



# VTE Prophylaxis: Inpatient Management

Lori A. Porter

July 30, 2019



# Learning Objectives

- ▶ Understand how to apply 'VTE Advisor Order-Set' to your patients
- ▶ Differentiate Between Low Risk vs. Moderate Risk vs. Highest risk for VTE
- ▶ Be able to figure out who in Moderate risk who needs VTE prophylaxis and who does not
- ▶ Review 'Strong VTE Risk Factors' vs 'Intermediate Risk Factors'
- ▶ Review Guidelines on VTE Prophylaxis for Surgical patients
- ▶ Review who is recommended to get extended prophylaxis

## VTE in medical inpatients is common

**Half** of VTE events occur due to hospital admission for surgery (24%) or medical illness (22%)

**Risk factors for VTE in hospital** include cancer, older age, prior VTE, central lines, immobility

**40%** of hospitalized patients have 3 or more risk factors for VTE

Increase in thrombosis risk in medical inpatients persists **45 to 60 days** after discharge



## Who is at risk for VTE in hospital?

- Risk Assessment Models (RAMs) can identify inpatients at high risk
- **Examples:** Padua, IMPROVE-VTE Scores

These RAMs are not extensively validated for guiding decisions about prophylaxis

### Padua RAM: Factors

Previous VTE  
Thrombophilia  
Active cancer  
Age > 70 years  
Reduced mobility  
Recent trauma/surgery  
Heart or respiratory failure  
Acute MI or stroke  
Hormonal treatment  
Obesity (BMI > 30)  
Infection/rheumatologic

### IMPROVE-VTE RAM: Factors

Previous VTE  
Thrombophilia  
Active cancer  
Age > 60 years  
Immobilization of  $\geq 7$  days  
Lower limb paralysis  
ICU/CCU stay

# VTE Prophylaxis: Three bucket Model (Qualitative Method)



**Banner Health** Help

**Patient Name:** ZZZCERNER, ROY      **Sex:** Male      **MRN:** 23959  
**Location:** 58 EDH - EDH      **Age/DOB:** 57 Years / August 06, 1961      **FIN:** 42228619

	Risk Level	Risk Factors
<input type="radio"/>	High Risk	<ul style="list-style-type: none"> <li>On ventilator</li> <li>Hip or Knee arthroplasty (i.e. THA or TKA)</li> <li>Hip Fracture surgery</li> <li>Major Lower Extremity surgery</li> <li>Acute CVA</li> </ul>
<input checked="" type="radio"/>	Moderate Risk	<ul style="list-style-type: none"> <li>LOS &gt;48 hours plus one <b>Strong</b> VTE risk factor                             <ul style="list-style-type: none"> <li>Infection on IV antibiotics</li> <li>Major surgery last 7 days</li> <li>Active Cancer</li> <li>Prior DVT/PE</li> <li>Known thrombophilia (congenital or acquired)</li> <li>Rheumatic disease or Inflammatory Bowel Disorder (e.g UC, Crohns)</li> <li>Acutely bed or chair bound</li> </ul> </li> <li>LOS &gt;48 hrs. with at least one <b>Intermediate</b> VTE Risk factor(s) plus decrease in ambulation from baseline <b>OR</b></li> <li><del>LOS &gt;48 hrs &amp; multiple Intermediate VTE Risk factors</del></li> </ul>
<input type="radio"/>	Low Risk	<ul style="list-style-type: none"> <li>Observation status expected stay &lt;48 hours</li> <li>Minor Surgery</li> <li>Ambulatory Cancer Patients admitted for short chemotherapy induction</li> <li>Patients already on therapeutic anticoagulation or VTE Prophylaxis</li> </ul>

**Orders for Moderate Risk Patients**

Please select a Pharmacologic Prophylaxis order. Done

# Three largest Trials in medical patients 1999-2004

## Rates of Asymptomatic DVT

MEDENOX (14 days)		PREVENT* (21 days)		ARTEMIS (14 days)	
Enoxaparin	Placebo	Dalteparin	Placebo	Fondaparinux	Placebo
5.2%	13.5%	1.8%	3.7%	5.6%	9.0%
Venography on days 6-14 or earlier if symptoms		Ultrasound on day 21 or earlier if symptoms		Venography on days 6-15 or earlier if symptoms	

\*proximal DVT only



# Hospitals with High Rates of Prophylaxis vs. Low Prophylaxis

## Hospital Performance for Pharmacologic Venous Thromboembolism Prophylaxis and Rate of Venous Thromboembolism A Cohort Study

Scott A. Flanders, MD; M. Todd Greene, PhD, MPH; Paul Grant, MD; Scott Kaatz, DO, MSc; David Paje, MD; Bobby Lee, MD; James Barron, MD; Vineet Chopra, MD, MSc; David Share, MD, MPH; Steven J. Bernstein, MD, MPH

JAMA Internal Medicine

October 2014

35 Michigan Hospitals

Medical patients with LOS  $\geq 2$  days and Caprini score  $\geq 3$






# What were the results?

	High Performing Hospitals (n=5514)	Moderate Performing Hospital (n=7897)	Low Performing Hospitals (n=7383)
Rates of prophylaxis	86%	73%	56%
VTE in-hospital*	3.39	3.48	4.31
VTE after discharge*	1.15	1.31	0.97

\*Rates are per 10,000 patient-days



This difference was the only one that met statistical significance.





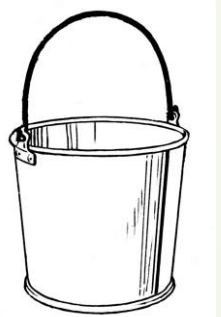
# Three Bucket Model



High



Pharmacologic Prophylaxis plus IPC



Moderate



Pharmacologic Prophylaxis or IPC if  
contraindication exists



NO Prophylaxis



Low



No prophylaxis; Ambulate & Reassess



# What you need to navigate VTE order-set



Know High Risk Bucket (special populations)



Know Low Risk Bucket



Know Strong Risk factors for VTE (9)



Know intermediate Risk Factors VTE (10)



Moderate Risk Equation #1: Strong VTE RF + admission for >48 hrs = VTE Prophylaxis



Moderate Risk Equation #2: Intermediate VTE RF+ 48 hrs+ immobility from baseline= VTE Prophylaxis

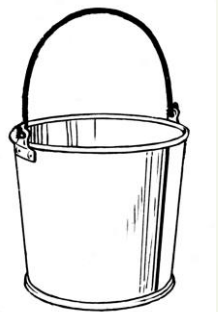
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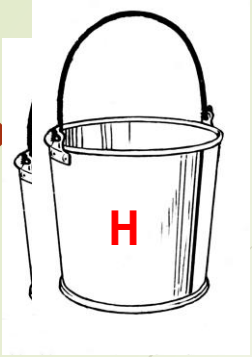
NO Prophylaxis



Low



No prophylaxis; Ambulate & Reassess




## Highest Risk : MICU/SICU/NICU/Ortho


1. On Ventilator
2. CVA
3. THA (Hip Replacement)
4. TKA (Knee Replacement)
5. Hip Fracture Surgery
6. Major Lower extremity Surgery
7. Spine Surgery (not including elective spine surgery)
8. Multiple Major Trauma
9. Abdominal-pelvic surgery for Cancer

Indication for extended VTE Prophylaxis

# Extended Prophylaxis in Surgical Cases



CHEST<sup>®</sup> JOURNAL  
OFFICIAL PUBLICATION OF THE AMERICAN COLLEGE OF CHEST PHYSICIANS



ACP IMKSAP<sup>®</sup> 18

	Cancer surgery		LMWH for 4 wk
Orthopedic	Hip or knee arthroplasty <sup>d</sup>		IPC + LMWH, LDUH, aspirin, NOAC, fondaparinux, warfarin, or IPC alone if high bleeding risk; continue for 10-35 d
	Hip fracture repair <sup>d</sup>		IPC + LMWH, LDUH, warfarin, fondaparinux, or IPC alone if high bleeding risk; continue for 10-35 d
	Isolated lower leg fracture repairs		None
	Knee arthroscopy with no previous VTE		Early ambulation

For patients without increased bleeding risk, extended duration of postoperative prophylaxis for up to 35 days is recommended over shorter-duration prophylaxis of 10 to 14 days, which is the minimum recommended duration of pharmacologic VTE prophylaxis in orthopedic surgery.

# FAIL FIRST AND FAIL FAST... . Gregory Maynard M.D.



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# Case 1

- ▶ 35 y/o male rancher in northern Arizona with no PMHx who got kicked by horse resulting in right pelvic fracture. Presented to hospital with right pelvic fracture and underwent right hip fracture pinning surgery.

IM consulted for pain management and discharge planning for acute rehab placement and VTE Prophylaxis recommendations: Your orders for VTE Prophylaxis are:

- A. UFH until discharge to rehab facility
- B. Enoxaparin in hospital with IPC/GCS and with extended therapy 4 weeks after discharge
- C. Apixiaban for extended therapy up to 35 days
- D. Enoxaparin in hospital with IPC/GCS with extended prophylaxis for 35 days





# Case 1:

- ▶ 35 y/o male rancher in northern Arizona with no PMHx who got kicked by horse resulting in right pelvic fracture. Presented to hospital with right pelvic fracture and underwent right hip fracture pinning surgery.

IM consulted for pain management and discharge planning for acute rehab. For VTE Prophylaxis your recommendations are:

- A. UFH until discharge to rehab facility
- B. Enoxaparin in hospital with IPC/GCS and with extended therapy 4 weeks after discharge
- C. Apixiaban (DOAC) for extended therapy up to 35 days
- D. Enoxaparin in hospital with IPC/GCS with extended prophylaxis for 35 days


# Case 1

- ▶ 35 y/o male rancher in northern Arizona with no PMHx who got kicked by horse resulting in right pelvic fracture. Presented to hospital with right pelvic fracture and underwent right hip fracture pinning surgery.


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# Extended Prophylaxis in Surgical Cases



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	Knee arthroscopy with no previous VTE		Early ambulation

For patients without increased bleeding risk, extended duration of postoperative prophylaxis for up to 35 days is recommended over shorter-duration prophylaxis of 10 to 14 days, which is the minimum recommended duration of pharmacologic VTE prophylaxis in orthopedic surgery.



Wolters Kluwer

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CAUTION

- For patients undergoing THA, TKA, or HFS, we recommend that pharmacologic prophylaxis is administered for a minimum of 10 to 14 days ([Grade 1B](#)). (See ['Duration'](#) above.)
  - For those undergoing THA, we suggest that pharmacologic prophylaxis is continued for up to 35 days after surgery ([Grade 2B](#)).
  - For those undergoing TKA, shorter courses at the 10 to 14 day end of the spectrum may be preferred.

Then...IM Made Friends With Orthopedics....



ORIGINAL RESEARCH

Annals of Internal Medicine

June 2013

## Aspirin Versus Low-Molecular-Weight Heparin for Extended Venous Thromboembolism Prophylaxis After Total Hip Arthroplasty

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A Randomized Trial

David R. Anderson, MD; Michael J. Dunbar, MD; Eric R. Bohm, MD; Etienne Belzile, MD; Susan R. Kahn, MD; David Zukor, MD; William Fisher, MD; Wade Gofton, MD; Peter Gross, MD; Stephane Pelet, MD; Mark Crowther, MD; Steven MacDonald, MD; Paul Kim, MD; Susan Pleasance, BScN; Nicki Davis, BSc; Pantelis Andreou, PhD; Philip Wells, MD; Michael Kovacs, MD; Marc A. Rodger, MD; Tim Ramsay, PhD; Marc Carrier, MD; and Pascal-Andre Vendittoli, MD

EPCAT II TRIAL

Feb 2018

ORIGINAL ARTICLE

## Aspirin or Rivaroxaban for VTE Prophylaxis after Hip or Knee Arthroplasty

David R. Anderson, M.D., Michael Dunbar, M.D., John Murnaghan, M.D., Susan R. Kahn, M.D., Peter Gross, M.D., Michael Forsythe, M.D., Stephane Pelet, M.D., William Fisher, M.D., Etienne Belzile, M.D., Sean Dolan, M.D., Mark Crowther, M.D., Eric Bohm, M.D., [et al.](#)





# ASH GUIDELINES RECCOMENDATION

## Definitions

	<b>STRONG Recommendation</b> ("The panel recommends...")	<b>CONDITIONAL Recommendation</b> ("The panel suggests...")
<b>For patients</b>	Most individuals would want the intervention.	A majority would want the intervention, but many would not.
<b>For clinicians</b>	Most individuals should receive the intervention.	Different choices will be appropriate for different patients, depending on their values and preferences. Use <b>shared decision making</b> .

## Recommendation

In **critically ill medical patients**, the panel suggests using **LMWH over UFH** (conditional recommendation, moderate certainty)

**LMWH** compared with **UFH** in critically ill patients:

Outcomes	Relative effect: RR (95% CI)	Anticipated absolute effects (95% CI)	
		Risk with UFH	Risk difference with LMWH
● Mortality	<b>0.90</b> (0.75 to 1.08)	243 per 1,000	<b>24 fewer deaths per 1,000</b> (61 fewer to 19 more)
● PE	<b>0.80</b> (0.44 to 1.46)	11 per 1,000	<b>2 fewer PE per 1,000</b> (6 fewer to 5 more)
● Symptomatic proximal DVT	<b>0.87</b> (0.60 to 1.25)	25 per 1,000	<b>3 fewer DVT per 1,000</b> (10 fewer to 6 more)
● Major bleeding	<b>0.98</b> (0.76 to 1.27)	53 per 1,000	<b>1 fewer bleeds per 1,000</b> (13 fewer to 14 more)
● Heparin-induced thrombocytopenia	<b>0.42</b> (0.15 to 1.18)	6 per 1,000	<b>4 fewer episodes per 1,000</b> (5 fewer to 1 more)

Critically ill patients may require other prophylaxis options due to hepatic or renal dysfunction.



# Dual VTE Prophylaxis: Is it indicated?

- ▶ Yes by **Chest 2012 Guidelines for Surgical patients**
- ▶ Yes in surgical cases (**2019 Draft ASH Surgical Guidelines**)

**Question 3:** Should pharmacological combined with mechanical prophylaxis vs. pharmacological prophylaxis alone be used for patients undergoing surgery?

The ASH guideline panel suggests using combined prophylaxis with mechanical and pharmacological methods over prophylaxis with pharmacological agents alone in surgical patients (conditional recommendation based on very low certainty of the evidence about effects).

- ▶ No in Medical patients in ICU per **ASH Guidelines 2018** (next slide)

## Recommendation

In **acutely and critically ill medical patients**, the panel suggests pharmacological VTE prophylaxis alone over mechanical combined with pharmacological VTE prophylaxis (*conditional recommendation, very low certainty*)

**Mechanical combined with pharmacologic** compared with **pharmacologic alone**:

Outcomes	Relative effect: RR (95% CI)	Anticipated absolute effects (95% CI)	
		Risk with pharmacologic prophylaxis alone	Risk difference with combined prophylaxis
● Mortality	<b>0.50</b> (0.05 to 5.30)	8 per 1,000	<b>4 fewer deaths per 1,000</b> (8 fewer to 34 more)
● PE	<b>0.35</b> (0.05 to 2.22)	1 per 1,000	<b>1 fewer PE per 1,000</b> (1 fewer to 1 more)
● Symptomatic proximal DVT	<b>0.13</b> (0.04 to 0.40)	2 per 1,000	<b>2 fewer DVT per 1,000</b> (2 fewer to 1 fewer)
● Major bleeding	<b>2.83</b> (0.30 to 26.70)	28 per 1,000	<b>51 more bleeds per 1,000</b> (20 fewer to 720 more)

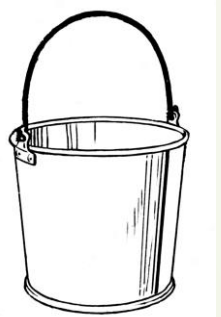
# Three Bucket Model



High



Pharmacologic Prophylaxis plus IPC

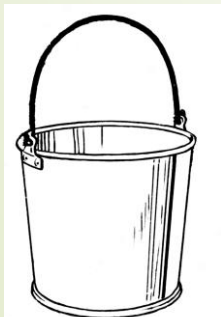


Moderate



Pharmacologic Prophylaxis or IPC if  
contraindication exits

NO Prophylaxis

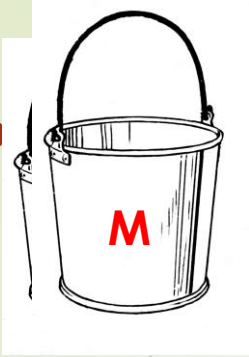


Low



No prophylaxis; Ambulate & Reassess





Moderate Risk : Majority Med/Sx Patients!



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## Recommendation

- In **acutely ill medical patients**, the panel suggests using **UFH, LMWH, or fondaparinux** rather than no parenteral anticoagulant (*conditional recommendation, low certainty*)
- The panel suggests using LMWH (*low certainty*) or fondaparinux (*very low certainty*) rather than UFH (*conditional recommendation*)

**Parenteral anticoagulant** compared with **no parenteral anticoagulant**:

Outcomes	Relative effect: RR (95% CI)	Anticipated absolute effects (95% CI)	
		Risk with no parenteral anticoagulant	Risk difference with parenteral anticoagulant
● Mortality	<b>0.97</b> (0.91 to 1.04)	69 per 1,000	<b>2 fewer deaths per 1,000</b> (6 fewer to 3 more)
● PE	<b>0.59</b> (0.45 to 0.78)	10 per 1,000	<b>4 fewer PE per 1,000</b> (6 fewer to 2 fewer)
● Symptomatic proximal DVT	<b>0.28</b> (0.06 to 1.37)	4 per 1,000	<b>3 fewer DVT per 1,000</b> (4 fewer to 1 more)
● Major bleeding	<b>1.48</b> (0.81 to 2.71)	7 per 1,000	<b>3 more bleeds per 1,000</b> (1 fewer to 12 more)

# VTE Prophylaxis: Three bucket Model

**Banner Health** Help

**Patient Name:** ZZZCERNER, ROY      **Sex:** Male      **MRN:** 23959  
**Location:** 58 EDH - EDH      **Age/DOB:** 57 Years / August 06, 1961      **FIN:** 42228619

	Risk Level	Risk Factors
<input type="radio"/>	High Risk	<ul style="list-style-type: none"> <li>On ventilator</li> <li>Hip or Knee arthroplasty (i.e. THA or TKA)</li> <li>Hip Fracture surgery</li> <li>Major Lower Extremity surgery</li> <li>Acute CVA</li> <li>Multiple major trauma</li> <li>Spinal Cord Injury</li> <li>Major Neurosurgery</li> <li>Spine Surgery</li> <li>Abdominal-pelvic surgery for cancer (regardless of length of stay)</li> </ul>
<input checked="" type="radio"/>	Moderate Risk	<ul style="list-style-type: none"> <li>LOS &gt; 48 hours plus one <b>Strong</b> VTE risk factor                             <ul style="list-style-type: none"> <li>Infection on IV antibiotics</li> <li>Major surgery last 7 days</li> <li>Active Cancer</li> <li>Prior DVT/PE</li> <li>Known thrombophilia (congenital or acquired)</li> <li>Rheumatic disease or Inflammatory Bowel Disorder (e.g UC, Crohns)</li> <li>Acutely bed or chair bound</li> </ul> </li> <li>LOS &gt; 48 hrs. with at least one <b>Intermediate</b> VTE Risk factor(s) plus decrease in ambulation from baseline OR</li> <li>LOS &gt; 48 hrs &amp; multiple <b>Intermediate</b> VTE Risk factors</li> <li>Most general, thoracic, gynecologic, urologic, and some orthopedic surgeries (not TKA or THA-see above) (&gt; 24 hrs LOS)</li> </ul>
<input type="radio"/>	Low Risk	<ul style="list-style-type: none"> <li>Observation status expected stay &lt; 48 hours</li> <li>Minor Surgery</li> <li>Ambulatory Cancer Patients admitted for short chemotherapy induction</li> <li>Patients already on therapeutic anticoagulation or VTE Prophylaxis</li> </ul>

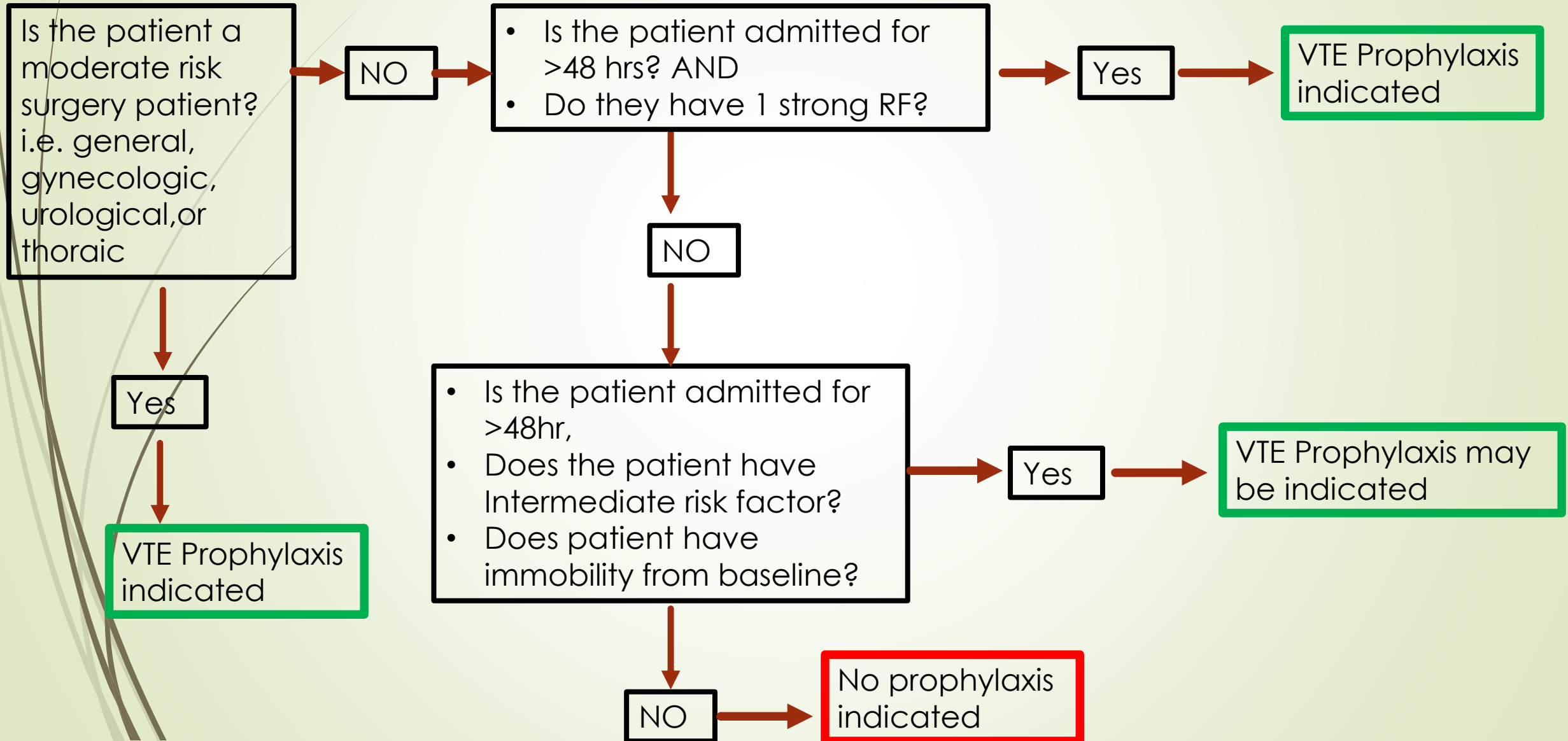
**Orders for Moderate Risk Patients**

Please select a Pharmacologic Prophylaxis order. Done

MEDICAL PTS

SURGICAL PTS

# Moderate Risk Bucket Algorithm







# Approach to Surgical Patients

## ► **First Consider Procedure**

1. Duration (greater than 45 minutes)
2. Position
3. Area
4. Cancer
5. ? emergency

## ► **Second consider Other Risk factors surrounding patients**

1. Strong VTE Risk Factors
2. Intermediate Risk Factor

# VTE Risk Factors

## 9 Strong Risk Factors

- Major Surgery in last 7 days
- Previous history of VTE
- Active infection on IV abx
- Thrombophilia (congenital or acquired)
- Rheumatic disease
- IBD
- Acute total immobility i.e. bedbound
- Active malignancy
- Postpartum

## Intermediate Risk Factors

- MI
- CHF
- Active infection
- COPD /Acute respiratory failure
- Severe dehydration
- Age greater than 65 y/o
- BMI>30
- Nephrotic syndrome
- Hormonal therapies
- CVL
- Previous CVA with paresis

## Equation #1

Strong VTE RISK FACTOR + >48 hrs. = VTE Prophylaxis.

- ▶ Major Surgery in last 7 days
- ▶ Previous history of VTE
- ▶ Active infection on IV abx
- ▶ Thrombophilia (congenital or acquired)
- ▶ Rheumatic disease
- ▶ IBD
- ▶ Acute total immobility i.e. bedbound
- ▶ Active malignancy
- ▶ Postpartum

## Equation #2

Intermediate Risk Factors + > 48 hrs. + immobility  
from baseline = VTE Prophylaxis

- ▶ MI
- ▶ Acute COPD/Acute respiratory Failure
- ▶ CHF
- ▶ Active infection
- ▶ Severe dehydration
- ▶ Age greater than 65 y/o
- ▶ BMI>30
- ▶ Nephrotic syndrome
- ▶ Hormonal therapies
- ▶ CVL
- ▶ Previous CVA with paresis



# CASE 2

65 y/o male with PMHx CAD with CABG and chronic grade I diastolic CHF is transferred from outside hospital after 3 days on IV Zosyn for cholecystitis being evaluated for laparoscopic cholecystectomy.

Admission orders for VTE prophylaxis should include the following:

- A) SCDS
- B) Enoxaparin
- C) Combination of SCDS + LMWH
- D) Ambulate when tolerated



## CASE 2

65 y/o male with PmHx CAD with CABG and chronic grade I diastolic CHF is transferred from outside hospital after 3 days on IV Zosyn for laparoscopic cholecystectomy.

Admission orders for VTE prophylaxis should include the following:

- A) SCDS
- B) Enoxaparin
- C) Combination of SCDS + Enoxaparin
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# CASE 2

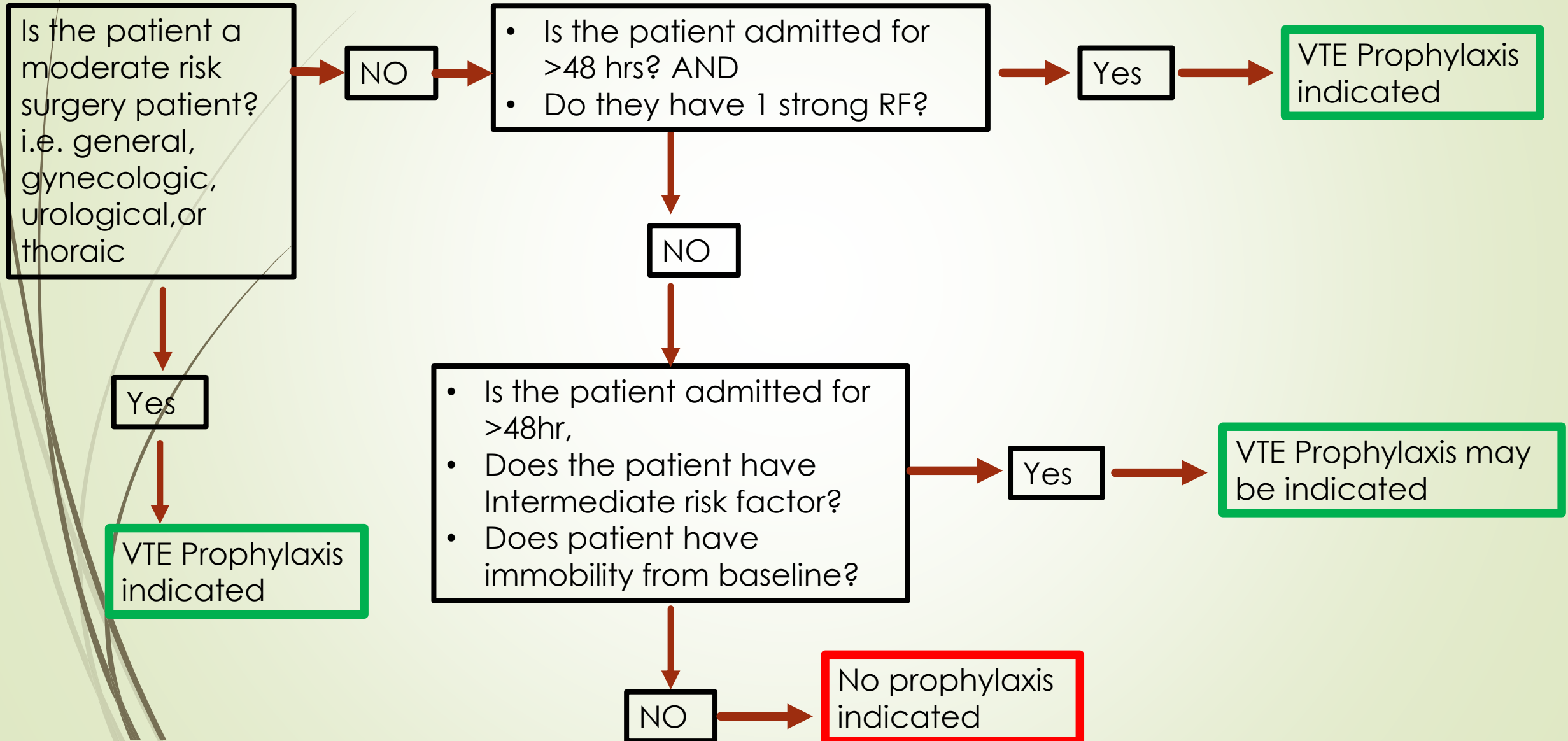
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# Moderate Risk Bucket Algorithm



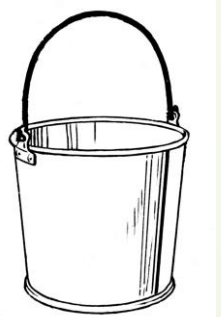
# Three Bucket Model



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Pharmacologic Prophylaxis plus IPC



Moderate



Pharmacologic Prophylaxis or IPC if  
contraindication exists



NO Prophylaxis



Low



No prophylaxis; Ambulate & Reassess



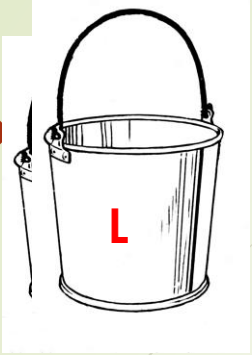
# Minor Surgery

(e.g. laparoscopic surgery <30 min, hernia repair, mastectomy, appendectomy, ~~mastectomy~~, TURP)

○

Low Risk


- Observation status expected stay <48 hours
- Minor Surgery ⚠
- Ambulatory Cancer Patients admitted for short chemotherapy induction
- Patients already on therapeutic anticoagulation or VTE Prophylaxis



## Lowest Risk : Obs/minor Sx/ Already on anticoagulated for other reasons

1. Minor Surgery (<30 min)
2. Laparoscopic surgery e.g. cholecystectomy, appendectomy
3. Already on anticoagulated (e.g afib)
4. Cancer patients for chemo induction or infusions
5. Observation Patients (<48 hours)

- Dynamic Process
- Consider how likely they will stay in observation
- Consider their VTE strong risk Factors



# LOW RISK Nonorthopedic Surgery

## VTE RISK = 1.5%

► Low Risk (Caprini=1-2; Plastic/Reconstruction Caprini 3-4)

### 1. Minor elective abdominal-pelvic Surgery

- Appendectomy
- Laparoscopic cholecystectomy
- Minor thoracic surgery (diagnostic thorascopy)
- Vein ablation
- Elective spine surgery (e.g. spinal fusion)



# CASE 3

65 y/o male with PMHx CAD with CABG and chronic grade I diastolic CHF presents for laparoscopic cholecystectomy

Admission orders for VTE prophylaxis should include the following:

- A) SCDS
- B) Enoxaparin
- C) Combination of SCDS + Enoxaparin
- D) Ambulate when tolerated





# CASE 3

65 y/o male with PmHx CAD with CABG and chronic grade I diastolic CHF presents for anticipated uncomplicated laparoscopic cholecystectomy ; discharge is at <48 hours

Admission orders for VTE prophylaxis should include the following:

- A) SCDS
- B) Enoxaparin
- C) Combination of SCDS + Enoxaparin
- D) Ambulate when tolerated



# CASE 3

65 y/o male with PMHx CAD with CABG and chronic grade I diastolic CHF presents for uncomplicated laparoscopic cholecystectomy

Admission orders for VTE prophylaxis should include the following:

- A) SCDS
- B) Enoxaparin
- C) Combination of SCDS + Enoxaparin
- D) Ambulate when tolerated

# Guidelines on Low Risk Surgery

- **ACCP** 2012 for Low Risk Nonorthopedic surgery VTE Prevention is mechanical prophylaxis
- **SAGES** (Society of American Gastrointestinal and Endoscopic Surgeons) 2018 Recommendations:

“A meta-analysis on laparoscopic cholecystectomy indicated that routine use of VTE chemoprophylaxis was likely to be unnecessary and suggested considering its use only in higher risk patients based on risk stratification ”

Rondelli F, Manina G, Agnelli G, Becattini C. [Venous thromboembolism after laparoscopic cholecystectomy: clinical burden and prevention.](#) Surg Endosc. 2013;27(6):1860-4.

- **ASH** “Draft” Surgical VTE Prophylaxis Guidelines



ASH Draft Recommendations for VTE Prevention in Surgical Hospitalized Patients

**Question 19:** Should pharmacological prophylaxis vs. no pharmacological prophylaxis be used for patients undergoing laparoscopic cholecystectomy?

The ASH guideline panel suggests **against** pharmacological prophylaxis over no prophylaxis in patients undergoing laparoscopic cholecystectomy (conditional recommendation based on low certainty of the evidence about effects)

More Cases! Yes.....





## Case 4.2

Consulted on 45 y/o female with BMI 30 no PMhx other than diabetes with severe abdominal pain with abdominal mass anticipating laparoscopic hysterectomy .

Intraoperatively pathology preliminary read is adenocarcinoma of uterus. She had complication of intraoperative bleeding with some hypotension and ultimately underwent open TAHBSO. Bleeding vessel was clipped and hemostasis was achieved with resulting hemoglobin 10. and creatinine is 1.5 (CrCL>50)

Your team gets blood sugars and pain under control and is asked to make VTE recommendations

- A. IPC
- B. UFH + IPC
- C. Fondaparinux
- D. Enoxaparin + IPC
- E. Enoxaparin + IPC/GCS with plans for Extended Prophylaxis after discharge x4 weeks
- F. Enoxaparin + IPC/GCS in hospital with plans for Extended Prophylaxis with Apixiban on discharge



## Case 4.2

Consulted on 45 y/o female with BMI 30, no PMHx other than diabetes with severe abdominal pain with abdominal mass anticipating laparoscopic hysterectomy.

Intraoperatively pathology preliminary read is adenocarcinoma of uterus. She had complication of intraoperative bleeding with some hypotension and ultimately underwent open TAHBSO. Bleeding vessel was clipped and hemostasis was achieved with resulting hemoglobin 10. and creatinine is 1.5 (CrCL>50)

Your team gets blood sugars and pain under control and is asked to make VTE recommendations

- A. IPC
- B. UFH + IPC
- C. Fondaparinux
- D. Enoxaparin + IPC
- E. Enoxaparin + IPC/GCS with plans for Extended Prophylaxis after discharge x4 weeks
- F. Enoxaparin + IPC/GCS in hospital with plans for Extended Prophylaxis with Apixiban on discharge



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- F. Enoxaparin + IPC/GCS in hospital with plans for Extended Prophylaxis with Apixaban on discharge

# Extended Prophylaxis in Surgical Cases



OFFICIAL PUBLICATION OF THE AMERICAN COLLEGE OF CHEST PHYSICIANS



	Cancer surgery	LMWH for 4 wk
Orthopedic	Hip or knee arthroplasty <sup>d</sup>	IPC + LMWH, LDUH, aspirin, NOAC, fondaparinux, warfarin, or IPC alone if high bleeding risk; continue for 10-35 d
	Hip fracture repair <sup>d</sup>	IPC + LMWH, LDUH, warfarin, fondaparinux, or IPC alone if high bleeding risk; continue for 10-35 d
	Isolated lower leg fracture repairs	None
	Knee arthroscopy with no previous VTE	Early ambulation

For patients without increased bleeding risk, extended duration of postoperative prophylaxis for up to 35 days is recommended over shorter-duration prophylaxis of 10 to 14 days, which is the minimum recommended duration of pharmacologic VTE prophylaxis in orthopedic surgery.

# Case 4.2



Consulted on 45 y/o female with BMI 30 no PMhx other than Diabetes with severe abdominal pain with abdominal mass anticipating laparoscopic hysterectomy .

Intraoperatively path preliminary read is adenocarcinoma of uterus. She had complication of intraoperative bleeding with some hypotension and ultimately underwent open TAHBSO. Bleeding vessel was clipped and hemostasis was achieved with resulting hemoglobin 10. and creatinine is 1.5 (CrCL>50)

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- B. UFH + IPC
- C. Fondaparinux
- D. Enoxaparin + IPC
- E. Enoxaparin + IPC/GCS with plans for Extended Prophylaxis with Enoxaparin after discharge x4 weeks
- F. Enoxaparin + IPC/GCS in hospital with plans for Extended Prophylaxis with DOAC on discharge

# Apixaban to Prevent Venous Thromboembolism in Patients with Cancer

Marc Carrier, M.D., Karim Abou-Nassar, M.D., Ranjeeta Mallick, Ph.D., Vicky Tagalakis, M.D., Sudeep Shivakumar, M.D., Aria Schattner, M.D., Philip Kuruvilla, M.D., Danny Hill, M.D., Silvana Spadafora, M.D., Katerine Marquis, M.D., Mateya Trinkaus, M.D., Anna Tomiak, M.D., *et al.*, for the AVERT Investigators\*

February 21, 2019

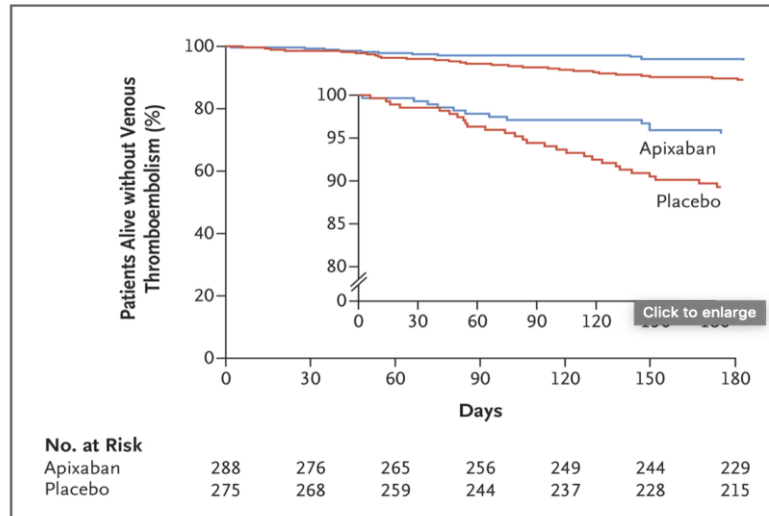
N Engl J Med 2019; 380:711-719

DOI: 10.1056/NEJMoa1814468

Chinese Translation 中文翻译

## Apixaban for Thromboprophylaxis in Cancer

Published Feb 20, 2019 - Written by Carla Rothaus



- Advanced cancer with lymphoma, pancreas, and gynecologic cancers
- Few colorectal and prostate



# Case 5

65 y/o male admitted for CHF exacerbation and has been in ED overflow for 8 hours. PMhx significant for acute on chronic systolic dysfunction with ICM 40% . Repeat echo-pending. Other PMhx: DM, HTN,HLP, BMI >30. Your therapies include Lasix and is having a nice response. Oxygenation improved to 94% on RA and urine output is @ 1 Liter so far on Lasix .

1. Enoxaparin
2. UFH
3. Fondaparinux
4. SCDS only
5. Ambulate and Reassess





# Case 5

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3. Fondaparinux
4. SCDS only
5. Ambulate and Reassess



# Case 6

- ▶ 65 y/o female with insulin dependent diabetes, HTN, and COPD admitted with UTI with septic shock with BP 70/50 . Overnight she was started on CRRT due to anuria, pressors, and IV antibiotics

Appropriate VTE prophylaxis includes

- A. Enoxaparin with IPC
- B. Fondaparinux with GCS
- C. Unfractionated heparin with IPC
- D. Unfractionated heparin

# Case 6

- ▶ 65 y/o female with insulin dependent diabetes, HTN, and COPD admitted with UTI with septic shock with BP 70/50. Overnight she was started on CRRT due to anuria, pressors, and IV antibiotics

Appropriate VTE prophylaxis includes

- A. Enoxaparin with IPC
- B. Fondaparinux with GCS
- C. Unfractionated heparin with IPC
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# Case 6

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Appropriate VTE prophylaxis includes

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- B. Fondaparinux with GCS
- C. Unfractionated heparin with IPC.
- D. Enoxaparin
- E. Unfractionated heparin



# Banner Summary 2018 VTE Data

Facility & Year	Total Inpatient VTE (rate/1000 admits)	Total 30-day Readmit (rate/1000 admits)	Total VTE events (rate/1000 admits)
Univ. of Calif 2011-2014 Five academic centers			546/79565 (9.0→6.9)
Dignity Hospital (35 Community hospital system) 2011-2014	517 (1.84)	639 (2.28)	1584-→1156/280725 (5.25→4.12)
Banner System wide-2018	732/187152(2.44)	730/116802 (4.03)	1462/187152 (8.18)



# Review of Learning Points

- ▶ Know how to navigate Cerner VTE Prevention Order-set
- ▶ Know how to navigate moderate risk patients and decipher who needs VTE prophylaxis and who does not
- ▶ Know 9 Strong VTE Risk factors
- ▶ Be familiar with Intermediate Risk Factors
- ▶ Know what populations of surgical patients need extended prophylaxis
- ▶ Be aware of possible future role for DOACS in VTE Prevention for Cancer patients
- ▶ Think outside the box and document



Park City, Utah 2019

The End.

