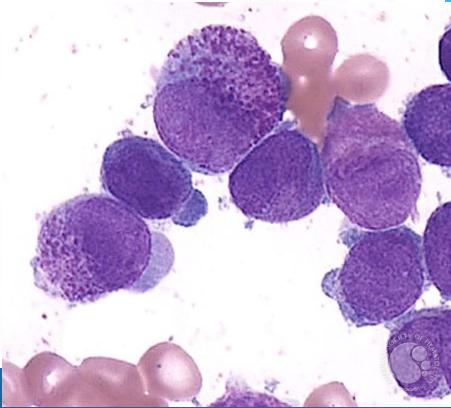
APL

Making Cancer History®



t(15;17)(q22;q12)





AGGRESSIVE EARLY CARE FOR APL

- Early mortality (within days of diagnosis) ~5-10%
 - Bleeding
 - Bleeding
 - Intracranial bleeding
- Start ATRA as soon as suspected
 - If wrong, no harm done
 - Do not wait for testing results to start (t(15;17))

- Long-term cure rate >95%
- ATRA/Arsenic
- Aggressive blood product transfusion to decrease bleeding risk



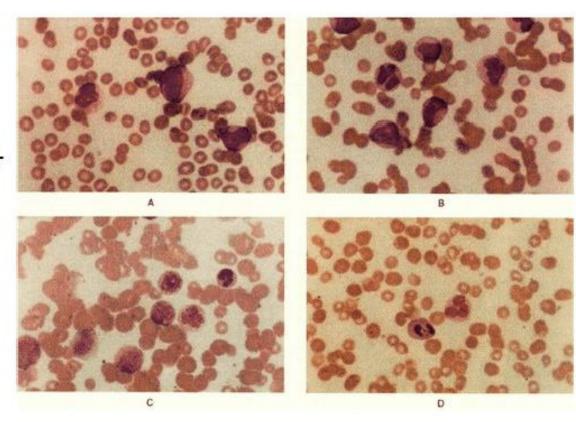
ALL-TRANS RETINOIC ACID

Tretinoin

Clinical response

- Associated with maturation of leukemic clone
- Expression of PML/RARα decreased

WBC increases Reduced relapse



ATRA Toxicity

"APL Differentiation Syndrome"

- Chemotherapy if WBC ↑
- Dexamethasone if symptoms

Consider prophylactic if WBC > 10

Pseudotumor Cerebri (venous thromboses)

Dry Skin, Mucus Membranes

Hearing Loss

ACUTÉ LYMPHOBLASTIC LEUKEMIA/LYMPHOMA (ALL)

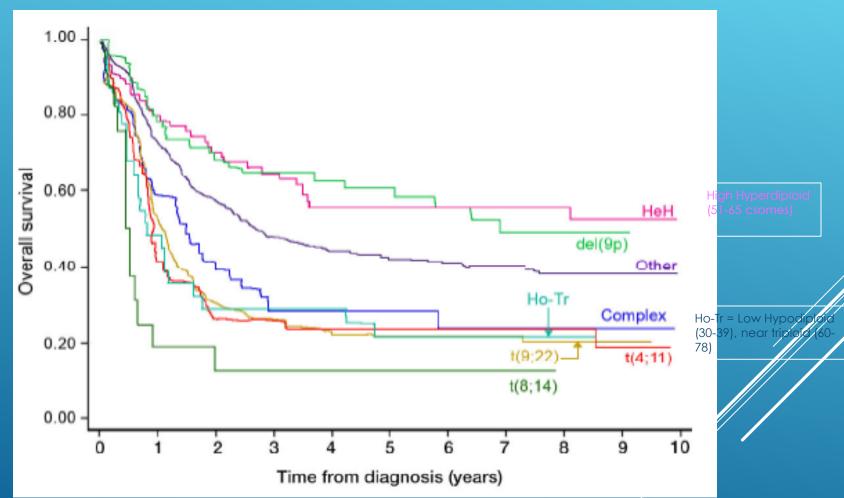
- Peak age at diagnosis 7yo
- But diagnosis possible throughout life
- Adolescent and young adult ALL
 - Often treat with a 'pediatric regimen'
 - Anthracycline, steroid, asparaginase, vincristine, 6-MP, cyclophosphamide
- Must administer intrathecal chemotherapy
 - ▶ Without this 50% have CNS relapse
 - ▶ With IT chemo ~5% CNS relapse

BACK TO PHILLY

- ALL can also have the Philadelphia
 Chromosome t(9;22)
 - Respond toImatininb/Dasatinib/Nilotininb/Ponatinib
 - So always use these in Ph+ ALL



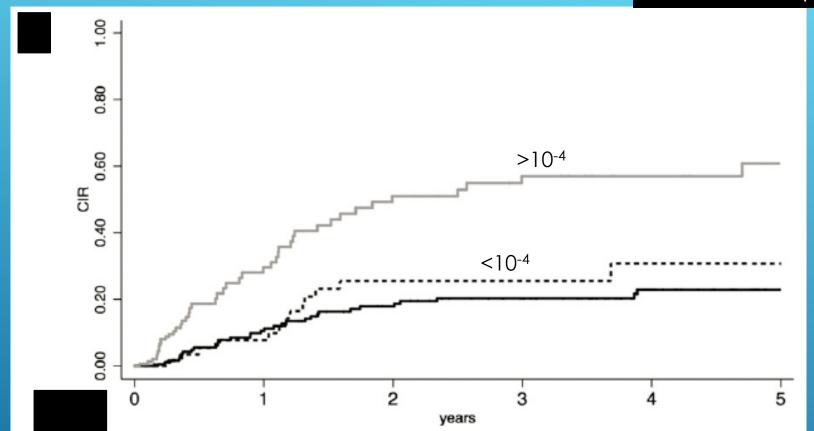
SURVIVAL BY CYTOGENETIC SUBGROUP: MRC UKALL XII/ECOG 2993



WHAT TO DO WITH THE REST?

- Cytogenetic changes without clear prognostic information
- Standard-risk patients that respond in nonstandard manner
- Risk stratification in UK ALL XII (adverse features)
 - Ph+
 - >35yo
 - ➤ WBC >30k B cell or >100k for T cell
 - More than 4 weeks for cytologic CR (MRD)
- Presence of Minimal Residual Disease (MRD) is the best current prognostic feature, guiding SCT vs no SCT





MRD AND RISK OF RELAPSE



QUESTIONS AND THANKS

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APL: Sanz Prognostic Factors

Low

WBC <10, Plt >40

Int

WBC <10, Plt <40

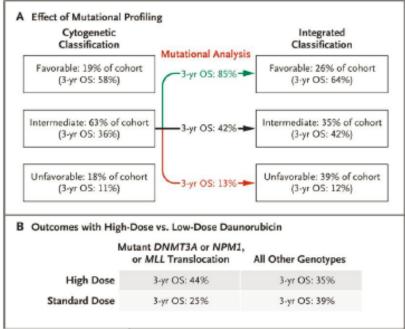
High

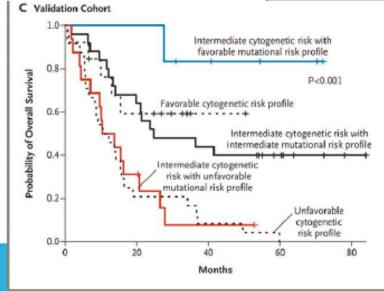
WBC ≥10



A Revised Risk Stratification

Cytogenetic Classification	Mutations		Overall Risk Profile
Favorable			
Normal karyo- type or inter- mediate-risk ctyogenetic lesions	FLT3-ITD-negative	Mutant NPM1 and IDH1 or IDH2	Favorable
	FLT3-ITD-negative	Wild-type ASXL1, MLL-PTD, PHF6, and TET2	Intermediate
	FLT3-ITD- negative or positive	Mutant CEBPA	
	FLT3-ITD-positive	Wild-type MLL-PTD, TET2, and DNMT3A and trisomy 8-negative	
	FLT3-ITD-negative	Mutant TET2, MLL-PTD, ASXL1, or PHF6	
	FLT3-ITD-positive	Mutant TET2, MLL-PTD, DNMT3A, or trisomy 8, without mutant CEBPA	Unfavorable
Unfavorable	Any		





MOLECULAR MARKERS AND PROGNOSIS IN AML

<u>Marker</u>	<u>Effect</u>	
NPM1 (33%)	fav	
CEBPA (8%)	fav	
Ras	fav (HDAC)	
BRE	fav (MLL)	

<u>Marker</u>	Effect
MLL ui	nfav t(9;11)
FLT3 ITD (Not TKD) (25%	o) unfav
EVI1	unfav
IDH1/2 (33%)	unfav
MN1	unfav
WT1 (10%)	unfav
FL1	unfav
BAALC	unfav
CKIT	unfav (i16)
DNMT3A (18%)	unfav
ERG	unfav

TET2

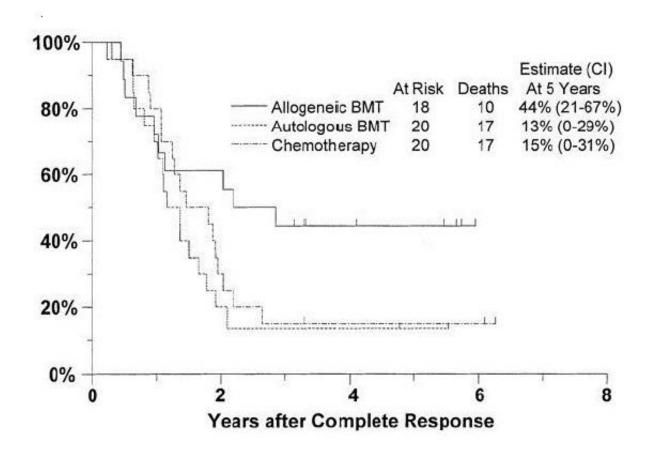
unfav/fav

Thol et al. J Clin Oncol 2011;29:2889-2896
Metzeler K H et al. J Clin Oncol 2011;29:1373-1381
Neubauer et al. J Clin Oncol 2008;26:4603-4609
Becker et al. J Clin Oncol 2009;28:596-604
Shen et al. J Clin Oncol 2011;118:5593-5603

Green et al. J Clin Oncol 2010:28:2739-2747



Therapy of High Risk AML



Slovak et al. Blood 2000;96:4080



Integration of Cytogenetic & Molecular Data in Younger Pts

EFS > 75%

t (15;17)

Inv 16 , +22 Kit -

<u>EFS 50-75%</u>

Other inv 16, Kit -

T(8;21) with low WBC, Kit -

Normal karyotype, CEBPA +

Normal karyotype, FLT3-/NPM +

EFS 25-50%

Inv 16, Kit +

T(8;21) with high WBC or Kit +

Normal karyotype FLT3-/NPM-

Normal karyotype FLT3+/NPM+

or –

Normal karyotype MLL1 PTD+

EFS < 20%

 Others except -5/-7 as sole abnormality w/o AHD



Prognosis: European Leukemia Net

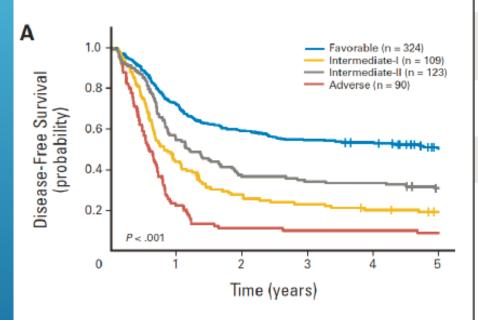


Table 1. European LeukemiaNet Standardized Reporting System for Correlation of Cytogenetic and Molecular Genetic Data in AML With Clinical Data¹²

Genetic Group	Subsets
Favorable	t(8;21)(q22;q22); RUNX1-RUNX1T1 inv(16)(p13.1q22) or t(16;16)(p13.1;q22); CBFB-MYH11 Mutated NPM1 without FLT3-ITD (normal karyotype) Mutated CEBPA (normal karyotype)
Intermediate-I	Mutated NPM1 and FLT3-ITD (normal karyotype) Wild-type NPM1 and FLT3-ITD (normal karyotype) Wild-type NPM1 without FLT3-ITD (normal karyotype)
Intermediate-II	t(9;11)(p22;q23); MLLT3-MLL Cytogenetic abnormalities not classified as favorable or adverse
Adverse	inv(3)(q21q26.2) or t(3;3)(q21;q26.2); RPN1-EVI1 t(6;9)(p23;q34); DEK-NUP214 t(v;11)(v;q23); MLL rearranged -5 or del(5q) -7 abnl(17p) Complex karyotype*

Abbreviations: AML, acute myeloid leukemia; ITD, internal tandem duplication. *Complex karyotype is defined as three or more chromosome abnormalities in the absence of one of the WHO designated recurring translocations or inversions: t(8;21), inv(16) or t(16;16), t(15;17), t(9;11), t(v;11)(v;q23), t(6;9), inv(3) or t(3;3).

