Feedback, entrustment and motivation...Getting to the heart of the matter in medical education

> Cheryl W. O'Malley, MD Friday Sept 7, 2018

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#### Disclosure

- Have no relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.
- I do write questions for the ABIM Self Evaluation Program. Today's talk does not contain any questions or content related to that work.

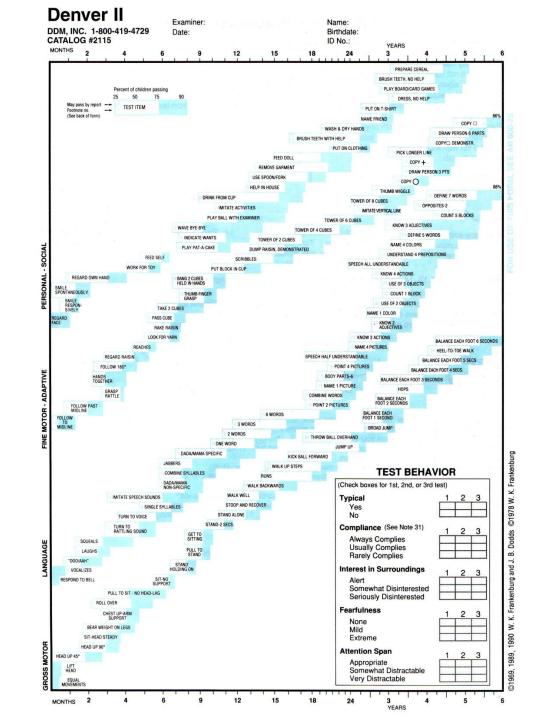
#### Objectives

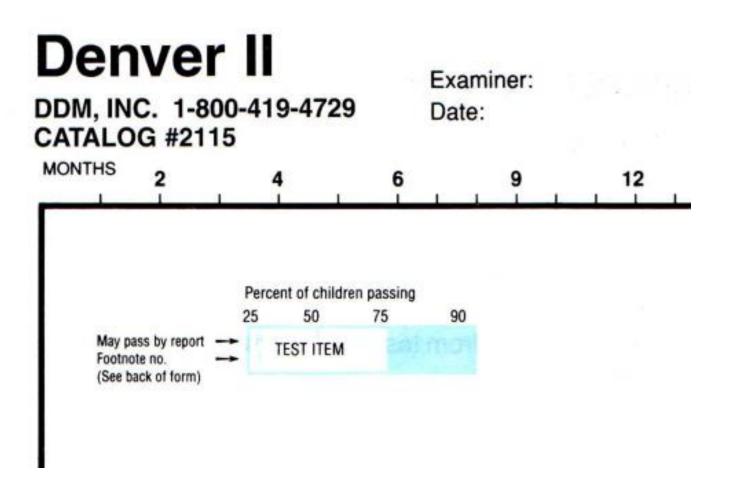
- Describe how the level of entrustment for specific professional activities informs daily decisions regarding level of supervision and autonomy.
- Understand the factors impacting motivation
- Apply discussions of work-based observation to improved assessment and feedback
- Provide relevant updates on how these apply to our current roles

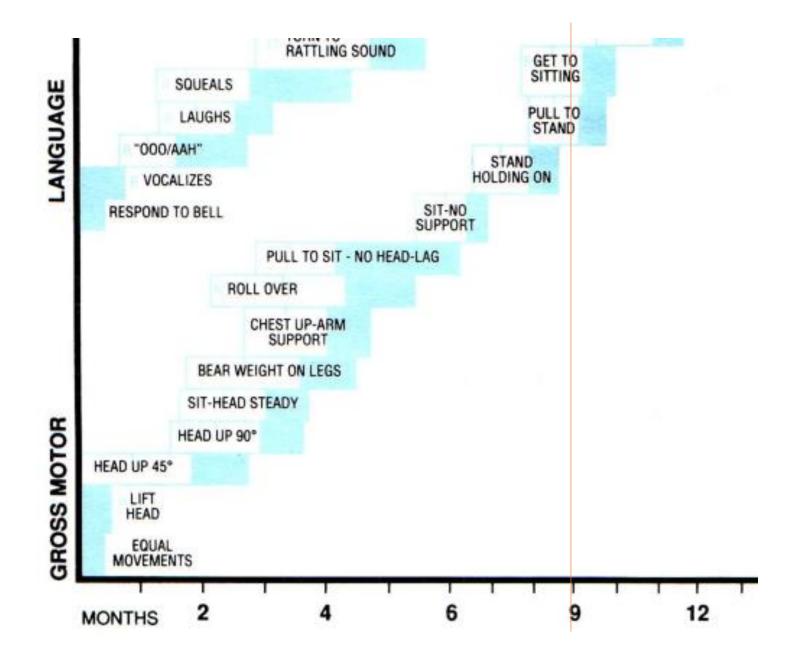


#### Developmental Domains

- 1. Personal-Social
- 2. Fine Motor-Adaptive
- 3. Language
- 4. Gross Motor







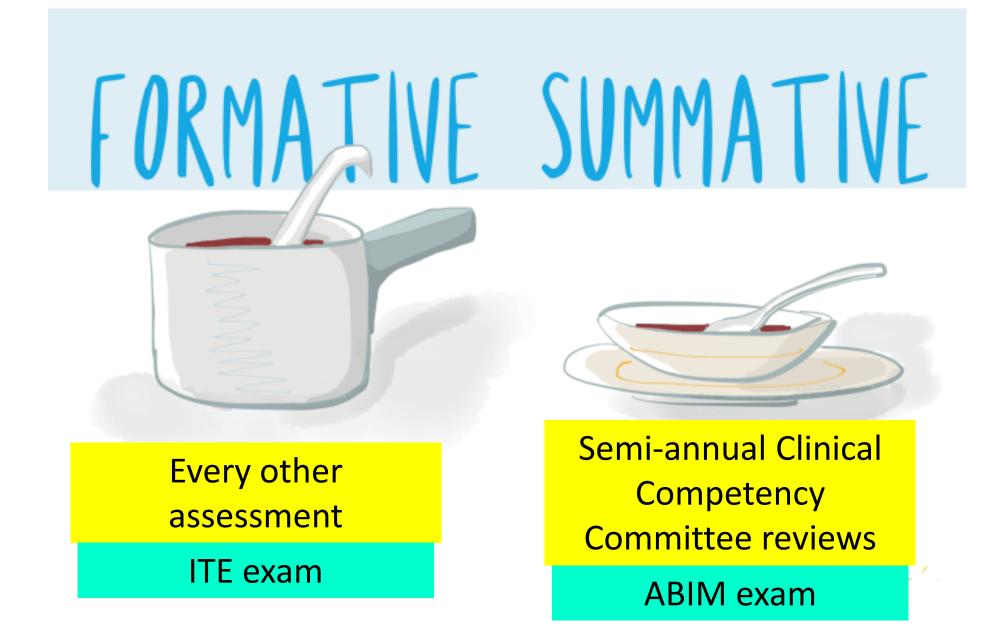
VARIABLE	TRADITIONAL TIME/PROCESS BASED	COMPETENCY BASED MEDICAL EDUCATION	
Driving force: curriculum	Content-knowledge acquisition	Outcome-knowledge application	
Responsibility for content	Teacher	Learner	
Assessment tool	Proxy	Authentic (mimics real tasks of profession)	
Setting for evaluation	Removed (gestalt)	Direct observation	
Evaluation	Norm-referenced	Criterion-referenced	
Timing of assessment	Emphasis on summative	Emphasis on formative	

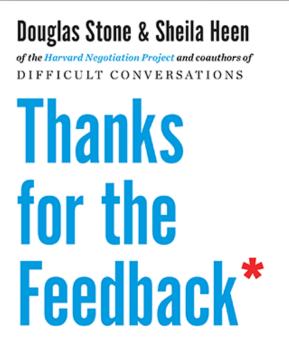
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FROM STEVE WHEELER'S BLOG "THE AFL TRUTH ABOUT ASSESSMENT"



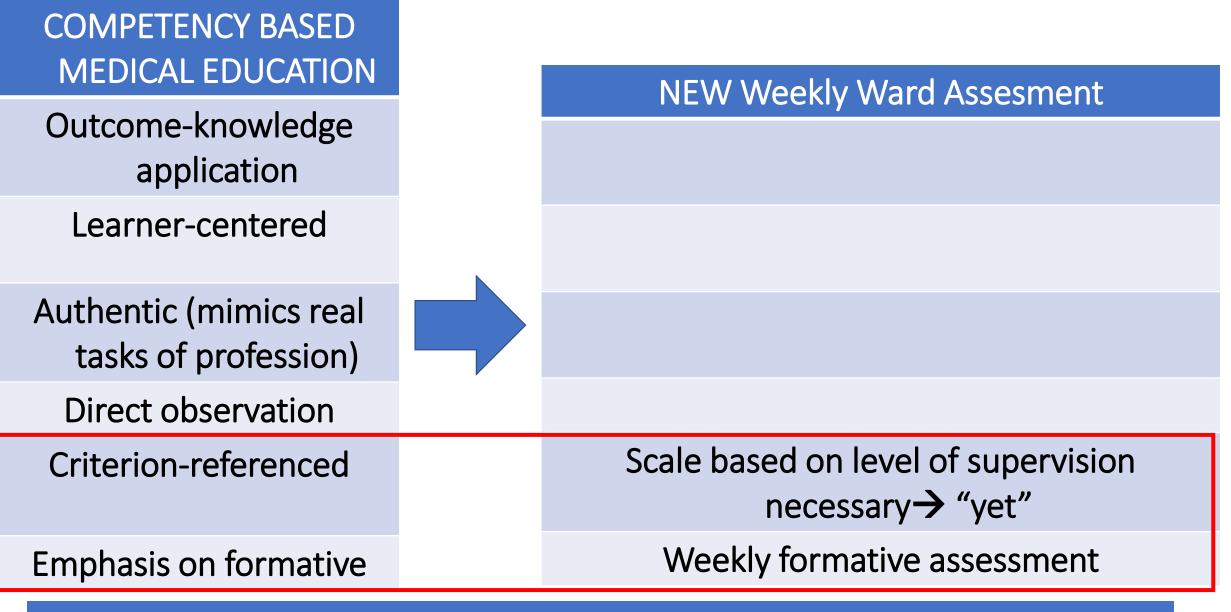


THE SCIENCE AND ART OF RECEIVING FEEDBACK WELL

•even when it is off-base, unfair, poorly delivered, and, frankly, you're not in the mood "the goal of feedback isn't to be objective, but rather, It should be to make judgments thoughtfully, and once made, to have them be transparent and discussable."

#### Ideas worth spreading

https://www.ted.com/talks/carol\_dweck\_the\_power\_of\_believing\_that\_you\_can\_improve



Weekly attending feedback by resident on how the faculty is facilitating their autonomy, mastery and purpose and supporting the **growth mindset** 

Our new scale for ward evals—"Not Yet" and "Yet" "Watch me do this" (i.e., requires complete hands-on guidance, did not do, or was not given the opportunity to do)

"Let's do this together"

"I'll watch you"

"You go ahead, and I'll double check all of your findings"

"You go ahead, and I'll double check key findings"

"I am not needed to check on this, they can do it on their own at the level of a general internist"

"They do this better than I do, they are teaching me

#### "Failure is an opportunity to grow" **GROWTH** MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"I am inspired by the success of others"

"I like to try new things"

## "Failure is the limit of my abilities" **FIXED MINDSET**

"I'm either good at it or I'm not" "My abilities are unchanging"

"I don't like "I can either do it, to be challenged" or I can't"

"My potential is predetermined"

"When I'm frustrated, I give up"

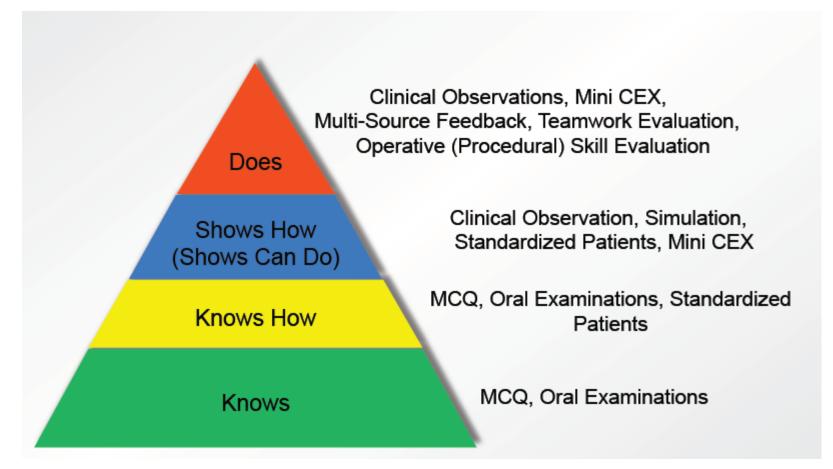
> "Feedback and criticism are personal

"I stick to what I know"

#### Knowing vs Doing



#### Miller's Pyramid of Clinical Competence



Miller, GE. Assessment of Clinical Skills/Competence/Performance Academic Medicine (Supplement) 1990. 65. (S63-S67) van der Vleuten, CPM, Schuwirth, LWT. Assessing professional competence: from Methods to Programmes. **Medical Education 2005; 39: 309–317** 

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"... the critical *activities* that constitute a specialty ... the *activities* of which we would all agree should be only carried out by a trained specialist."



ten Cate et al. Acad Med 2007; 82: 542-47

20

#### Entrustable Professional Activities





Interpret EKG

Manage ACS

*Resuscitate, stabilize, and care for unstable or critically ill patients.* 



#### Core Entrustable Professional Activities for Entering Residency

- 1. Gather a History and Perform a Physical Examination
- 2. Prioritize a Differential Diagnosis Following a Clinical Encounter
- 3. Recommend and Interpret Common Diagnostic and Screening Tests
- 4. Enter and Discuss Orders and Prescriptions
- 5. Document a Clinical Encounter in the Patient Record
- 6. Provide an Oral Presentation of a Clinical Encounter
- 7. Form Clinical Questions and Retrieve Evidence to Advance Patient Care

- 8. Collaborate as a Member of an Interprofessional Team
- 9. Give or Receive a Patient Handover to Transition Care Responsibility
- Recognize a Patient Requiring Urgent or Emergent Care and Initiate Evaluation and Management
- 11. Obtain Informed Consent for Tests and/or Procedures
- 12. Perform General Procedures of a Physician
- 13. Identify System Failures and Contribute to a Culture of Safety and Improvement

#### Our new EPAs for the wards

- Week 2
- 1. Obtains the "complete story" through patient interview and all other sources
- 2. Accurate medication reconciliation on admission, transitions of care and discharge
- 3. Synthesize all data to generate a prioritized differential diagnosis and problem list.
- 4. Perform and document accurate physical exams that are appropriately thorough
- 5. Formulate and implement initial treatment plan for patients
- 6. Modify the differential diagnosis and care plan based on clinical course and data as appropriate
- 7. Apply updated medical knowledge to manage inpatient disorder

Week 3

alaa

- 1. Recognize the scope of his/her abilities and ask for supervision and assistance appropriately
- 2. Deliver concise, accurate and appropriately thorough verbal presentations on rounds and when requesting consults
- 3. Lead the team around the patient's care
- 4. Manage a patient with a situation that requires urgent care.
- 5. Establish a therapeutic relationship with a patient
- 6. Address an angry or emotional patient or family's concerns
- 7. Lead patient-centered discussion with shared decision making



4

Week

- 2. Make patient-centered decisions that incorporate value (ie: appropriate utilization and interpretation of test results, accurate patient placement, and prevention of hospital readmissions)"
- 3. Effectively utilizes consults (e.g. asks meaningful questions and incorporates recommendations to adjust patient's care).
- 4. Teach the medical student and/or intern effectively.
- 5. Manage the daily tasks of multiple patients effectively
- 6. Completes appropriately thorough documentation on all patients in a timely manner
- 7. Acknowledges/learns from all feedback and self-reflects

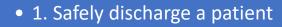
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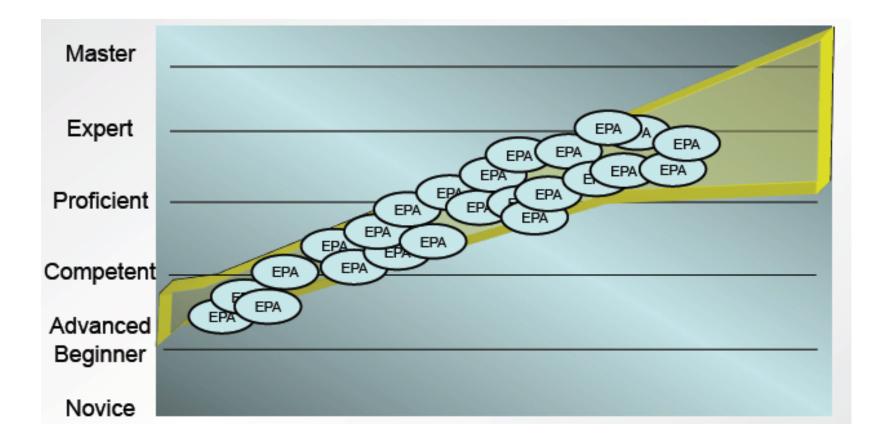
## New Weekly Assessments on the Wards

3 Based on your observations this week, if you (or a senior resident) were to supervise this resident again in a similar situation, which of the following statements aligns with how you would assign the following activity?

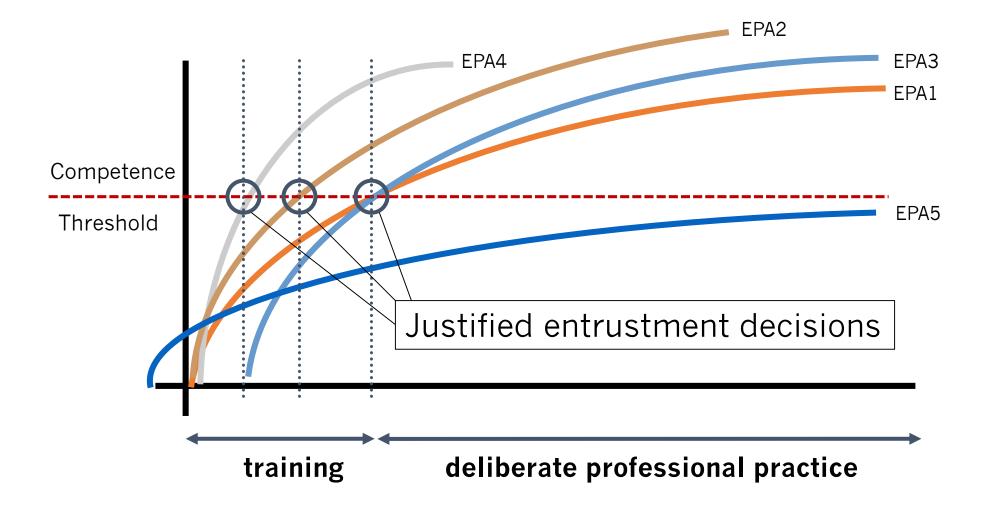
Activity: Obtain the "complete story" through patient interview and utilizing all sources (i.e. ED/Outreach physicians, family, pharmacy, PCP's, SNF, other family members, etc.).

"Watch me do this" (i.e. requires complete hands on guidance, did not do, or was not given the opportunity to do)	"Let's do this together"	"I will watch you"	"You go ahead, and I will double check all of your findings"	"You go ahead, and I will double check key findings"	I am not needed to check on this, they can do it on their own at the level of a general internist.	They can do this better than I do, they are teaching me.
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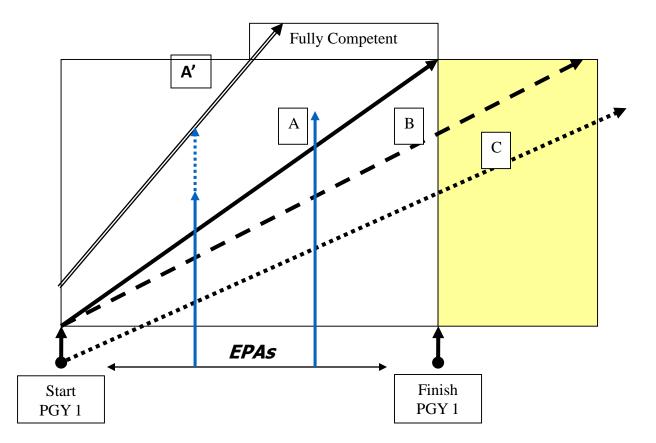
### The Goal of the Continuum of Professional Development



#### Sample Competency Curve



#### Individual Resident Trajectories



Lucey and Boote

# Entrustability and supervision

# Benchmark of performance is the ability to be <u>entrusted</u> to perform care with less supervision



Do I trust this trainee...?

...to get good outcomes?

- 1. Crossley J, Johnson G, Booth J, Wade W. Good questions, good answers: construct alignment improves the performance of workplace-based assessment scales. Med Educ. 2011 Jun;45(6):560-9.
- 2. ten Cate O, Scheele F. Competency-based postgraduate training: can we bridge the gap between theory and clinical practice? Acad Med. 2007 Jun;82(6):542-7.
- 3. ten Cate et al. Acad Med 2007; 82: 542-47 and Nasca

#### Entrustability decisions are multi-dimensional

- 1. Clinical knowledge and skills/ complexity of the patient
- 2. Level of experience
- 3. Integrity- truthfulness, and benevolence
- 4. Reliability conscientiousness, consistency
- 5. Humility observing limits, willingness to ask for help

Kennedy, Tara J. T.; Regehr, Glenn; Baker, G Ross; Lingard, Lorelei <u>Point-of-Care Assessment of</u> <u>Medical Trainee Competence for Independent Clinical Work.</u> Academic Medicine83(10):S89-S92, October 2008. All of our scales connect level of supervision with competence assessment

"Watch me do this" (i.e., requires complete hands-on guidance, did not do, or was not given the opportunity to do)

"Let's do this together"

"I'll watch you"

**Direct Observation** 

"You go ahead, and I'll double check <u>all of your findings</u>"

"You go ahead, and I'll double check key findings"

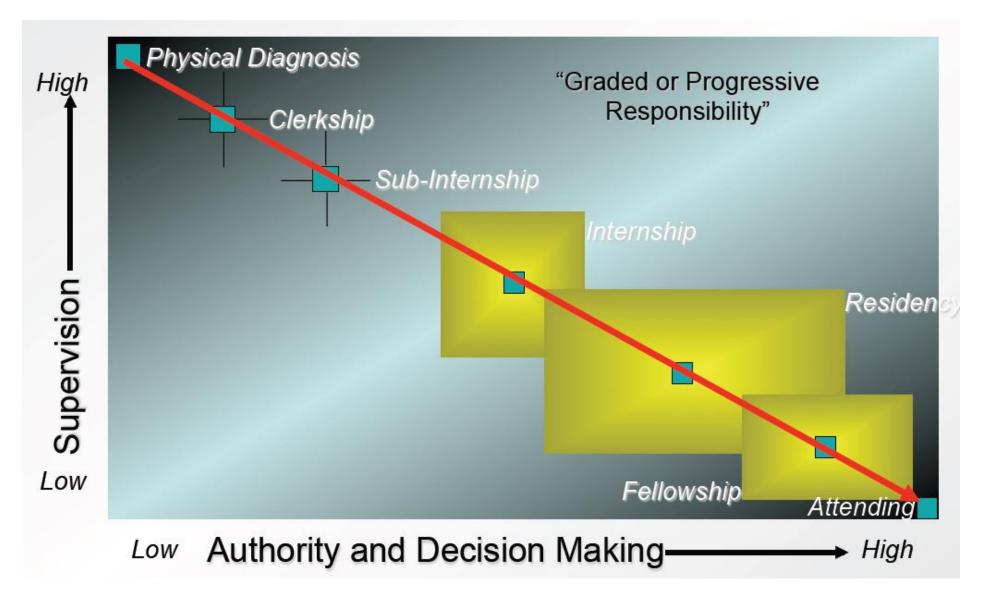
**Indirect Observation** 

"I am not needed to check on this, they can do it on their own at the level of a general internist"

"They do this better than I do, they are teaching me

**Oversite/ Independent practice** 

The Continuum of Clinical Professional Development Authority and Decision Making versus Supervision



# Level of Experience and Supervision Standards in our IM residency program (excerpts from HS manual)

Activity	Resident training level	Level of supervision (numbers correspond with definitions above)
History and Physical and New Consults	Intern	Direct (1) initially and then progress to indirect with direct immediately available (2)
	Resident	Indirect supervision with direct available (3)
Code Status	Intern	Direct (1) initially and then progress to indirect with direct immediately available (2)
	Resident	Indirect supervision with direct available (3)
Procedures	Intern	Direct supervision
	Resident	Depends on discussion with the attending to consider the procedure, patient and demonstrated competence. No procedures can be done without direct supervision until at least 3 successfully completed procedures are documented in new innovations.
Sign out	Intern	Direct (1) initially and then progress to indirect with direct immediately available (2)
	Resident	Indirect supervision with direct available (3)
Error Disclosure	Intern	Direct supervision
	Resident	Direct supervision



#### Entrustable Professional Activities





Break an egg

Mix the batter

Take cookies out of the oven

Make chocolate chip cookies

## Break an egg

- 1. "Watch me do this" (i.e., requires complete hands-on guidance, did not do, or was not given the opportunity to do)
- 2. "I'll watch you"
- 3. "You go ahead, and I'll double check <u>key</u> findings"
- 4. "I am not needed to check on this, they can do it on their own"
- 5. "They do this better than I do, they are teaching me"

# Mix the dough

- 1. "Watch me do this" (i.e., requires complete hands-on guidance, did not do, or was not given the opportunity to do)
- 2. "I'll watch you"
- 3. "You go ahead, and I'll double check <u>key</u> findings"
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#### Take cookies out of the oven

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#### Pair and Share

How might you have given him feedback on his ability to make cookies?

# Specific observations

"I am confident that you can break an egg now without my help. Let me know if you ever want any tips in the future or you might look up some on line if you want to do it faster or more like a master chef"

"I watched you open the oven partially and it lead to you almost grabbing for the cookie sheet with your bare hand. I had to step in and I might have even startled you (sorry). Next time, I will have my hands free to help you and walk you through it together. "

"Since making cookies on your own requires you to not only make the batter and crack the eggs (which you are doing on your own now), but also getting them in and out of the oven, that is the next thing to work on prior to you doing it on your own."

### New Weekly Ward Assessment: Comments first

Inpatient Ward Weekly Assessment Week 2



Status Employer Program

List one specific thing that the resident is doing well:

Comment

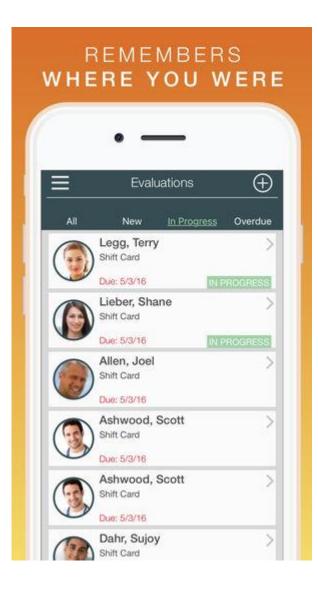
List one specific thing that the resident could improve on and include specific suggestions for what would contribute to improvement:

Comment

#### New innovations app- ARMIS

#### REMEMBERS WHO YOU ARE







Use voice recognition to enter your comments!





#### Why does this all matter?

Patient safety, engagement, sustainability, continuous improvement....



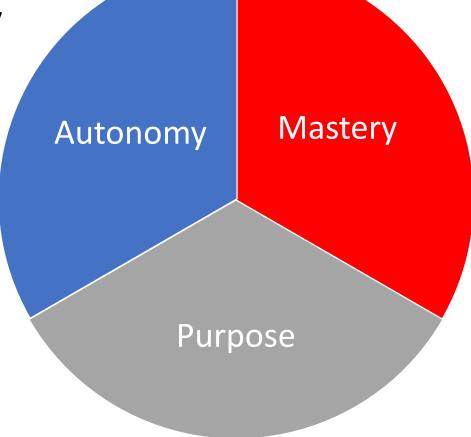


How did supervision seem to impact Hogan's motivation and engagement? (think: autonomy, mastery, purpose) Medical Students-Autonomy, Mastery and Purpose

- CMS new documentation rules that allow student notes to "count" for billing:
  - Attending: "I was present with the medical student during the visit. I personally performed an exam, made the assessment and developed the care plan as documented below. I have verified student's documentation of history and agree with the student's findings."
  - **Resident with student: "**I was present with the student during obtaining the history and exam."
  - Attending after resident with student: "The resident was present with the student during obtaining the history and exam. I personally performed an exam, made the assessment and developed the care plan as documented below. I have verified and agree with the student's and resident's documentation. "
- Coming soon → "preliminary orders"

#### You-Autonomy, Mastery and Purpose

- 1. Which (A, M, P) was in your motivating experience this month?
- 2. Which (A, M, P) was in your discouraging/demotivating experience?



#### COMPETENCY BASED MEDICAL EDUCATION

Outcome-knowledge application

Learner-centered

Authentic (mimics real tasks of profession)

**Direct observation** 

**Criterion-referenced** 

**Emphasis on formative** 

NEW Weekly Ward Assesment

Application of knowledge

Facilitate growth mindset of resident

7 EPAs per week

Based on actual events

Scale based on level of supervision necessary→ "yet"

Weekly formative assessment

Weekly attending feedback by resident on how the faculty is facilitating their autonomy, mastery and purpose and supporting the growth mindset

Right sized supervision fosters **<u>autonomy</u>** 

Frequent formative feedback as positive and specific observations and a growth mindset foster <u>mastery</u>

Pt 7 physically

Connecting with our <u>purpose</u> as educators and physicians to provide excellent patient care now and in the future