

ESOPHAGEAL & GASTRIC CANCER

Madappa N. Kundranda. MD. PhD.

Director, Gastrointestinal Oncology Program

March 14th 2017



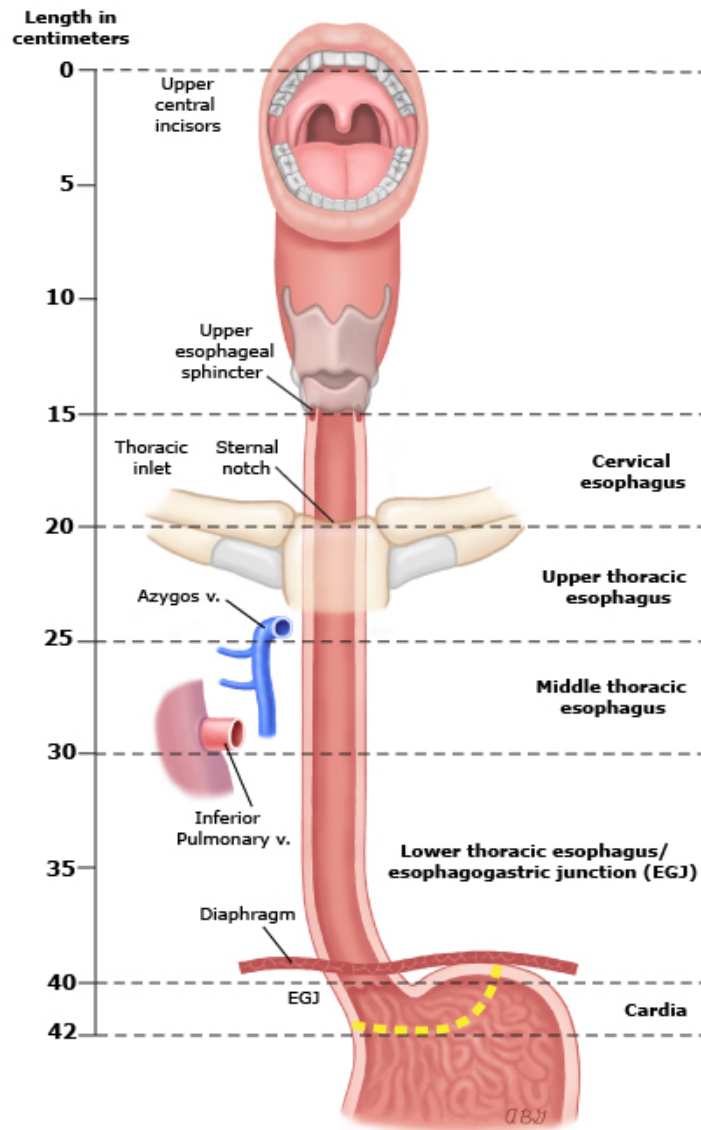
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Cancer Center
Changing Cancer History®

DISCLOSURES

- No Relevant Financial Disclosures
- Will Discuss Investigational Techniques/Off Label use

Objectives

- Understand the pathophysiology of esophageal and gastric cancer
- Evaluate common presentations of esophageal and gastric cancer
- Management of esophageal and gastric cancer



Epidemiology

- **1960s:**
 - Squamous cell carcinoma (SCC) >90%
- **2000's:**
 - Adenocarcinoma >60 (US)
- **Worldwide:** SCC still predominates

Risk Factors

- **SCC:**
 - Smoking
 - Alcohol
- **Adenocarcinomas:**
 - Barrett's esophagus with specialized intestinal metaplasia (GERD)
 - Obesity
 - Smoking
 - GERD

Clinical Vignette

- 75 yo male with h/o **smoking and ETOH** use presents with **progressive** dysphagia and odynophagia.

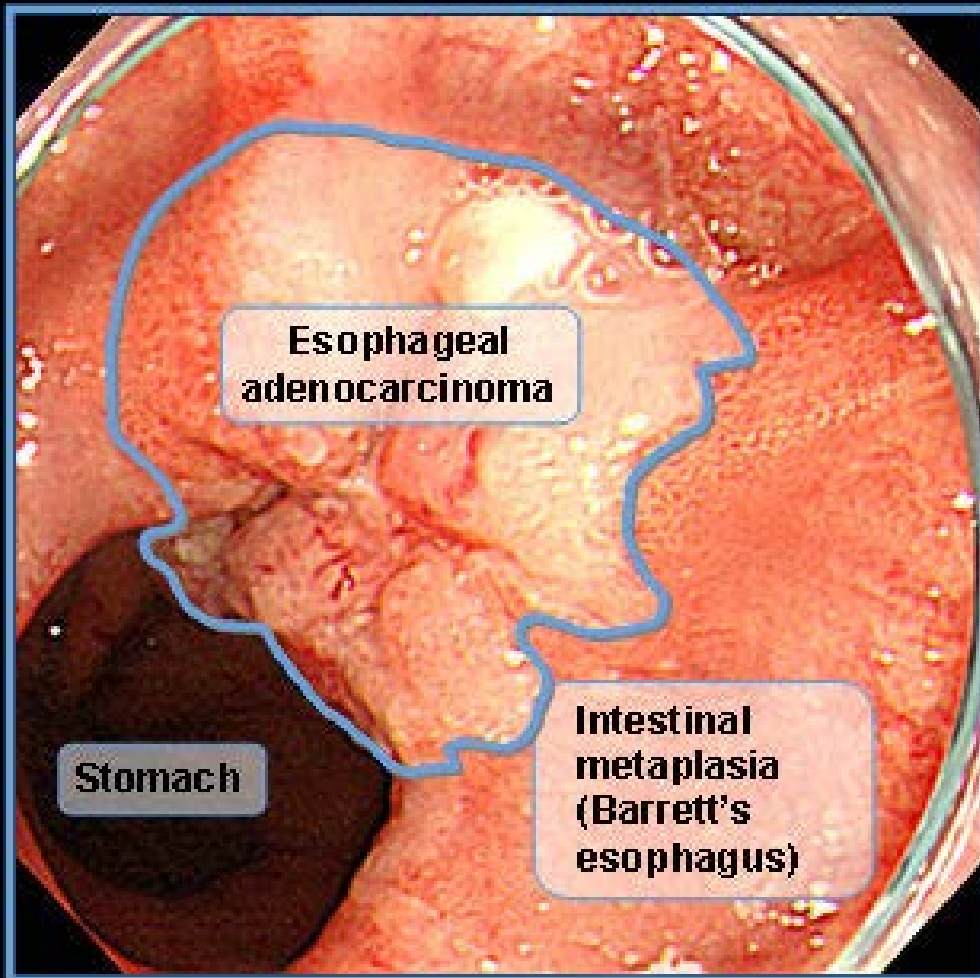
Next step?

EUS

EGD

Cross sectional imaging

Surgery



Clinical Vignette (cont..)

- 75 yo male with h/o smoking and ETOH use presents with progressive dysphagia and odynophagia. EGD demonstrates a 4 cm **partially obstructing tumor at the GEJ**. Bx: moderately differentiated **adenocarcinoma**

Next step?

EUS

Her2Neu testing

Cross sectional imaging

Surgery

Clinical Vignette (cont..)

EUS demonstrates a **T3 lesion** and PET/CT shows uptake in the **2 para esophageal** lymphnodes and no evidence of metastatic disease.

Next step?

Her2Neu testing

Neoadjuvant chemoradiation

Surgery

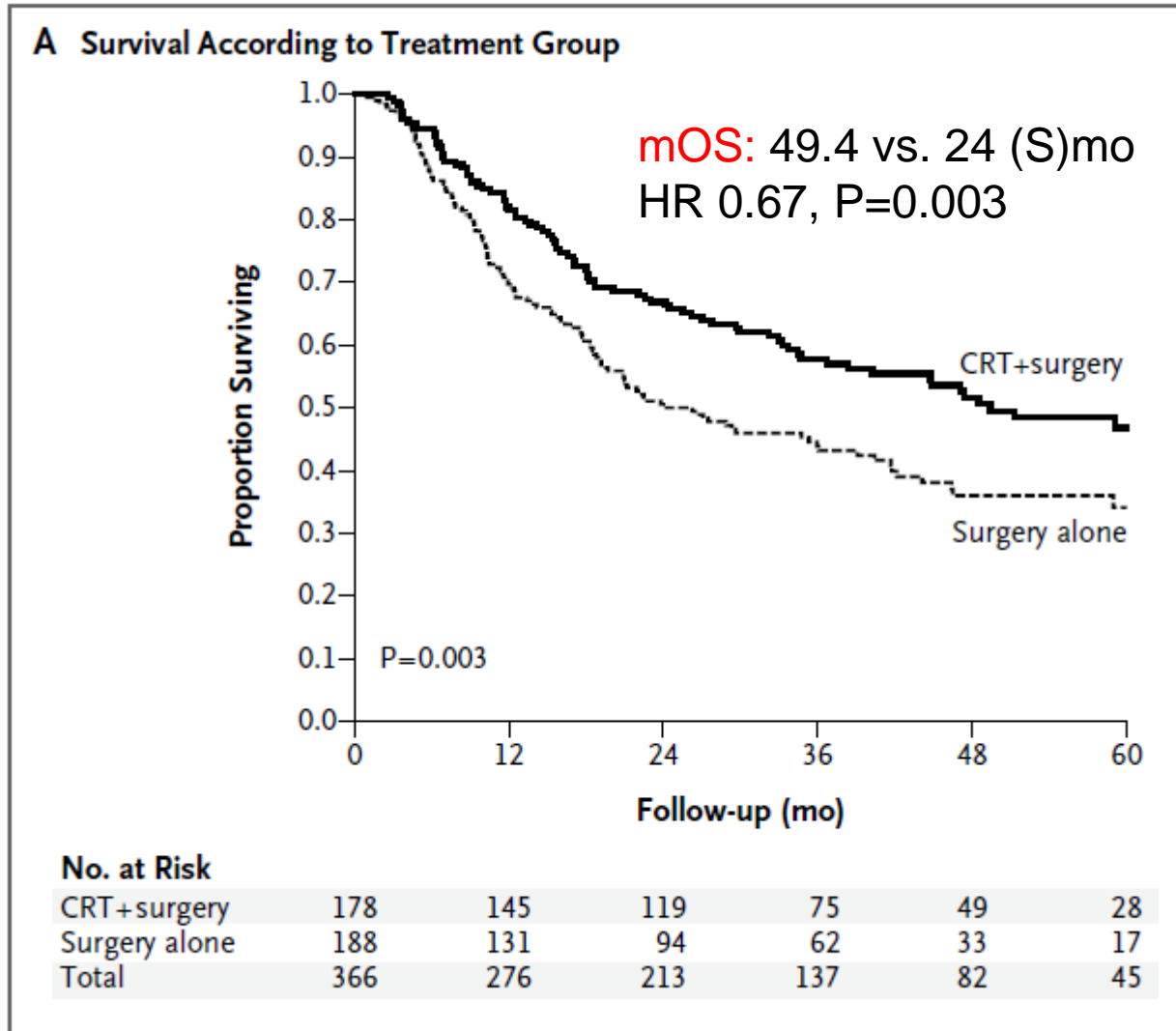
Adenocarcinoma carcinoma

Stage	T	N	M
0	Tis (HGD)	N0	M0
IA	T1	N0	M0
IB	T1	N0	M0
	T2	N0	M0
IIA	T2	N0	M0
IIB	T3	N0	M0
	T1-2	N1	M0
IIIA	T1-2	N2	M0
	T3	N1	M0
	T4a	N0	M0
IIIB	T3	N2	M0
IIIC	T4a	N1-2	M0
	T4b	Any	M0
	Any	N3	M0
IV	Any	Any	M1

Squamous cell carcinoma[◇]

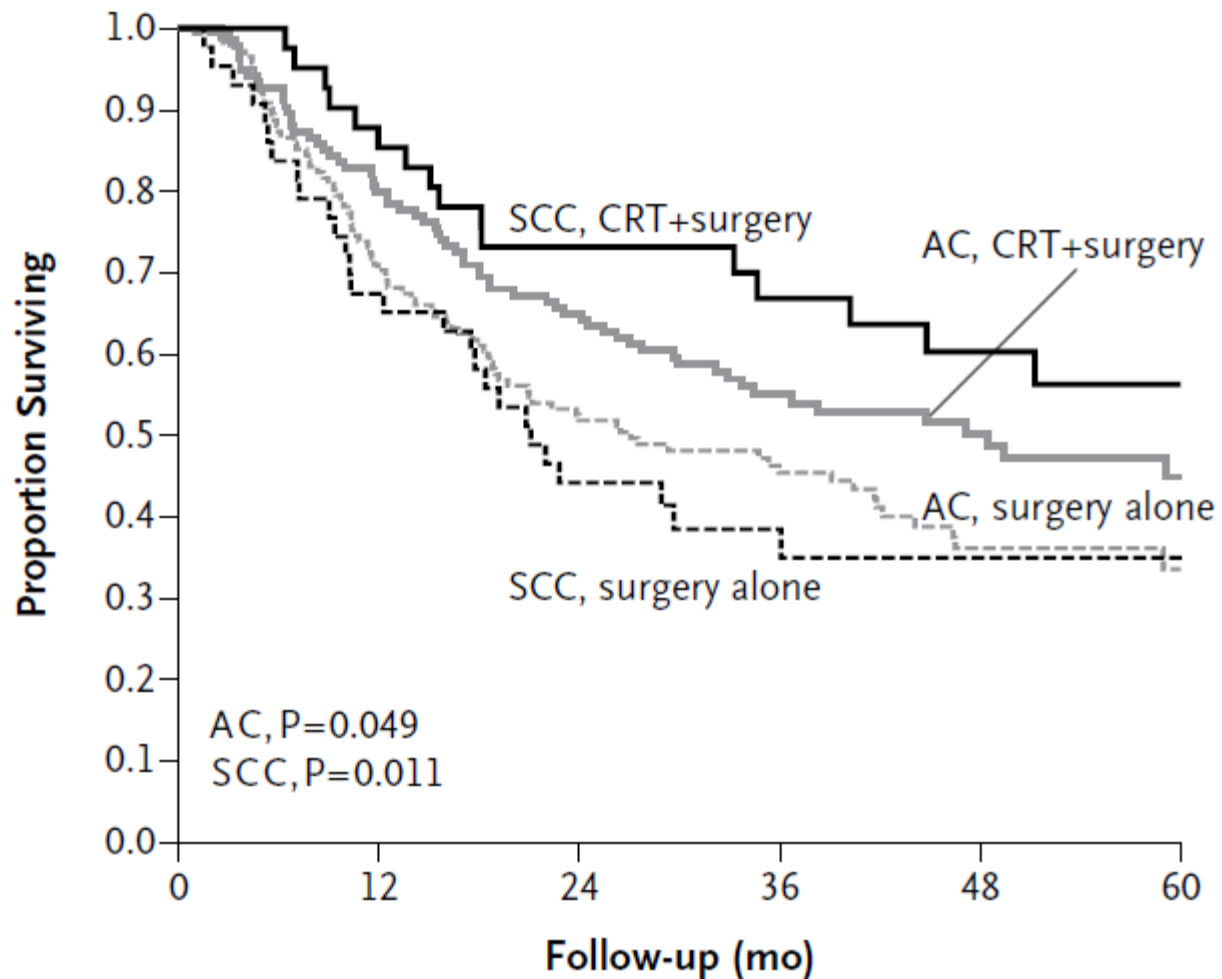
Stage	T	N	M	Grade	Tumor location ⁵
0	Tis (HGD)	N0	M0	1, X	Any
IA	T1	N0	M0	1, X	Any
IB	T1	N0	M0	2-3	Any
	T2-3	N0	M0	1, X	Lower, X
IIA	T2-3	N0	M0	1, X	Upper, middle
	T2-3	N0	M0	2-3	Lower, X
IIB	T2-3	N0	M0	2-3	Upper, middle
	T1-2	N1	M0	Any	Any
IIIA	T1-2	N2	M0	Any	Any
	T3	N1	M0	Any	Any
	T4a	N0	M0	Any	Any
IIIB	T3	N2	M0	Any	Any
IIIC	T4a	N1-2	M0	Any	Any
	T4b	Any	M0	Any	Any
	Any	N3	M0	Any	Any
IV	Any	Any	M1	Any	Any

Preoperative Chemoradiotherapy for Esophageal or Junctional Cancer - **CROSS TRIAL**



Van Hagen et al; N Engl J Med 2012;366:2074-84

B Survival According to Tumor Type and Treatment Group

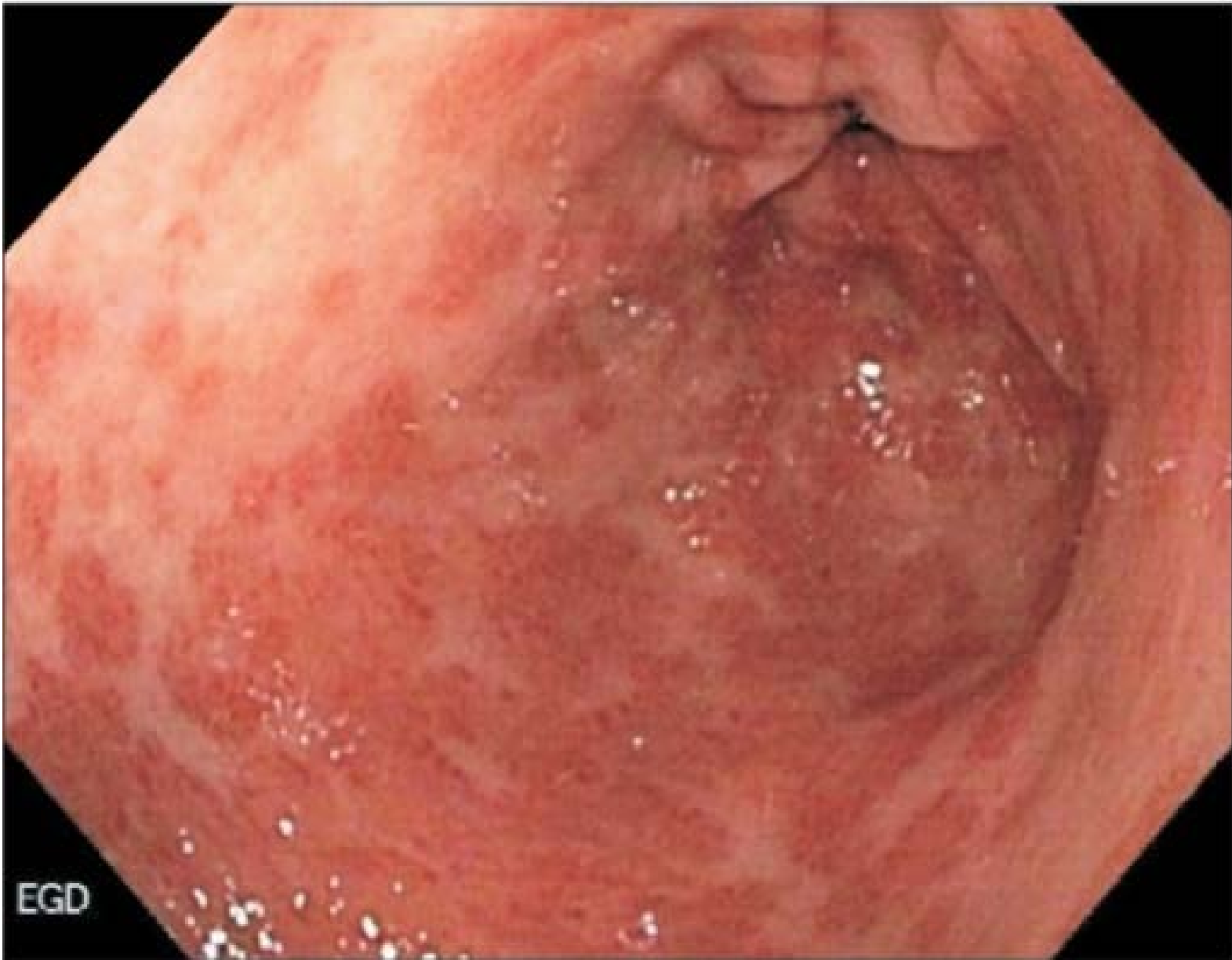


No. at Risk

AC, CRT+surgery	134	107	87	53	34	18
AC, surgery alone	141	99	73	50	25	10
SCC, CRT+surgery	41	35	30	21	15	8
SCC, surgery alone	43	29	19	11	8	4
Total	359	270	209	135	82	40

Management

- Early stage: ESD/EMR (T1a)
- T2N0: Esophagectomy
- Node positive/advanced: Chemo RT – Sx
- Metastatic: Palliative chemotherapy
 - Fluoropyrimidine plus platinum
 - Her2Neu testing



EGD

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History

Epidemiology

- Risk factors
 - H.Pylori
 - Refrigeration
 - Geographic variation
 - Migration patterns

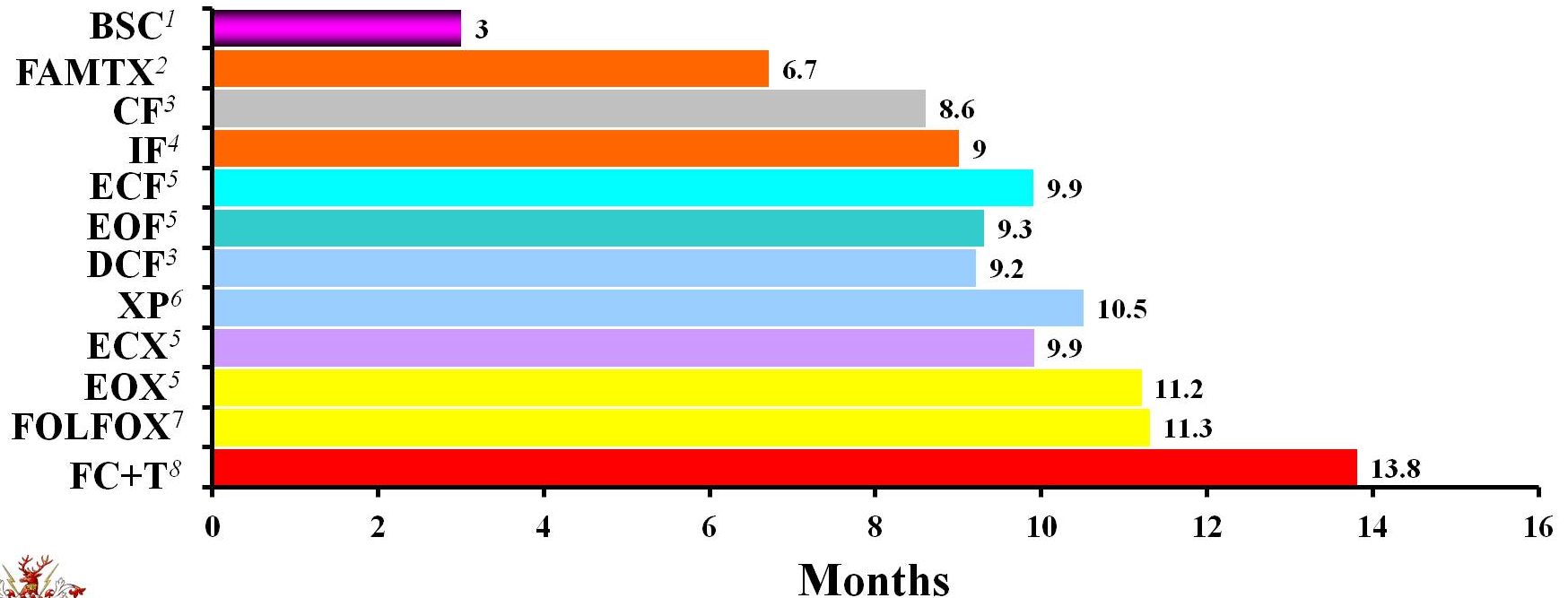
Histology

- **Intestinal** gastric cancer is more common in males and older age groups. It is more prevalent in high-risk areas and is likely linked to environmental factors
- **Diffuse or infiltrative** type, is equally frequent in both sexes, is more common in younger age groups, and has a worse prognosis than the intestinal type

Clinical Vignette

- 48 yo male with abdominal discomfort eval by endoscopy noted to have a **distal stomach mass**; poorly differentiated adenocarcinoma. EUS and imaging dem **T3N1** disease with **no distant metastasis**.
- What is NOT a SOC option
 - Radiation and chemo followed by Sx
 - Gastrectomy followed by adj ChemoRT
 - Perioperative chemotherapy
 - Gastrectomy followed by chemotherapy

Overall survival with chemotherapy in advanced OG cancer



¹Murad et al. Cancer 1993; ²Vanhoefer et al. J Clin Oncol 2000; ³Van Cutsem et al. J Clin Oncol 2006; ⁴Dank et al. Ann Oncol 2008; ⁵Cunningham et al. N Engl J Med 2008; ⁶Kang et al. Ann Oncol 2009; ⁷Shah et al JAMA Oncol 2016; ⁸Bang et al. Lancet 2010



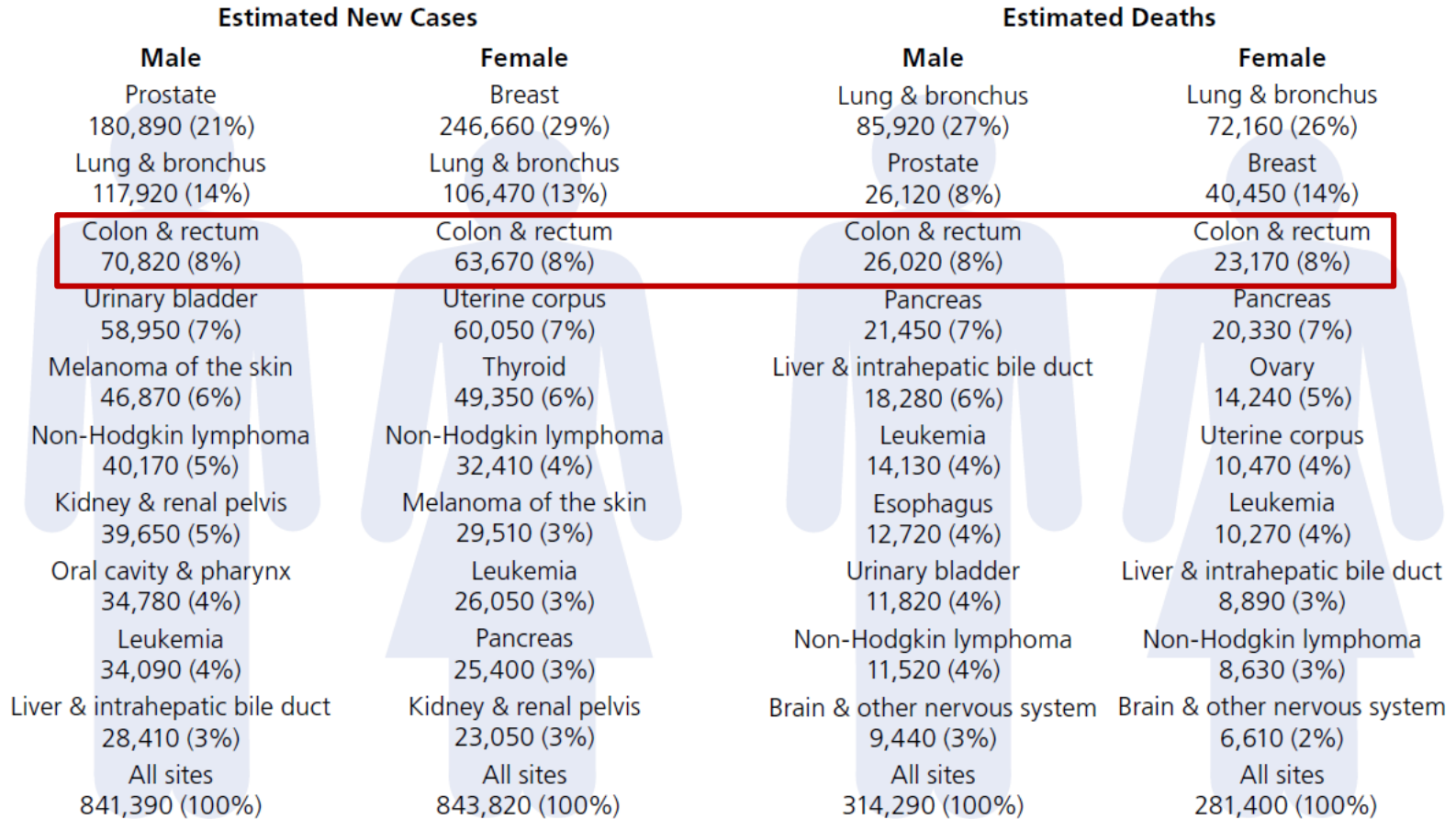
COLORECTAL CANCER

Objectives

- Understand the pathophysiology of CRC
- Evaluate common presentations of suspected CRC
- Management of CRC

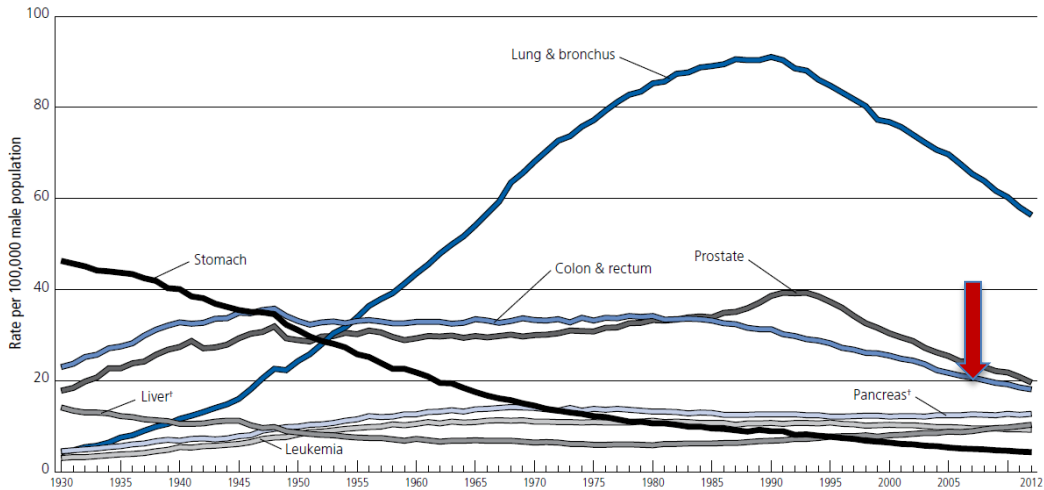
The Problem

Figure 3. Leading Sites of New Cancer Cases and Deaths – 2016 Estimates



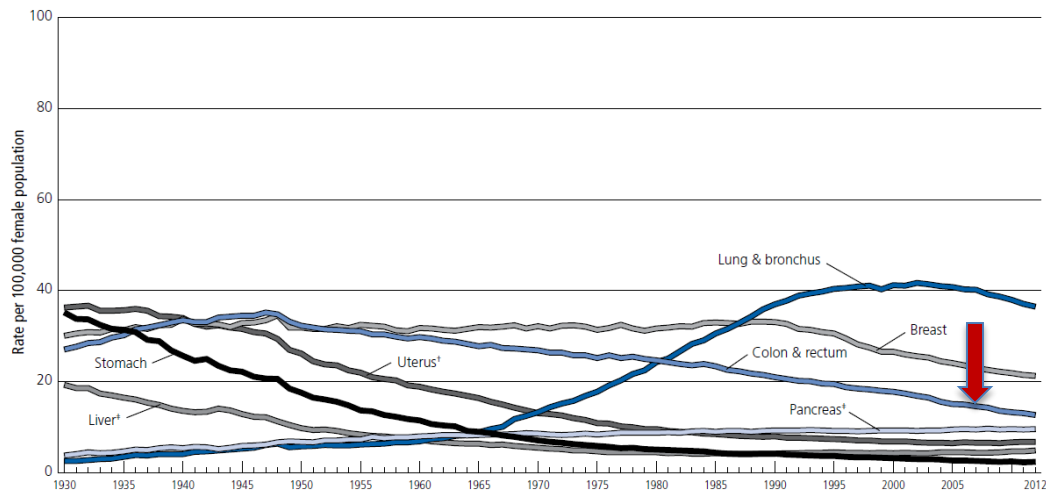
Estimates are rounded to the nearest 10, and cases exclude basal cell and squamous cell skin cancers and in situ carcinoma except urinary bladder.

Figure 1. Trends in Age-adjusted Cancer Death Rates* by Site, Males, US, 1930-2012



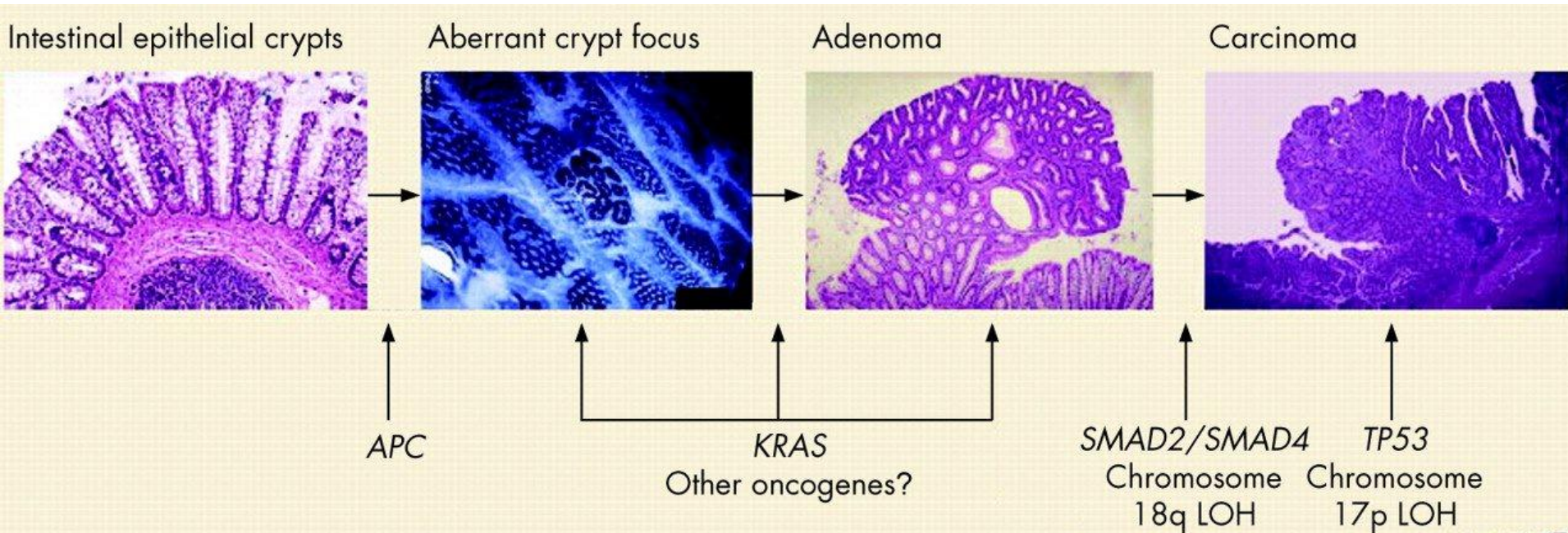
*Per 100,000, age adjusted to the 2000 US standard population. †Mortality rates for pancreatic and liver cancers are increasing.
 Note: Due to changes in ICD coding, numerator information has changed over time. Rates for cancers of the liver, lung and bronchus, and colon and rectum are affected by these coding changes.
 Source: US Mortality Volumes 1930 to 1959 and US Mortality Data 1960 to 2012, National Center for Health Statistics, Centers for Disease Control and Prevention.
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Figure 2. Trends in Age-adjusted Cancer Death Rates* by Site, Females, US, 1930-2012



*Per 100,000, age adjusted to the 2000 US standard population. †Uterus refers to uterine cervix and uterine corpus combined. ‡Mortality rates for pancreatic and liver cancers are increasing.
 Note: Due to changes in ICD coding, numerator information has changed over time. Rates for cancers of the liver, lung and bronchus, and colon and rectum are affected by these coding changes.
 Source: US Mortality Volumes 1930 to 1959, US Mortality Data 1960 to 2012, National Center for Health Statistics, Centers for Disease Control and Prevention.
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The 'Suspected' Cause - Pathogenesis



- **Chromosomal instability**

- **Microsatellite instability pathway**

- inactivation of DNA mismatch repair proteins

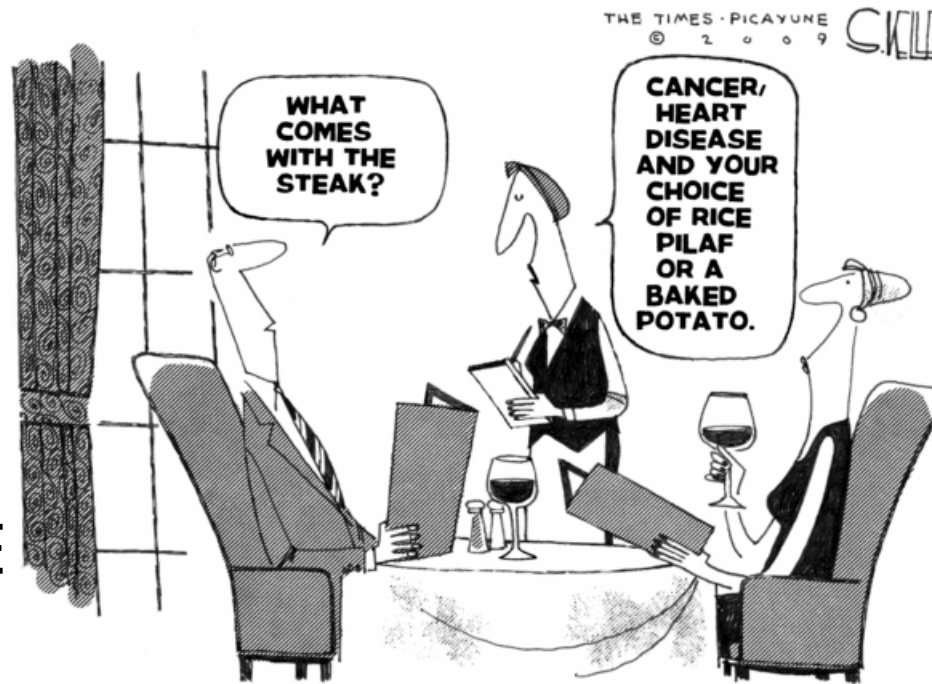
- **CpG island methylator pathway (CIMP)**

- underlies MSI associated with MLH1 hypermethylation

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Potential Risk Reduction Strategies

- Less Red



- Regular PE
- BMI
- Avoidance of ETOH
- 5-7 servings of fresh fruits and vegetables

NONE OF THESE HAVE SHOWN TO BE AS EFFECTIVE AS SCREENING

Staging

TNM staging for colorectal cancer, 7th edition

Primary tumor (T)	
TX	Primary tumor cannot be assessed
T0	No evidence of primary tumor
Tis	Carcinoma in situ: intraepithelial or invasion of lamina propria*
T1	Tumor invades submucosa
T2	Tumor invades muscularis propria
T3	Tumor invades through the muscularis propria into pericolorectal tissues
T4a	Tumor penetrates to the surface of the visceral peritoneum [†]
T4b	Tumor directly invades or is adherent to other organs or structures ^{†Δ}
Regional lymph node (N) [◇]	
NX	Regional lymph nodes cannot be assessed
N0	No regional lymph node metastasis
N1	Metastasis in 1-3 regional lymph nodes
N1a	Metastasis in one regional lymph node
N1b	Metastasis in 2-3 regional lymph nodes
N1c	Tumor deposit(s) in the subserosa, mesentery, or nonperitonealized pericolic or perirectal tissues without regional nodal metastasis
N2	Metastasis in four or more regional lymph nodes
N2a	Metastasis in 4-6 regional lymph nodes
N2b	Metastasis in seven or more regional lymph nodes
Distant metastasis (M)	
M0	No distant metastasis
M1	Distant metastasis
M1a	Metastasis confined to one organ or site (eg, liver, lung, ovary, nonregional node)
M1b	Metastases in more than one organ/site or the peritoneum

Clinical Vignette

- 45 yo female undergoes a **Rt hemicolectomy** for a **large T3 poorly differentiated tumor**. **0/35 LN**. Here to discuss adjuvant therapy:

Which statement is accurate

- RAS mutation Analysis can guide adjuvant therapy decision
- Stage II MSI high tumors have an excellent prognosis and don't req adjuvant Rx
- Most cases of MSI-H tumors occur as a manifestation of Lynch syndrome

Management

- Stage I: surgery alone
- Stage II:
 - low risk vs. high risk
 - Surgery +/- Adjuvant chemo
- Stage III: Surgery plus adjuvant chemotherapy
- Stage IV: Palliative Chemotherapy

Stage II

- High Risk:
 - T4 primary
 - Inadequately sampled lymph nodes (less than 13 in the surgical specimen)
 - Bowel obstruction or perforation
 - High-grade/poorly differentiated histology
 - Lymphovascular invasion (LVI)
 - Perineural invasion (PNI)
 - Close, indeterminate, or positive margins
 - High preoperative serum carcinoembryonic antigen (CEA) level

What about MSI and Stage II

- MSI-H:
 - **Hypermutable** that occurs due to a deficiency in the DNA MMR
 - DNA Replication with **accumulated errors**
 - Microsatellites aka repeated sequences of DNA
 - MSI can be
 - Sporadic-15%; due to hypermethylation of the MLH1 gene promoter
 - Genetic-Lynch syndrome; germline mutation in MLH1, MSH2, MSH6, PMS2

- MSI-H (IHC or PCR) portends to a **better prognosis** and don't respond to 5-FU based regimens*
- Popat et al[#] in a systematic review of 32 studies of CRC demonstrated that MSI-H pts derived **no benefit from adjuvant FU-containing** chemotherapy
- Sargent et al[^] demonstrated that MSI-H pts treated with chemotherapy was associated with a **reduced OS**

*Ribic CM, NEJM,2003; #Popat S, JCO,2005;^Sargent DJ, JCO 2010

Stage IV

- Palliative intent
- 5FU (or capecitabine) and Oxaliplatin
- 5FU (or capecitabine) and Irinotecan
- **YES**-BEVACIZUMAB, CETUXIMAB, PANITUMUMAB, ziv-AFLIBERCEPT, RAMUCIRUMAB
- **NO** Radiation

Adjuvant therapy

- 5FU (or capecitabine) and Oxaliplatin
- **NO BEVACIZUMAB, CETUXIMAB, PANITUMUMAB, ziv-AFLIBERCEPT, RAMUCIRUMAB**
- **NO Radiation unless its rectal cancer**

What about CEA?

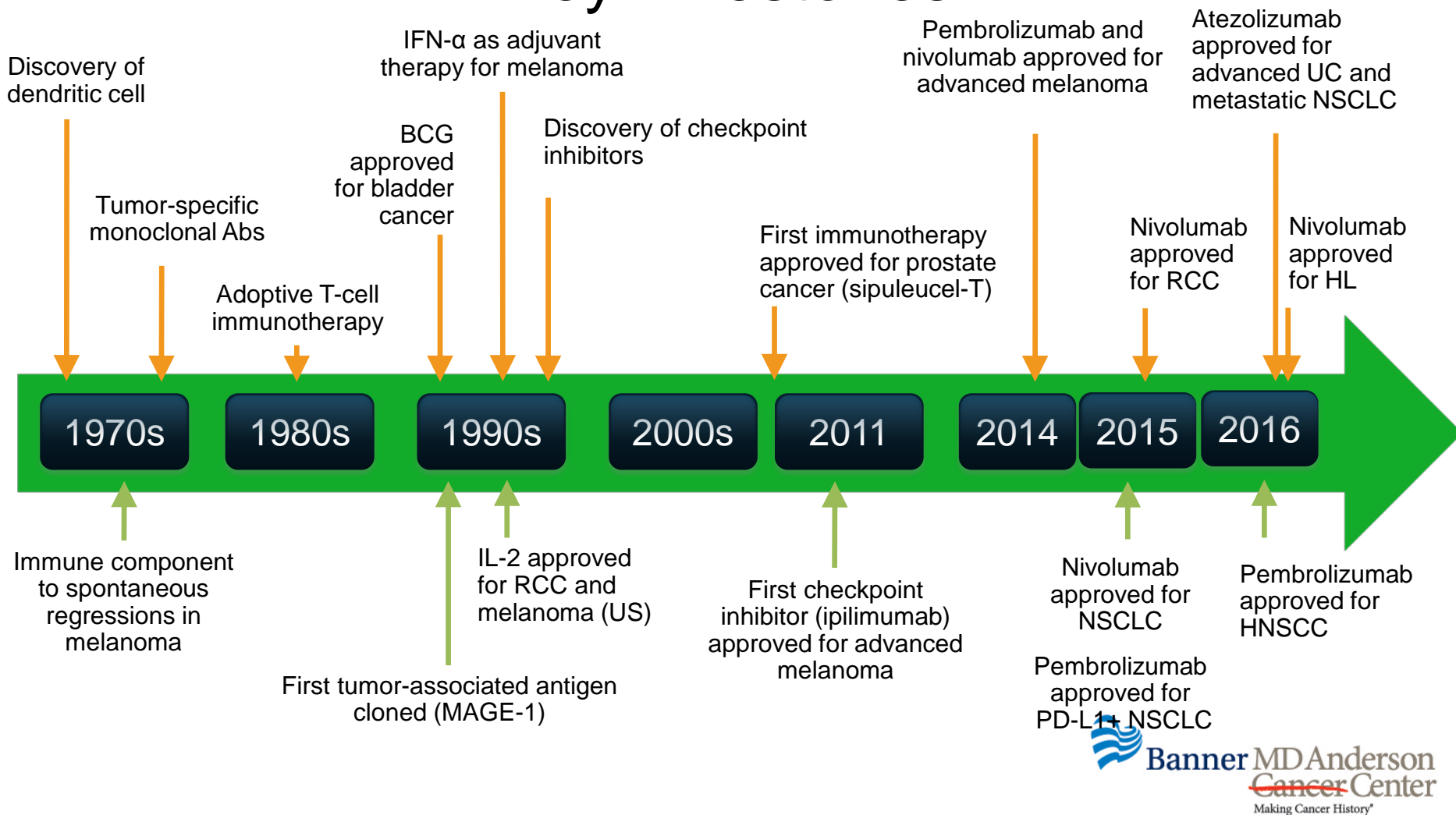
- Causes for elevated CEA in an individual without cancer
 - Biliary disease
 - Hepatic injury
 - Pulmonary infections
 - Smokers
 - Bowel disease

Newer biomarkers

- Holy grail of onco-monitoring
- Several modalities of testing incl:
 - Quantitatively or structurally-altered proteins
 - Cancer-associated autoantibodies
 - Cell-free nucleic acids (cfNAs)
 - Circulating tumor cells (CTCs)
 - Cancer derived extracellular vesicles (EVs)

IMMUNOTHERAPY IN ONCOLOGY

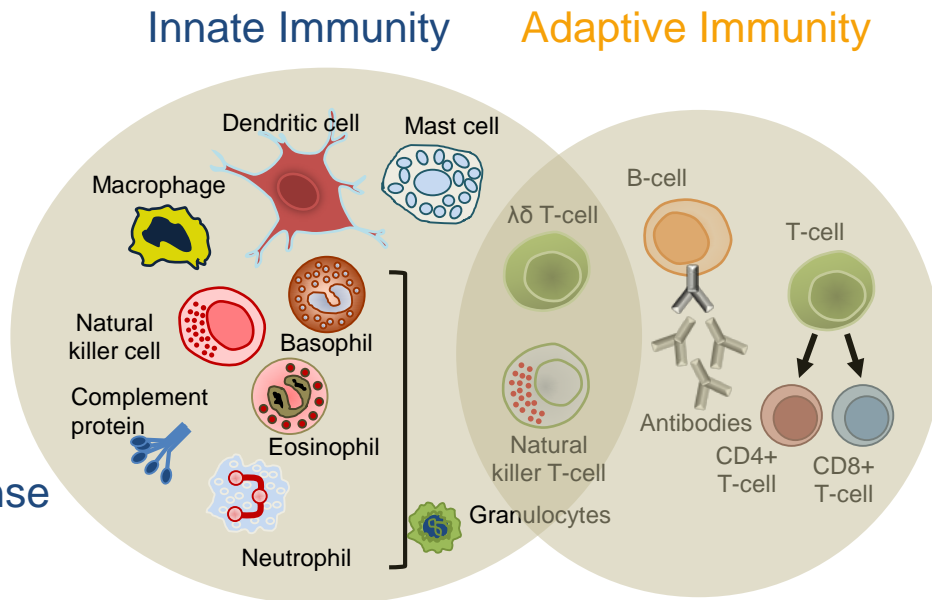
History of Cancer Immunotherapy: Key Milestones



Immune System Function and Immune Response

Identify and destroy foreign or abnormal cells in the body

- Nonspecific
- First line of defense
- WBCs (natural killer cells, neutrophils)
- Activation of adaptive response



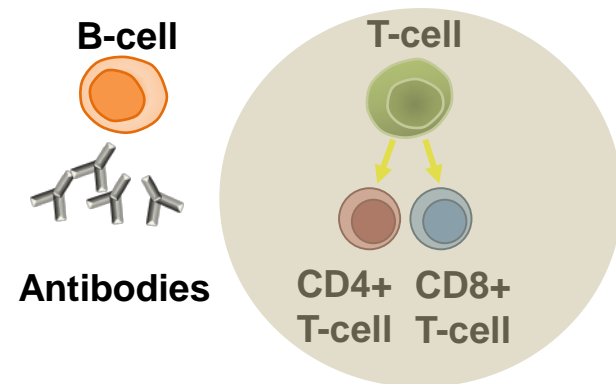
- Specific
- Adapts specifically to diverse stimuli
- B-cell antibody production
- T-cell stimulation
- Memory functions

Immune surveillance:

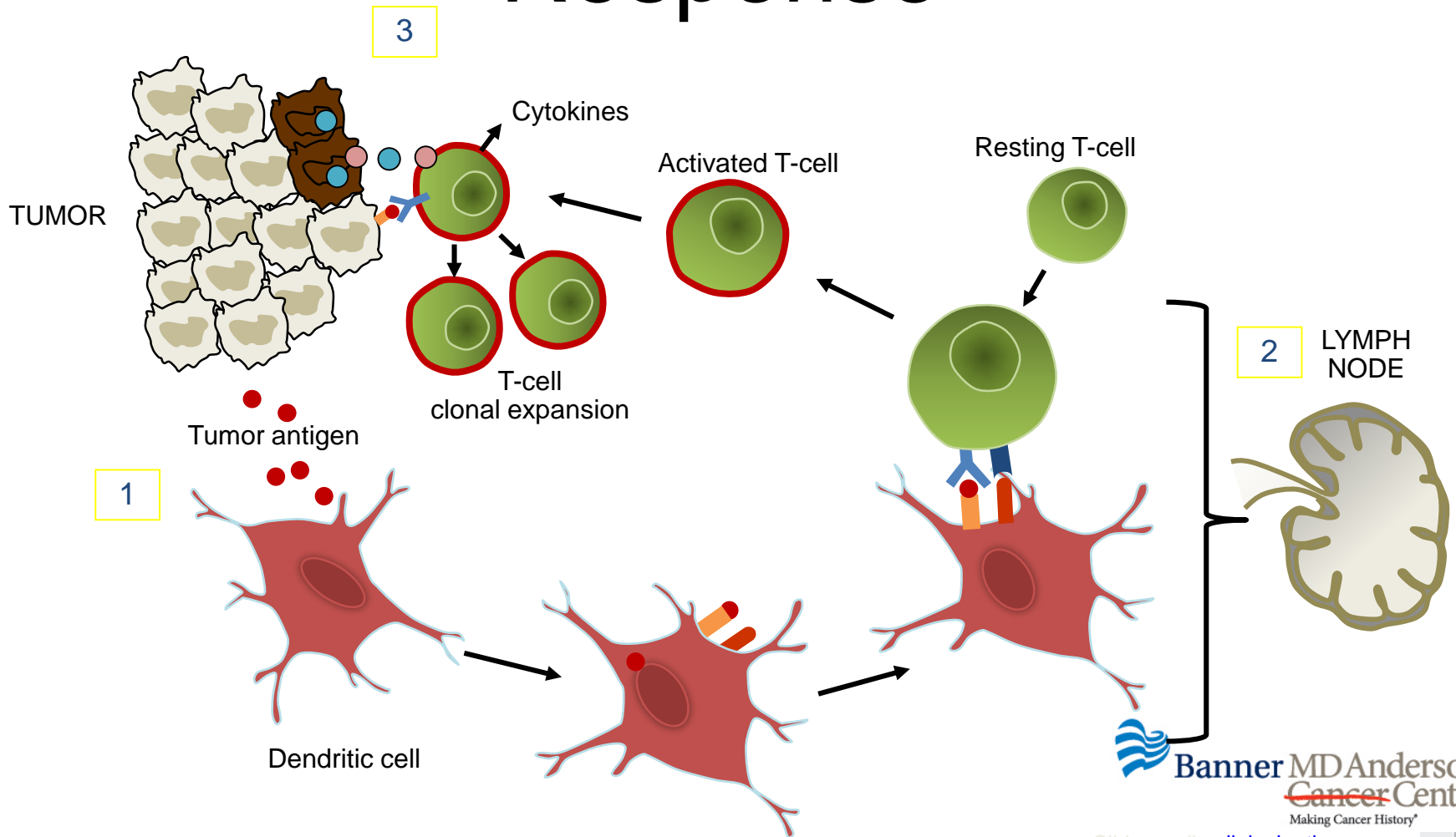
- Involves both innate and adaptive immune mechanisms
- Goal of immunotherapy for cancer: to “educate and liberate” underlying anticancer immune responses

Adaptive Immune System: T-Cells

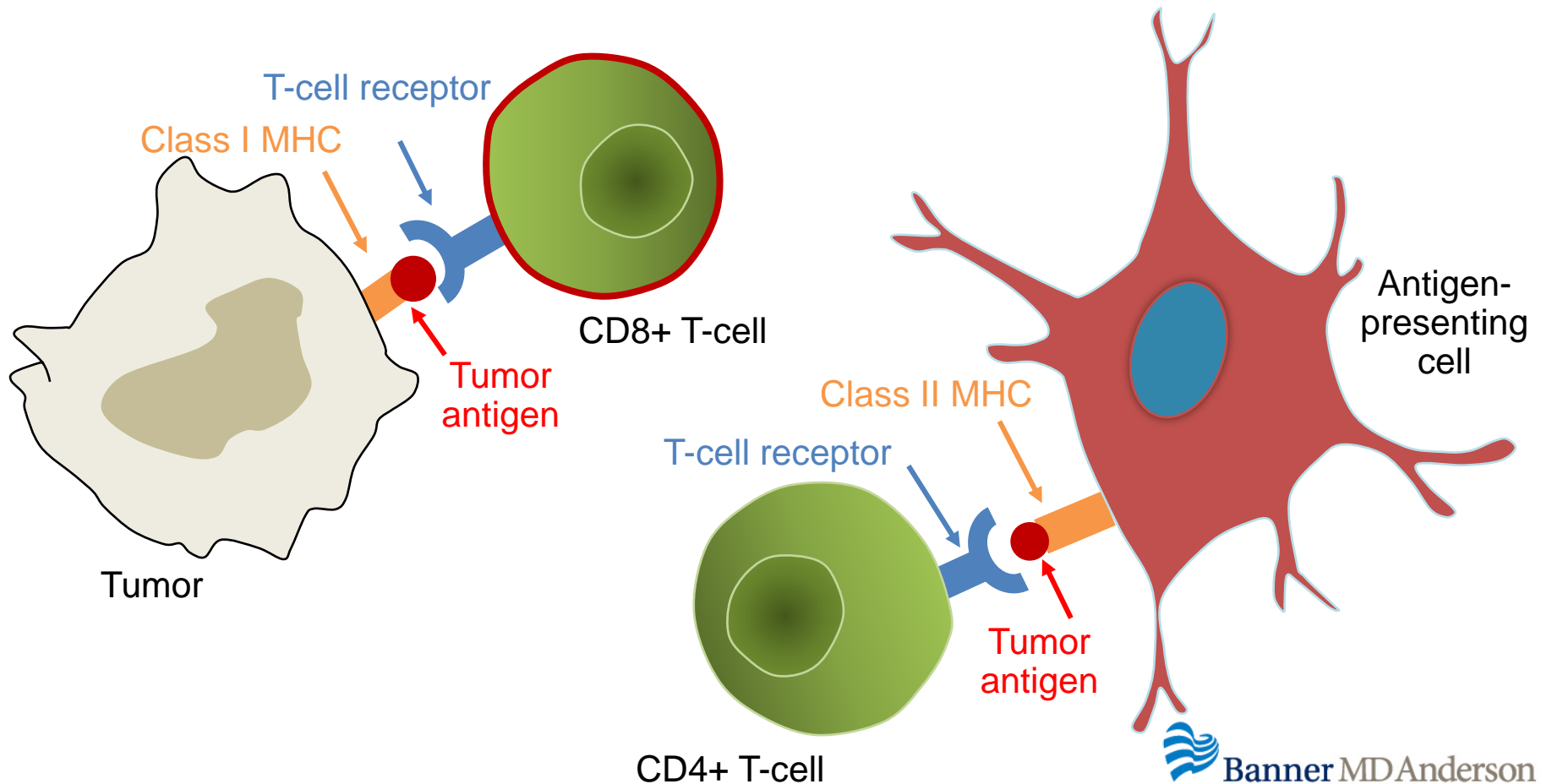
- 4 main types of T-cells
 - Helper T-cells (CD4+)
 - Cytotoxic T-cells (CD8+)
 - Suppressor T-cells (CD4+ Foxp3+ CD25+ Tregs)
 - Memory T-cells (CD4+ or CD8+ CCR7+ CD45RO)



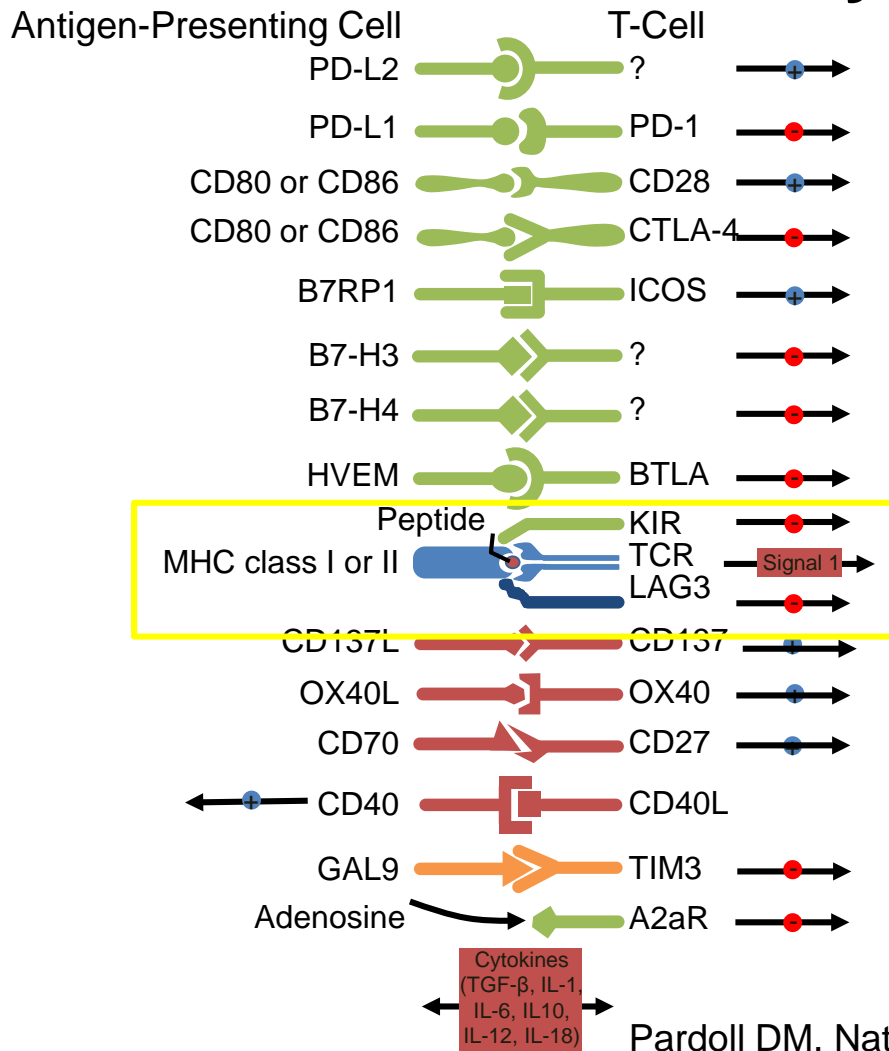
Tumor Specific Immune Response



T-Cell Response: First Signal



T-Cell Regulation via Multiple Costimulatory and Inhibitory Interactions

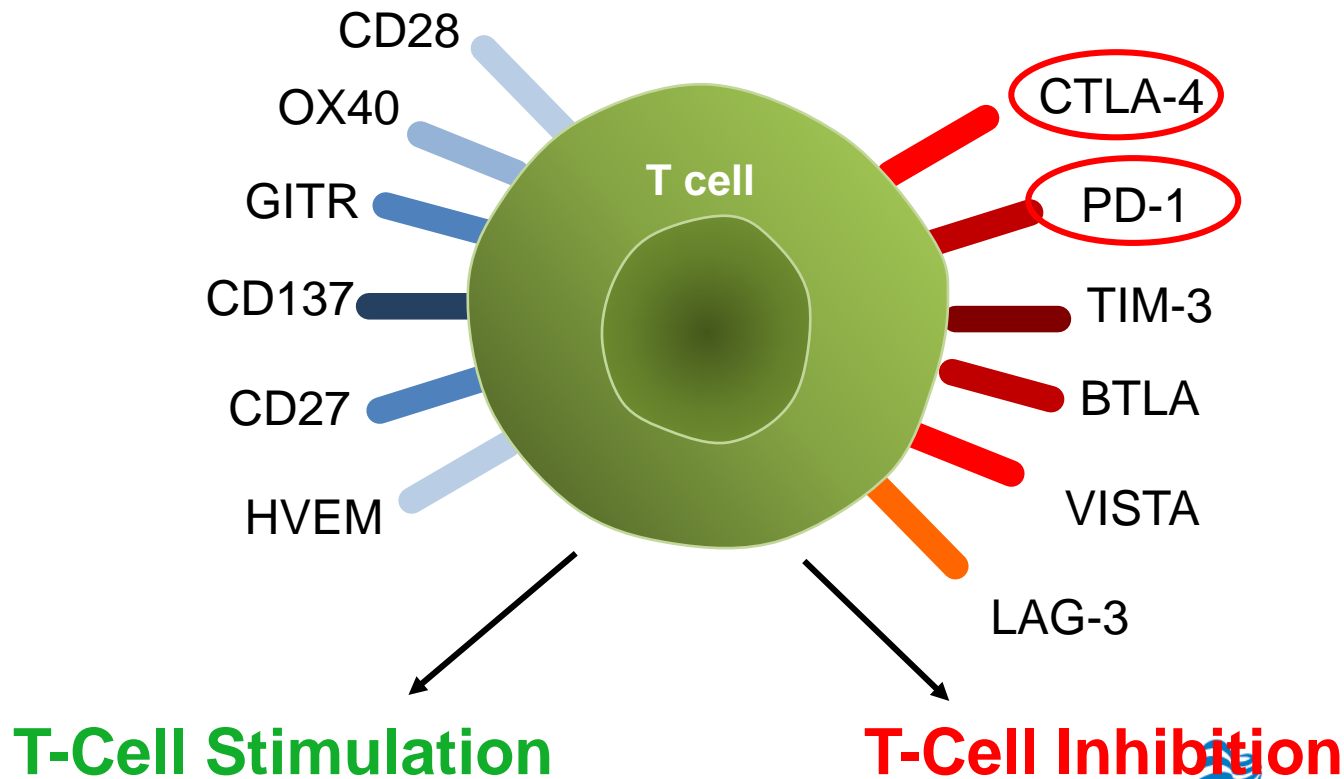


- T-cell response to antigen is mediated by peptide-MHCs recognized specifically by TCR (first signal)
- B7 family of membrane-bound ligands binds both activating and inhibitory receptors (second costimulatory signal)
- Targeting CTLA-4 and PD-1 inhibitory receptors has been a major clinical focus

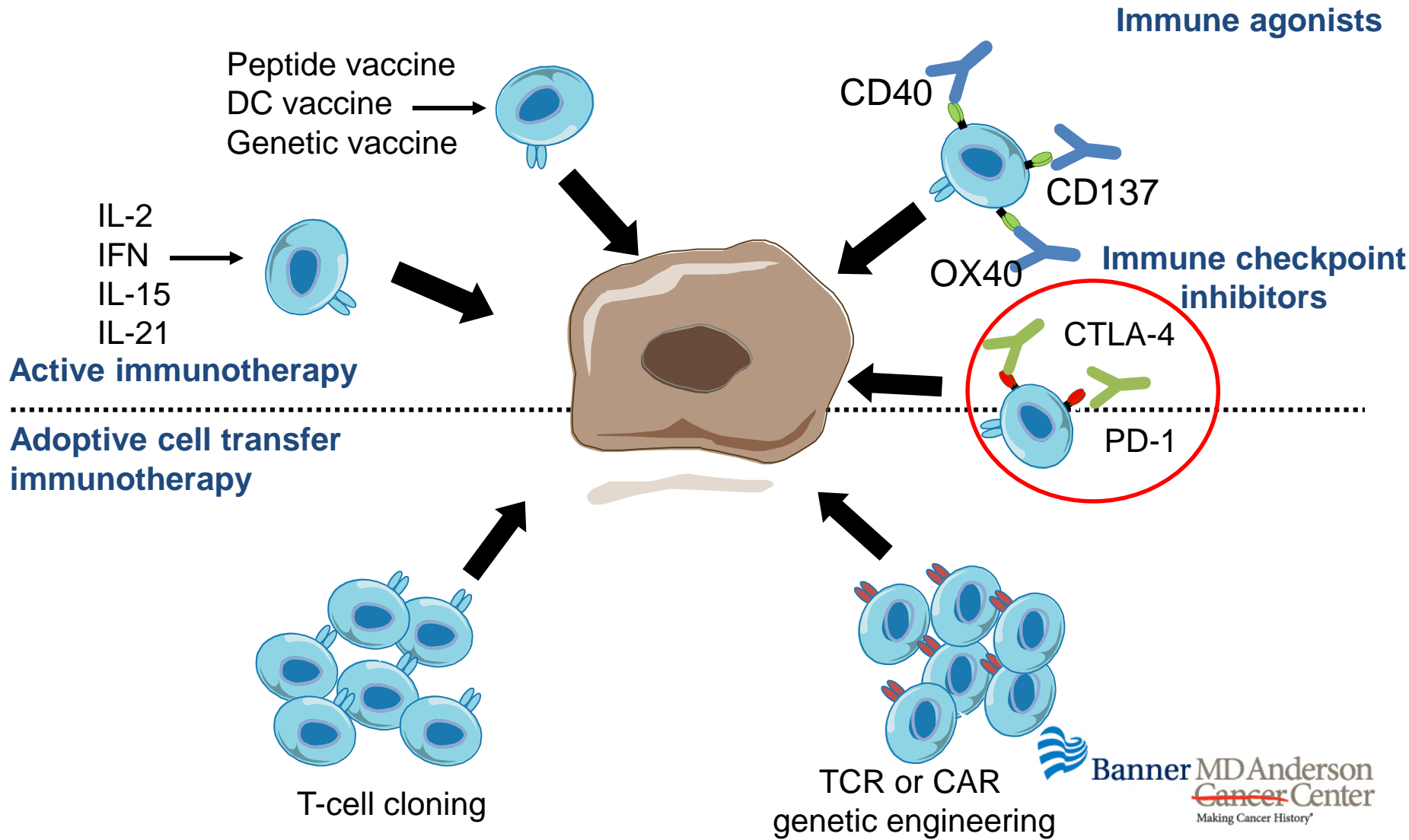
T-Cell Response: Accelerate or Brake?

Activating Signals

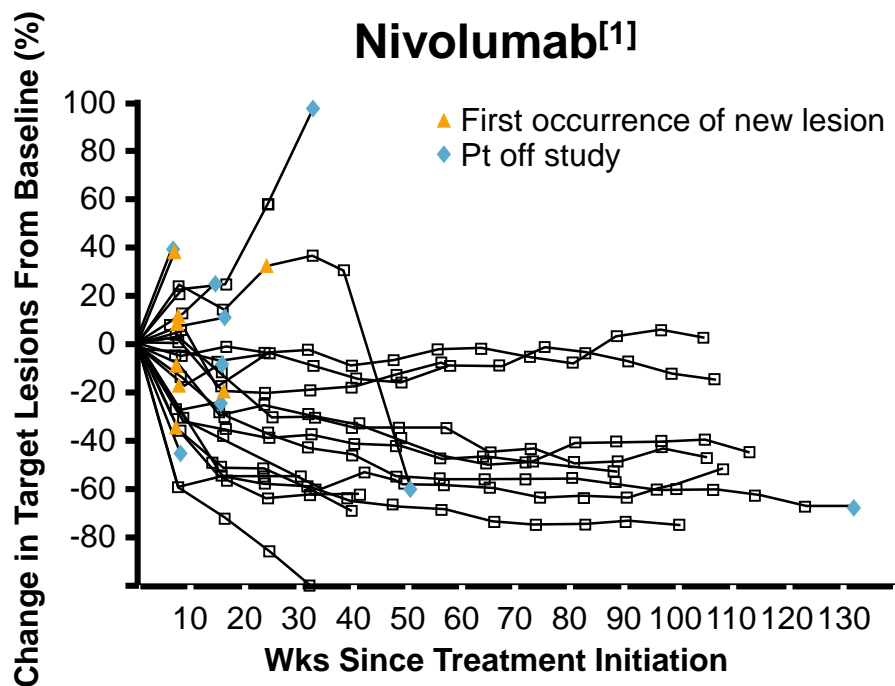
Inhibitory Signals



Targeting Cancer with Immunotherapy



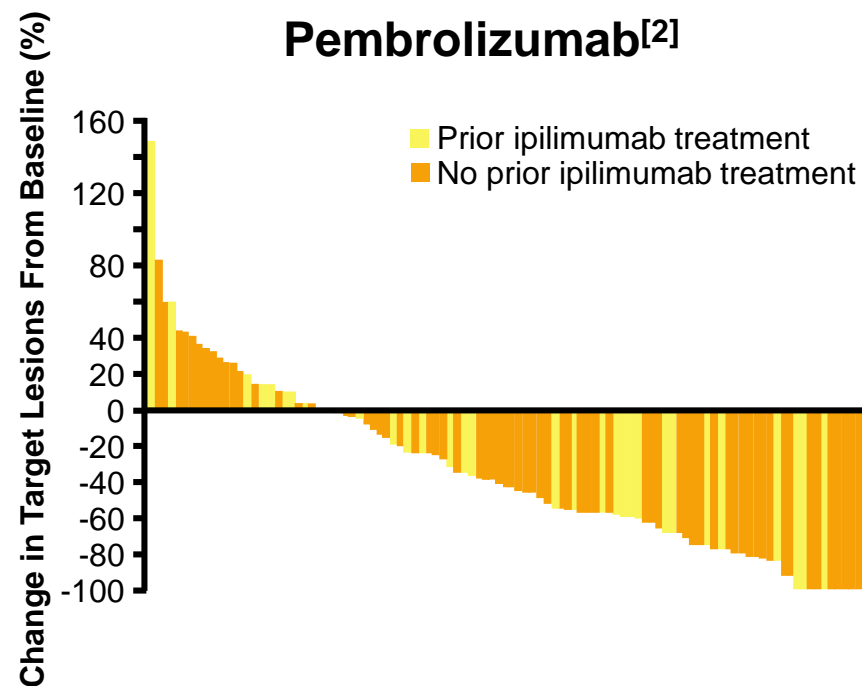
Response Rates With Anti-PD-1 Antibodies



- ORR
 - Melanoma: 28%
 - NSCLC: 18%
 - Renal cell cancer: 27%

1. Topalian SL, et al. N Engl J Med. 2012;366:2443-2454.

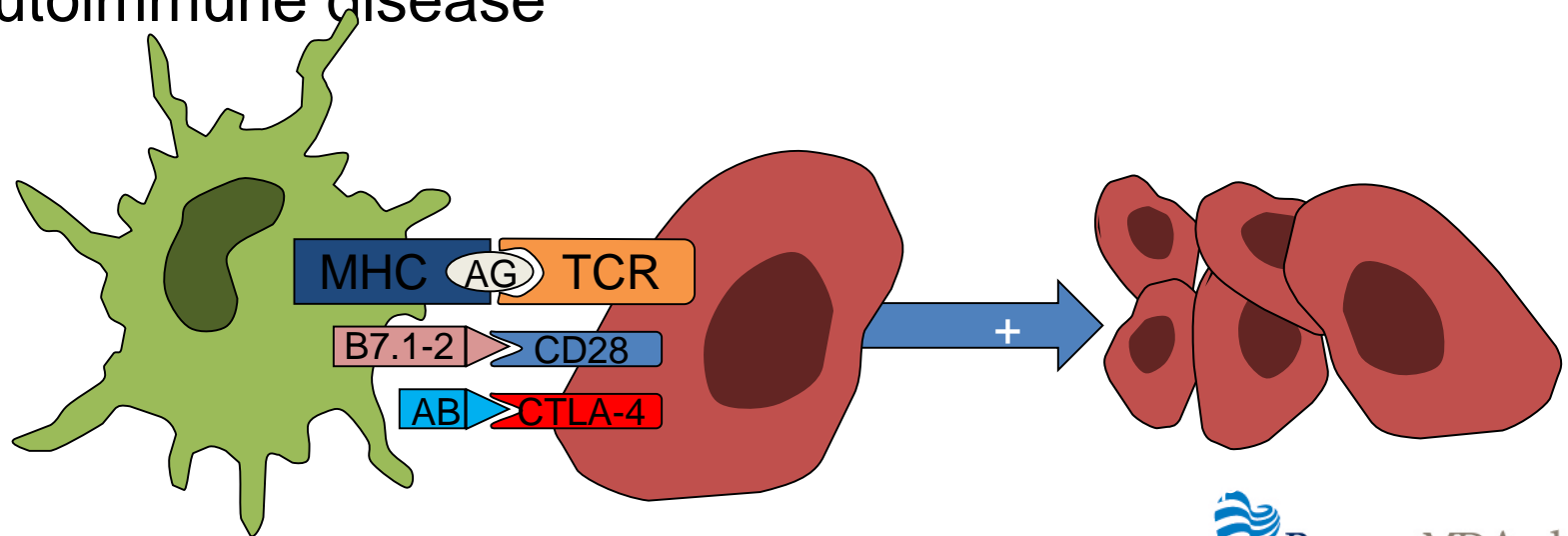
2. Hamid O, et al. N Engl J Med. 2013;369:134-144.



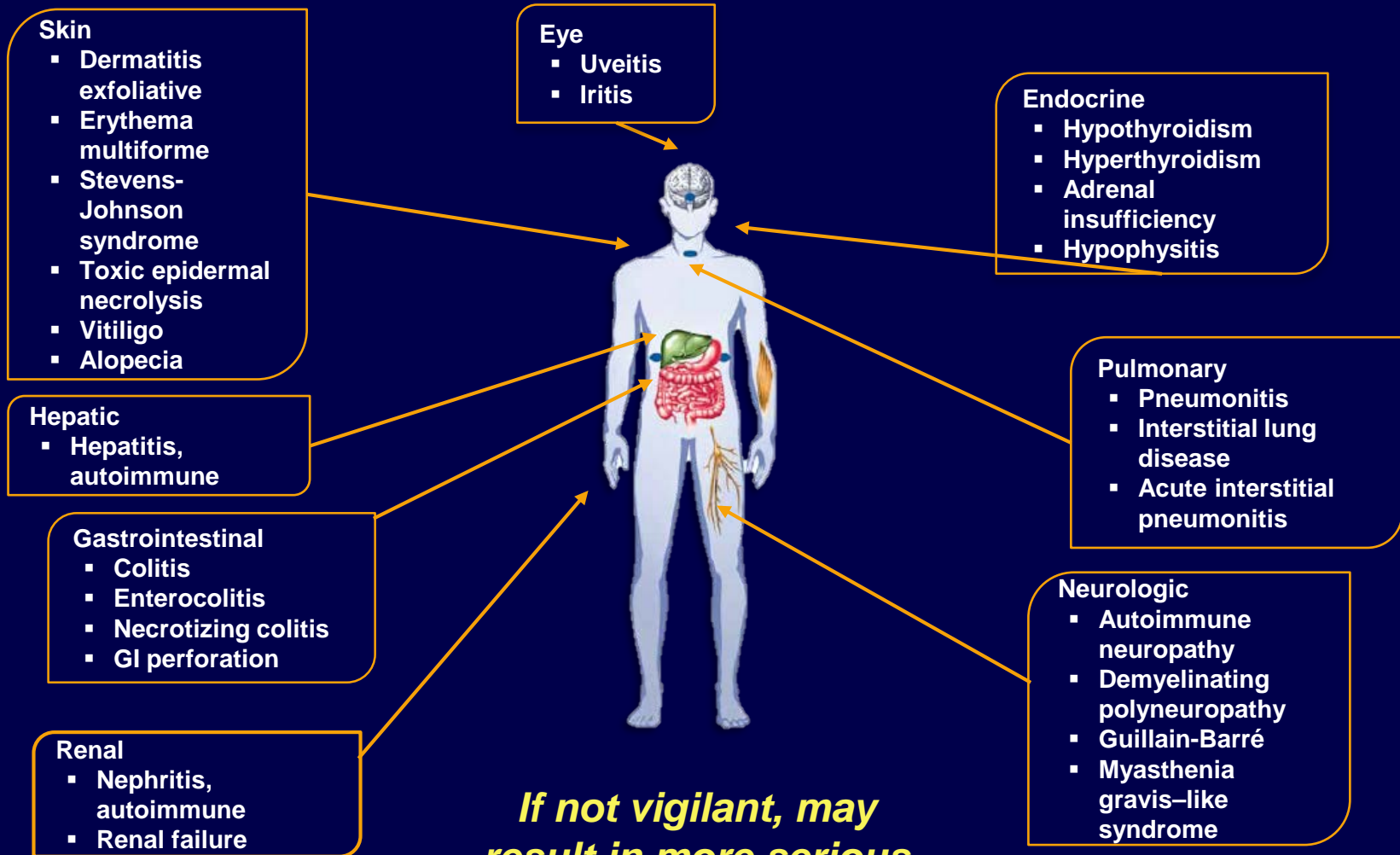
- Confirmed ORR
 - Melanoma: 38% (comparable ± previous ipilimumab)

Immune-Related Adverse Events: Mechanism of Action

- “Achilles heel” of checkpoint inhibitors: autoimmunity via irAEs
- Dysregulation of host immune system leads to unique toxicities of immune checkpoint inhibitors, similar to autoimmune disease



Immune-Related AEs With Immunotherapy



If not vigilant, may result in more serious immune-related AEs



Ipilimumab (Anti-CTLA-4): Suspected irAEs in Pts With Melanoma

irAE, %	All Grades	Grade 3	Grade 4
Dermatologic	43.5	1.5	0
▪ Pruritus	24.4	0	0
▪ Rash	19.1	0.8	0
▪ Vitiligo	2.3	0	0
Gastrointestinal	29.0	7.6	0
▪ Diarrhea	27.5	4.6	0
▪ Colitis	7.6	5.3	0
Endocrine	7.6	2.3	1.5
▪ Hypothyroidism	1.5	0	0
▪ Hypopituitarism	2.3	0.8	0.8
▪ Hypophysitis	1.5	1.5	0
▪ Adrenal insufficiency	1.5	0	0
Hepatic	3.8	0	0
▪ Increase in ALT	1.5	0	0
▪ Hepatitis	0.8	0	0

Nivolumab (Anti-PD-1): Suspected irAEs in Pts with Melanoma

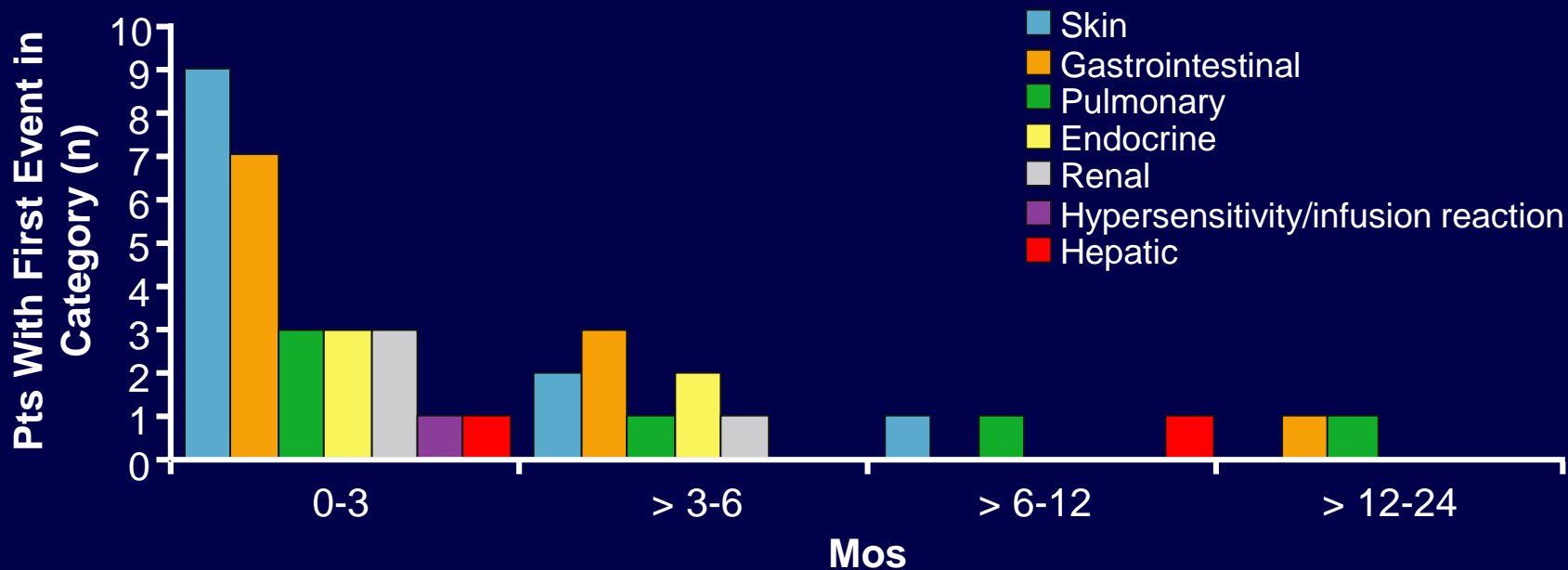
- n = 206 pts with malignant melanoma

Suspected irAE, %	All Grades	Grade 3/4
Dermatologic	37.4	1.5
Pruritus	17	0.5
Rash	15	0.5
Vitiligo	10.7	0
Gastrointestinal	17	1.5
Diarrhea	16	1
Colitis	1	0.5
Endocrine	7.3	1
Hypothyroidism	4.4	0
Hyperthyroidism	3.4	0
Diabetes mellitus	0.5	0
Hypophysitis	0.5	0.5

Suspected irAE, %	All Grades	Grade 3/4
Hepatic	3.4	1.5
ALT increase	1.5	1
Bilirubin increase	1	0
Other		
Renal	1.9	0.5
Pulmonary	1.5	0

Time to Onset of Select First Treatment-Related AE With Nivolumab (Any Grade)

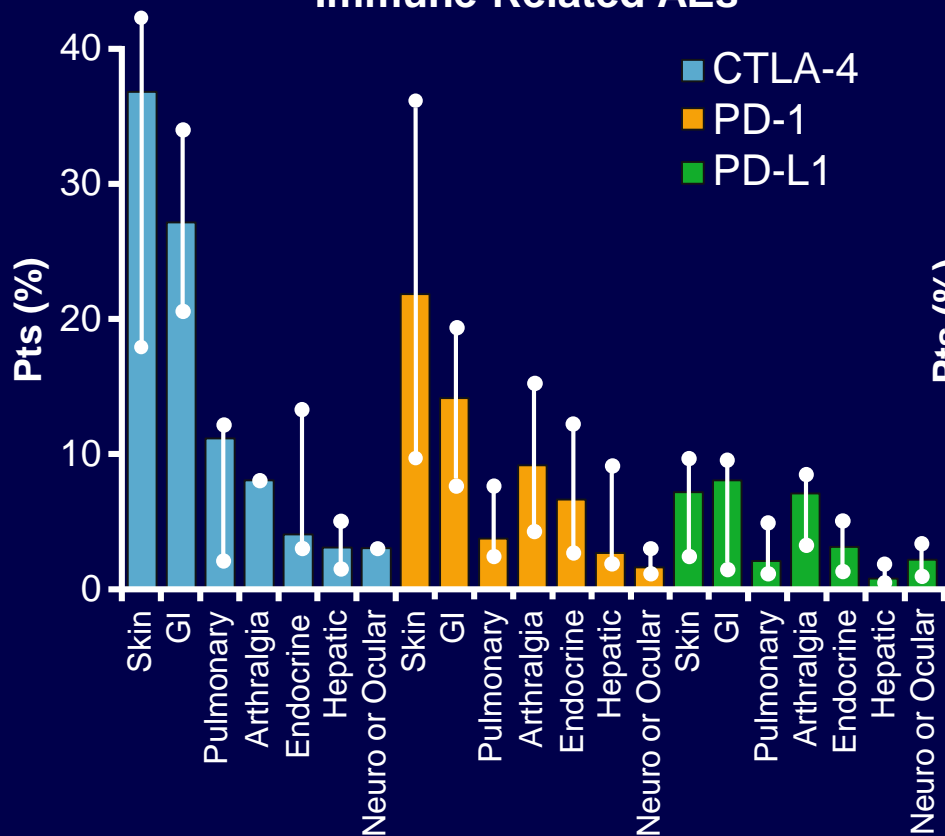
- Majority of treatment-related AEs occurred within first 3 mos of treatment



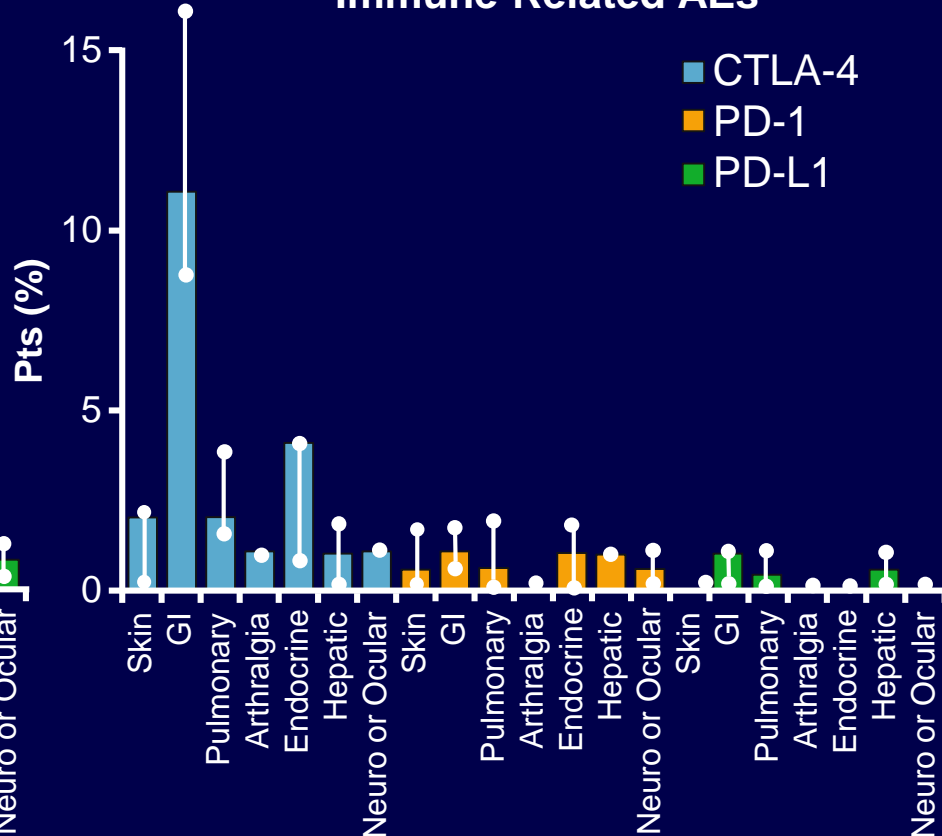
Pts still on study, n	131	112	85	52
Pts still on treatment, n	131	73	51	25
Total pts with first event, n	24	6	2	1

Distribution of Immune-Related AEs With CTLA-4, PD-1, and PD-L1 Inhibition

Distribution of Grade 1/2 Immune-Related AEs



Distribution of Grade 3-5 Immune-Related AEs



Clinical Vignette

- A 72-yr-old male is treated with nivolumab on a clinical trial for metastatic HCC
- After his third cycle of treatment, he develops diarrhea, 3 times/day, treated with loperamide
- Despite conservative management, his diarrhea increases to 8 times/day

In addition to discontinuing nivolumab, which other step would you take?

- A. IV hydration
- B. Methylprednisolone (or equivalent)
- C. Infliximab
- D. Methylprednisolone (or equivalent) and infliximab

Conclusions

- Immunotherapy has emerged as an **exciting** therapeutic strategy
- We need to enrich the clinical experience of checkpoint inhibitors in treating malignancies
- Assessing the **molecular biomarkers** that are important in predicting treatment response, resistance, and **treatment-related AEs**
- **Combination strategies** to improve the efficacy of checkpoint inhibitors under investigation
- Clinicians should be vigilant in **monitoring the unique AE profiles** of immunotherapy
 - Close monitoring and timely management of irAEs critical

Questions?

