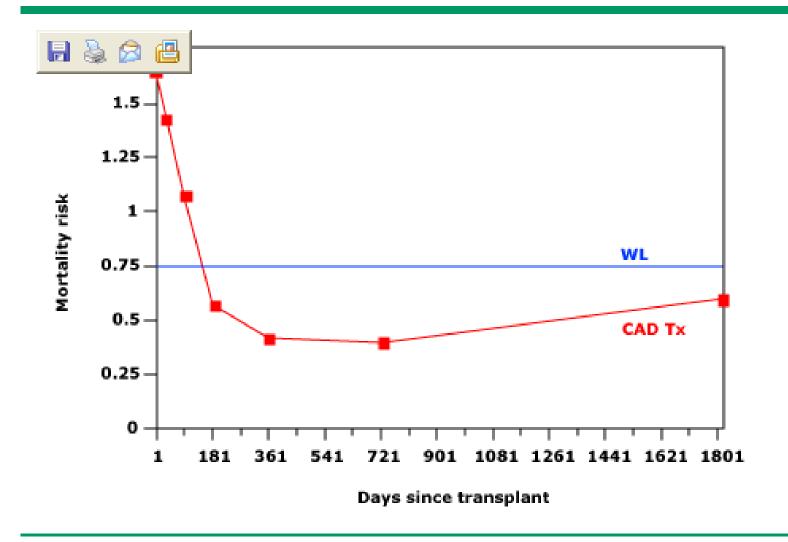
# Transplantation

Amandeep Khurana Transplant Nephrologist Southwest Kidney Institute You have been on dialysis for 3 years, a cadaver transplant is offered to you. Do you accept?

- A. No, because I'm used to dialysis now
- B. Yes, because I dislike dialysis
- C. Yes, because I'll live longer

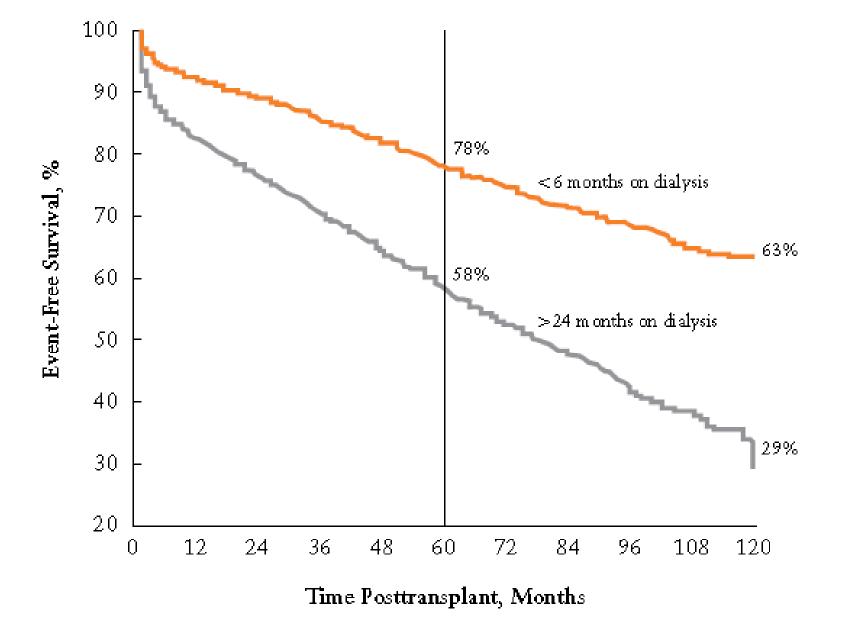
# Mortality risk of recipients of cadaveric renal transplants vs. wait-listed patients with ESRD who were on dialysis for at least 2 years



Reproduced with permission from: Meier-Kriesche, HU, Kaplan, B. Waiting time on dialysis as the strongest modifiable risk factor for renal transplant outcomes: a paired donor kidney analysis. Transplantation 2002; 74:1377.

If you were getting a transplant, at what point would you like to get it?

- No dialysis
- HD x 6 months
- HD x 1 yr
- HD x 5 yr

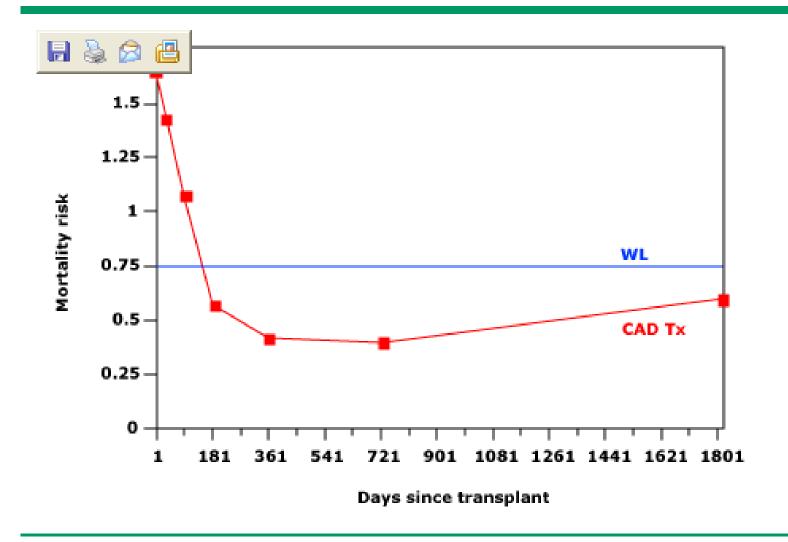


Reprinted with permission from Meier-Kriesche HU, Kaplan B. Waiting time on dialysis as the strongest modifiable risk factor for renal transplant outcomes: a paired donor kidney analysis. *Transplantation*, 2002;74:1377-1381.

If your life expectancy was 6 months, and you were offered a transplant, would you accept?

- Yes
- No

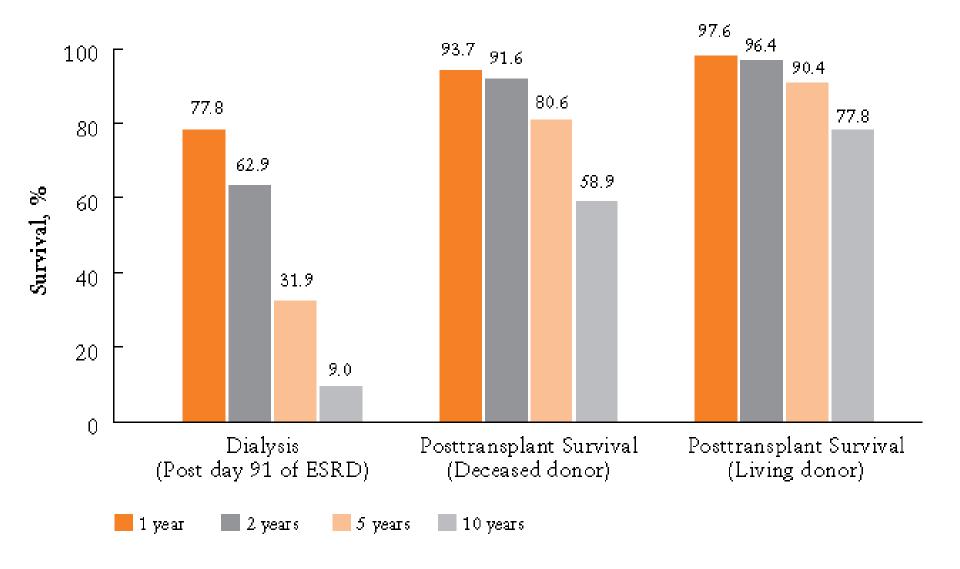
# Mortality risk of recipients of cadaveric renal transplants vs. wait-listed patients with ESRD who were on dialysis for at least 2 years



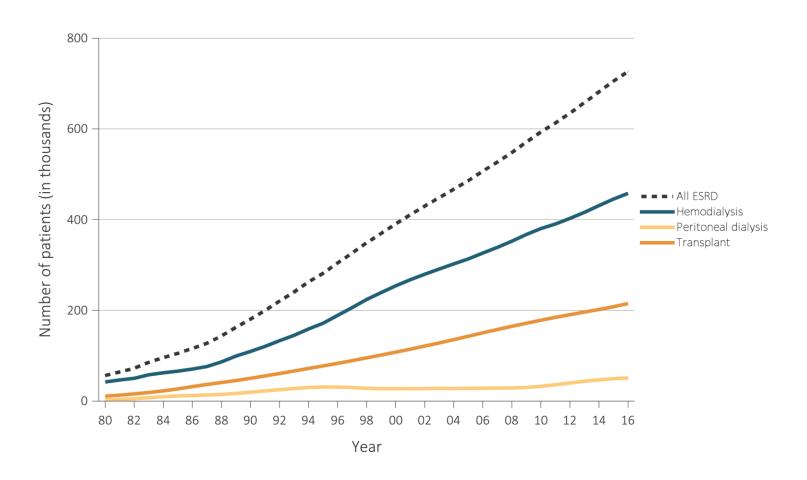
Reproduced with permission from: Meier-Kriesche, HU, Kaplan, B. Waiting time on dialysis as the strongest modifiable risk factor for renal transplant outcomes: a paired donor kidney analysis. Transplantation 2002; 74:1377.

If you were given the option between taking a living donor kidney versus a deceased donor kidney, which one would you pick?

- A. Living donor
- B. Deceased donor
- C. Doesn't matter
- D. Dialysis



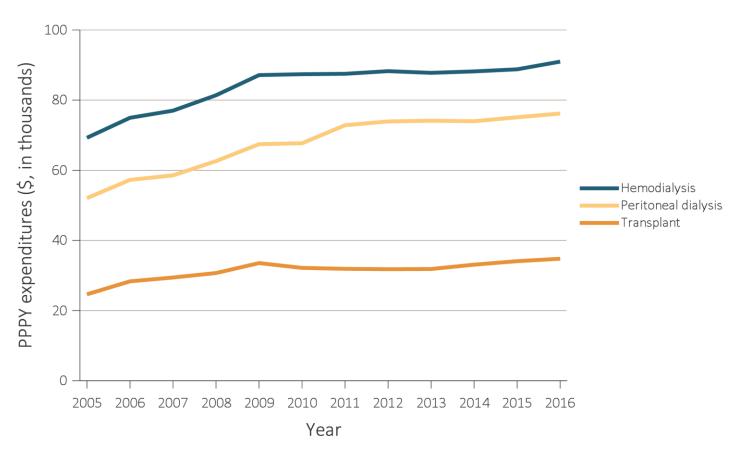
Trends in the number of ESRD prevalent cases, by modality, in the U.S. population, 1980-2016



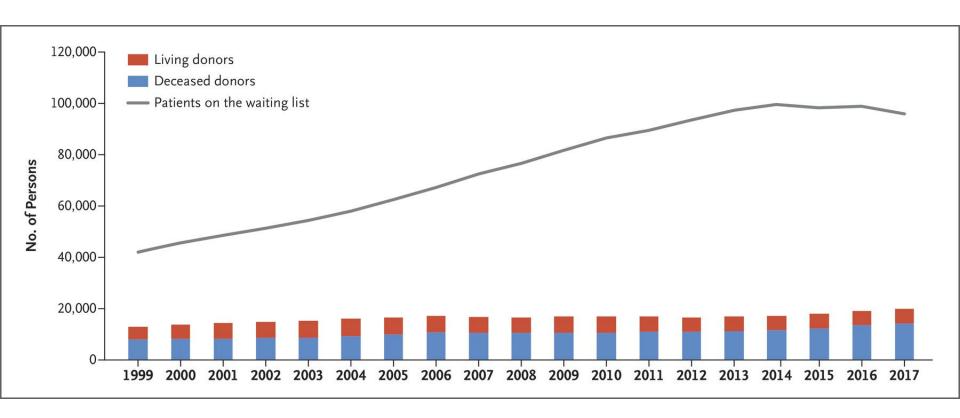
Data Source: Reference Table D1 and special analyses, USRDS ESRD Database. Abbreviation: ESRD, end-stage renal disease. Persons with "Uncertain Dialysis" were included in the "All ESRD" total, but are not represented separately.

**2018 Annual Data Report** Volume 2 ESRD, Chapter 1

# Total Medicare ESRD expenditures per person per year, by modality, 2004-2016



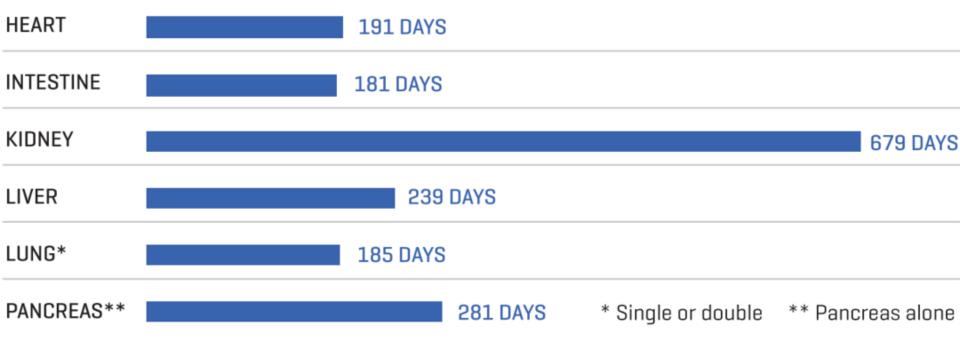
Data Source: USRDS ESRD Database; Reference Tables K.7, K.8, & K.9. Period prevalent ESRD patients; includes all claims with Medicare as primary payer only. Abbreviations: ESRD, end-stage renal disease; PPPY, per person per year.



#### Which organ has the longest wait time?

- A. Liver
- B. Heart
- C. Lung
- D. Kidney

### **AVERAGE WAITING TIMES FOR ORGANS**



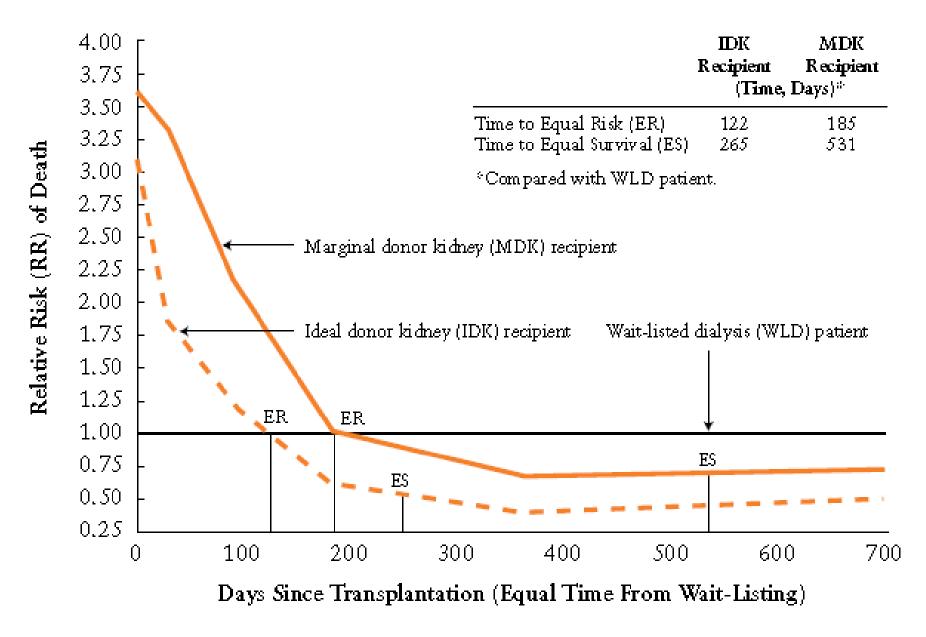
SOURCE: MILLIMAN, PROJECTED 2017 NUMBERS

#### Extended criteria donors

- Age > 60
- Age 50-59 + 2 of the following
  - Cr > 1.5
  - HTN
  - Cerebrovascular death

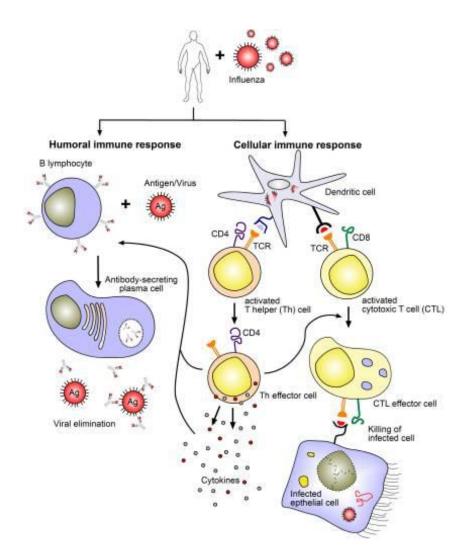
# You have the option of remaining on HD or taking an ECD kidney.....which one would you pick?

- A. HD
- B. ECD kidney
- C. Either

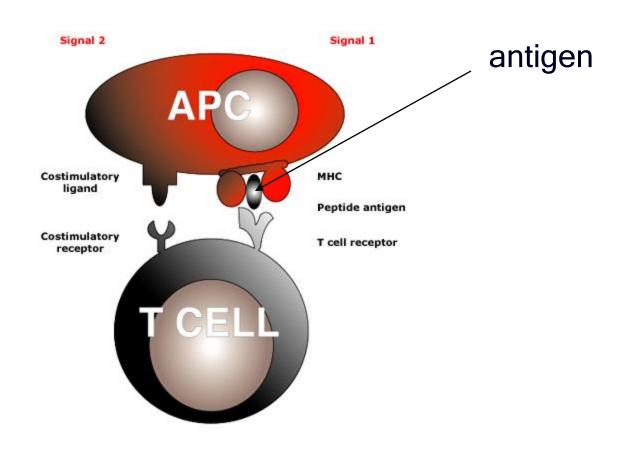


Adapted with permission from Ojo AO, Hanson JA, Meier-Kriesche H, et al. Survival in recipients of marginal cadaveric donor kidneys compared with other recipients and wait-listed transplant candidates. *J Am Soc Nephrol.* 2001;12:589-597.

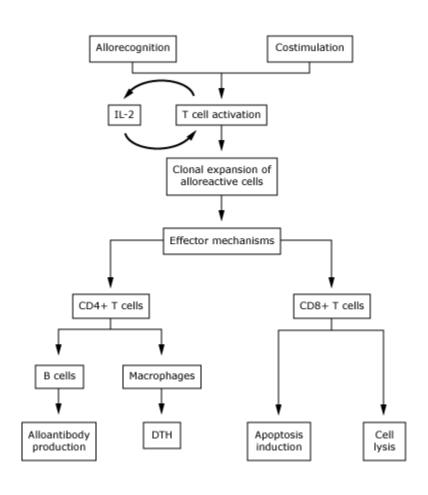
# Transplant Immunology for non-transplant nephrologists



### STEP 1 = Ag + APC meets $\underline{T}$ cell



#### STEP 2 = T cell activation



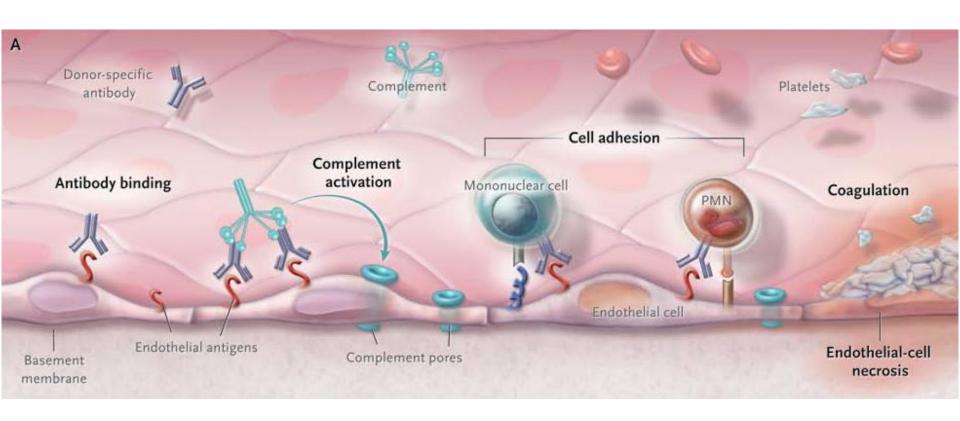
#### STEP 3 = Acute Rejection

- 1. Acute Humoral rejection: B
- 2. Acute Cellular rejection: T

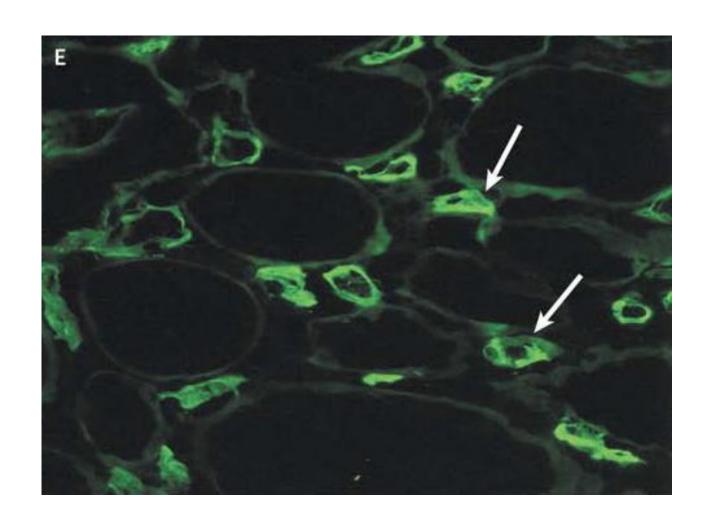
#### How can you diagnose acute rejection?

- A. Rising Cr
- B. Pain over transplant site
- C. Elevated donor specific antibodies
- D. Biopsy

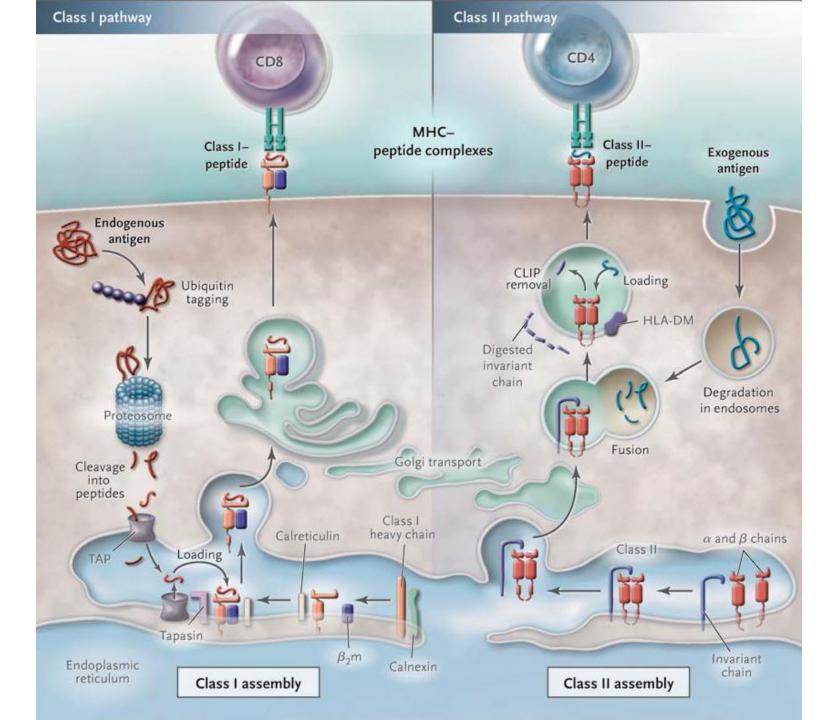
### STEP 3 = Acute Humoral rejection: B

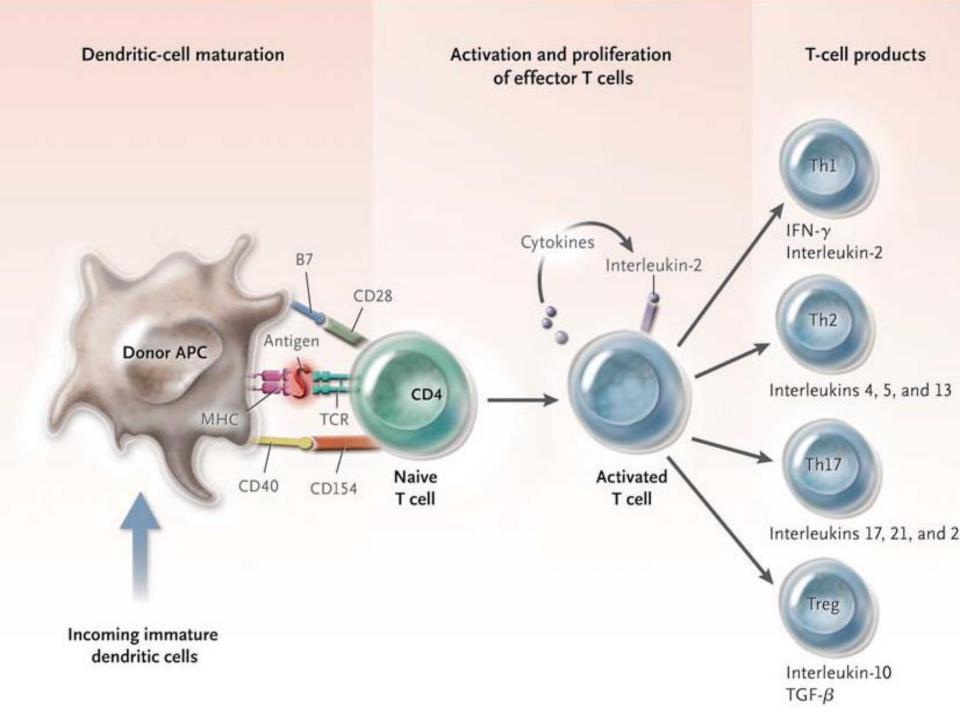


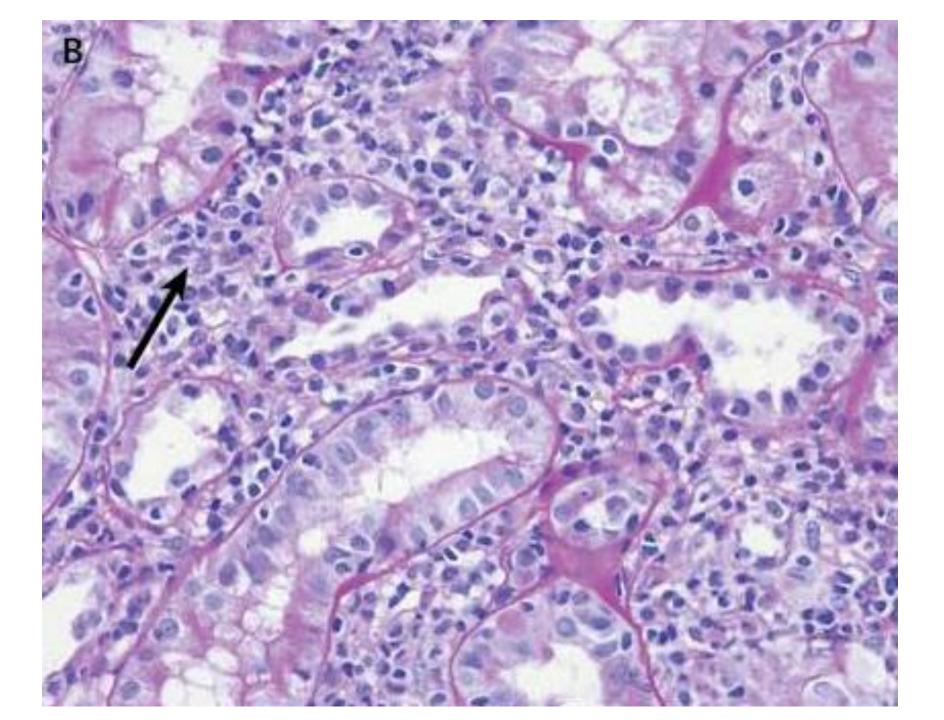
## STEP 3 = Acute Humoral rejection: B

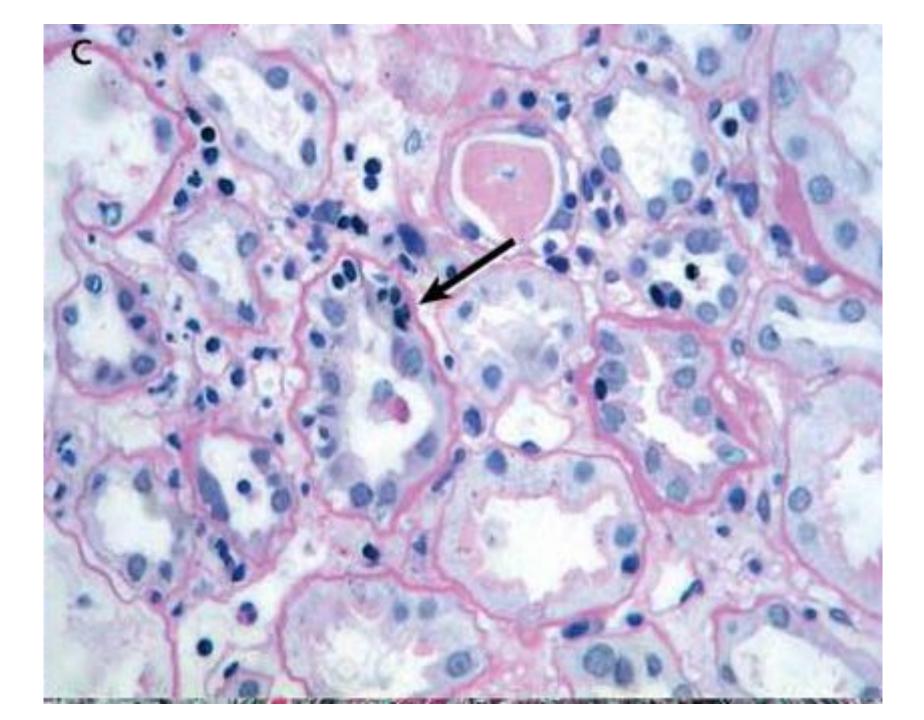


### STEP 3 = Acute cellular rejection: T





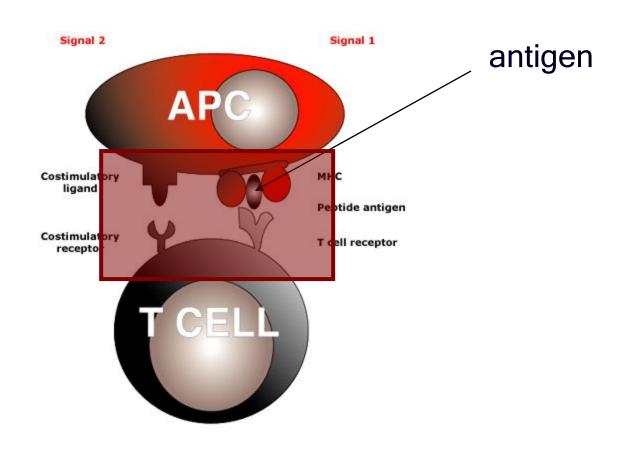


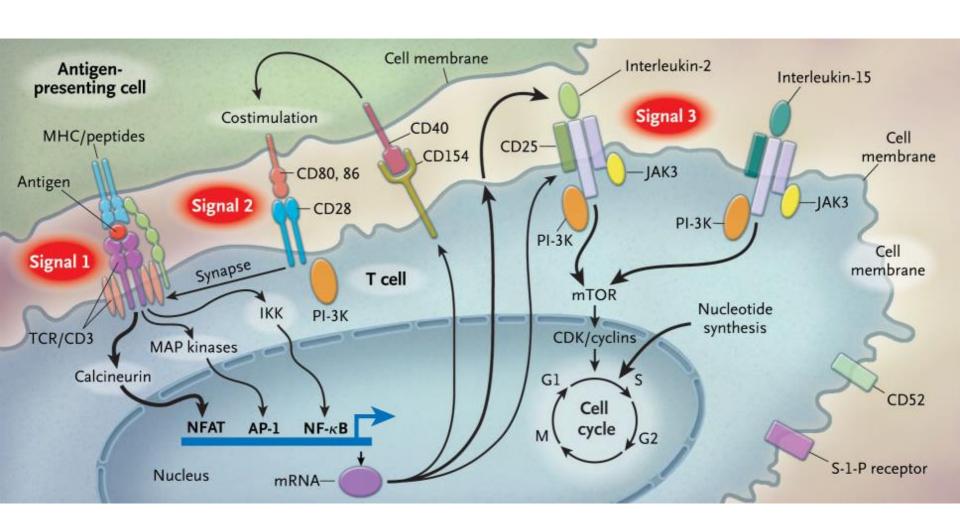


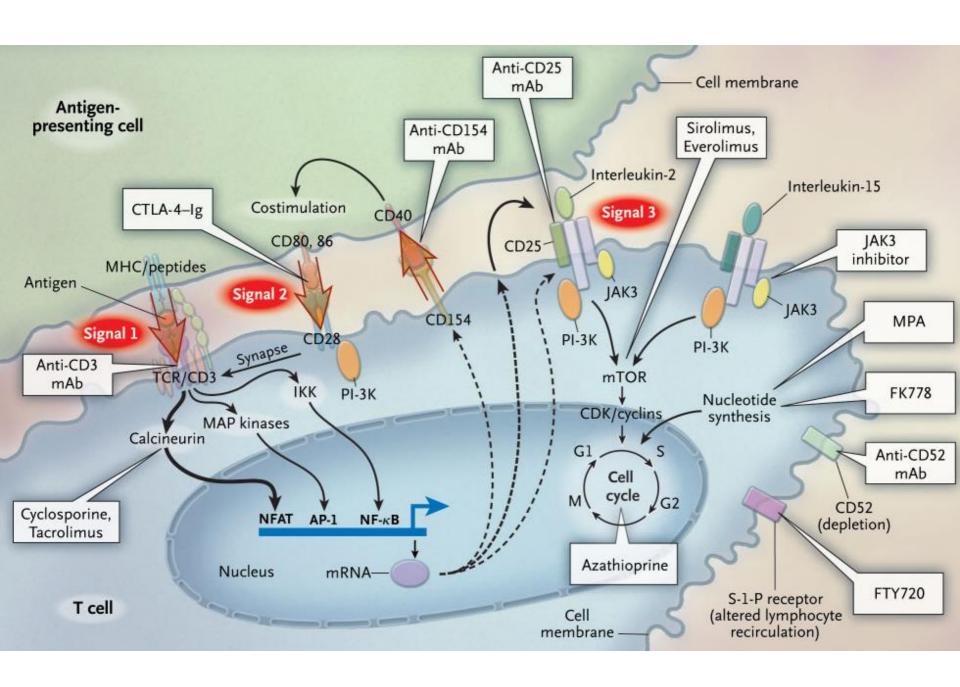
### STEP 3 = Acute cellular rejection: T

| Table 1. Acute T-Cell-Mediated Rejection.* |   |
|--|---|
| Banff<br>Grade                             | Description   |
| IA   | Interstitial infiltration, with >25% of parenchyma affected (mononuclear-cell-infiltration inflammation score, 2 or 3) and foci of tubulitis (tubulitis score, 2) |
| IB   | Interstitial infiltration; same as grade IA for infiltration but with foci of severe tubulitis (tubulitis score, 3)   |
| IIA  | Mild-to-moderate intimal arteritis (vasculitis score, 1)  |
| IIB  | Severe intimal arteritis comprising >25% of the luminal area (vasculitis score, 2)  |
| III  | Transmural arteritis or arterial fibrinoid change and necrosis of medial smoothmuscle cells with accompanying lymphocytic inflammation (vasculitis score, 3)      |

### STEP 1 = Ag + APC meets $\underline{T}$ cell







#### Induction

High dose conventional agents

**Antibody induction** 

Calcineurin inhibitor:

Cyclosporine or tacrolimus

Alemtuzumab (CD52)

Corticosteroid

**ATG** 

Antimetabolite: Mycophenolate

mofetil or azathioprine

Basiliximab (IL-2R)

#### Maintenance

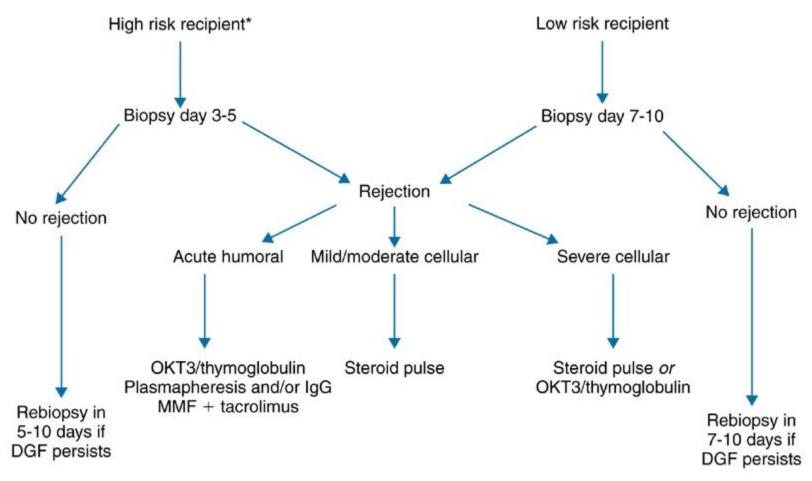
- Cellcept 1g BID
- Prograf
- Steroid free

# Are kidney transplants (and patients) surviving longer than in the 1980s?

- A. Of course
- B. Absolutely
- C. Yes

# How do you treat ACR Banff IIa? Pick all options that apply

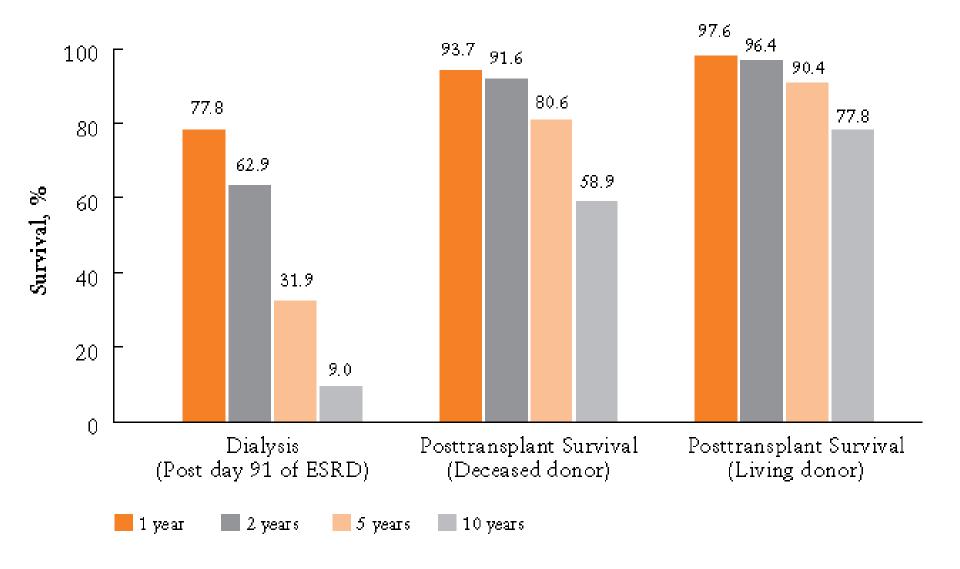
- A. FK
- B. MMF
- C. Steroids
- D. Thymoglobulin
- E. Plasmapheresis
- F. IVIG



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# After 10 years of a living kidney transplant, how many are still functioning?

- A. 20.3
- B. 3.8
- C. 58.1
- D. 77.8
- E. 98.8



Questions?